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03 REFLECTIONS

Janice Noble

9-19

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Seekonk, MA 02771

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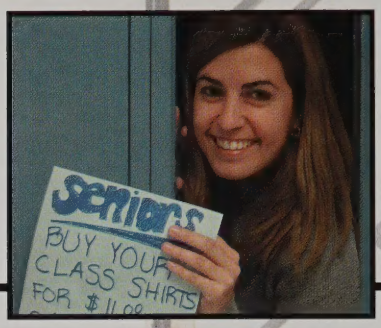
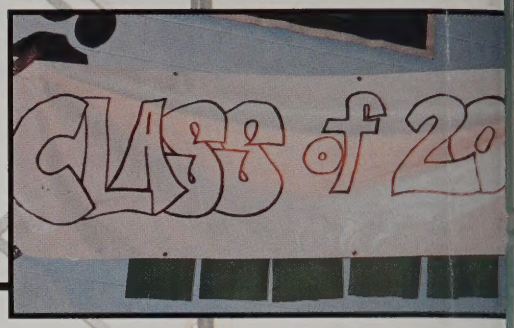
Produced by the 2003 Reflections Staff
Seekonk High School
261 Arcade Avenue
Seekonk, MA 02771





Dedication

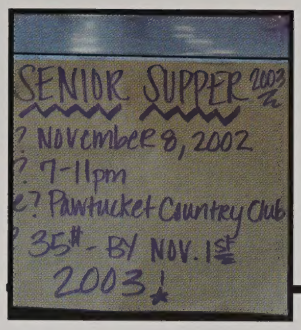
From the beginning of our freshman year in September of 1999 to the end of our senior year in June of this year, our class has changed incredibly. From freshmen to seniors, from kids to young adults, from timid to ready to take on the world. Many different aspects have changed our outlooks on life. We have undergone three principal changes, a whole new crop of teachers, construction, more construction, and finally a "new" school.

The class of 2003 was together on September 11, 2002, to comfort each other. We learned on that day how to deal with some of the toughest times we've encountered as a nation and as a society. We learned to put our differences aside and to reach out to each other.

Along with a national tragedy we have had to deal with a lengthy renovation project, which affected every aspect of school life. At times

Appreciation

The Senior Class of 2003 would like to show its appreciation to Ms. Jennifer Almeida for all of her hard work and dedication. Ms. Almeida has stuck with the "Class of 2003" since our freshmen year. She has put forth an immense amount of effort to make our high school dreams come true. She has done an amazing job in her first time out as a class advisor. From lip-syncs to car washes, from lolli-pop sales to our prom at Lake



we had no floors, ceilings, walls, and sometimes no enthusiasm. However, we have made it through the worst of the construction process, and it has been a bonding experience for all of us.

Granted, your friends back in eighth grade may not be your friends this year, but the reasons can now be pushed aside. When looking back on your high schools years, remember Spirit Week and how we beat the seniors, remember the game you beat Dighton-Rehoboth, or the drama performance in which you starred. But most of all, remember how we have bonded as a class and that we are forever the class for 2003. It is up to us how we are to be remembered. Let's be remembered as great, as the best class there ever was at Seekonk High School.

We dedicate this 2003 yearbook to the Class of 2003.

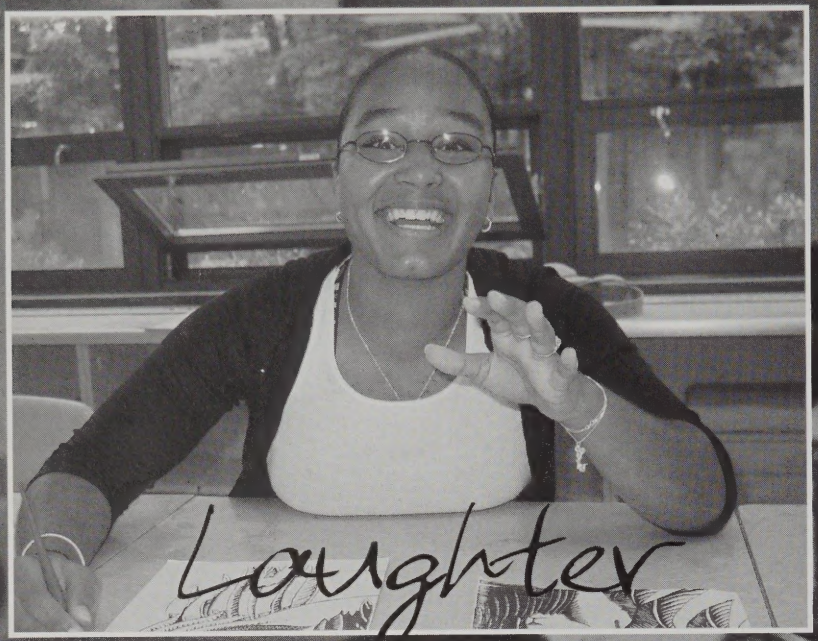
Pearl, she's been through it all. We thank you, Ms. Almeida, for making our high school years ones we will never forget.

During our senior year, Ms. Almeida was lucky enough to have a helping hand. We would also like to extend our thanks to Mrs. Cheryl Geremia for her help in planning the ultimate senior year.

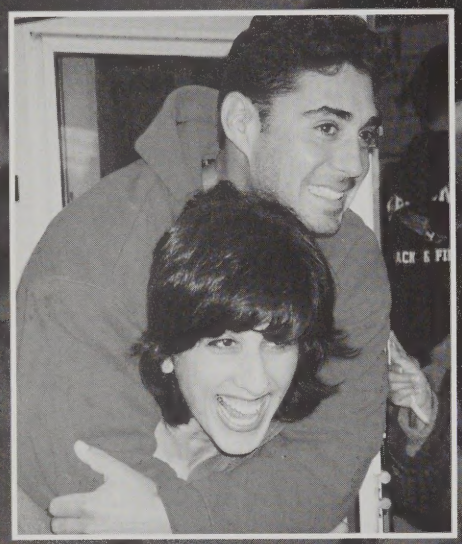
The Class of 2003 will never forget your constant dedication.

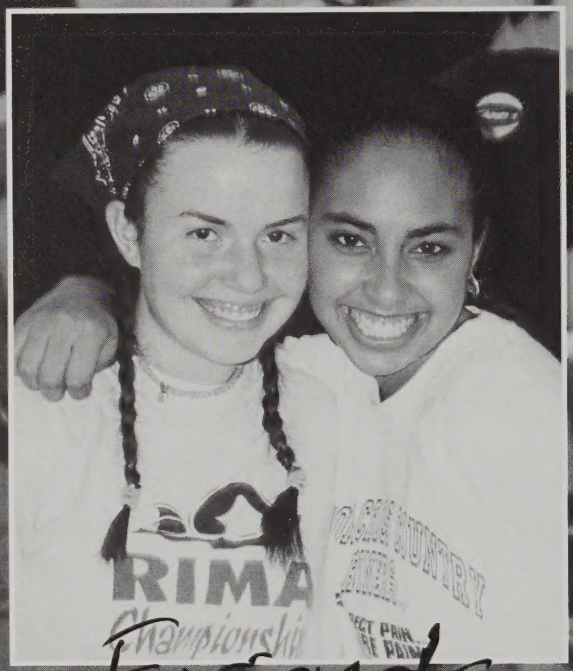
Peo

In years to come, as you nostalgically dust off this old yearbook, try to remember the laughs, the tears, the adventures, the parties (if you can), but above all, remember the people. As you peruse these pages, let your longing for these days set in. "I remember him. We had a contest to see who could eat more pizza." …

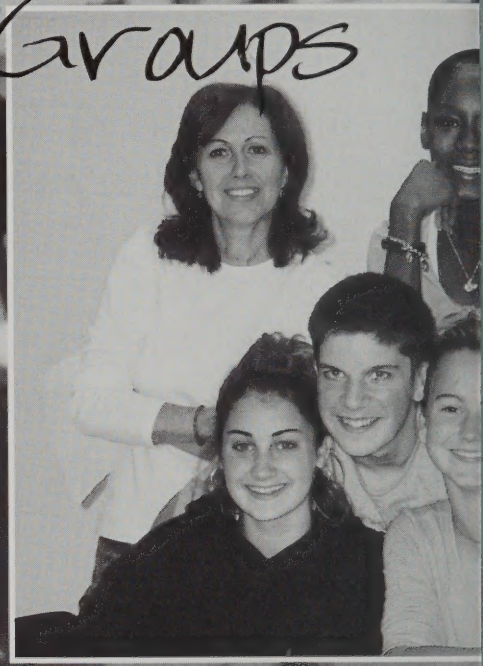


Laughter

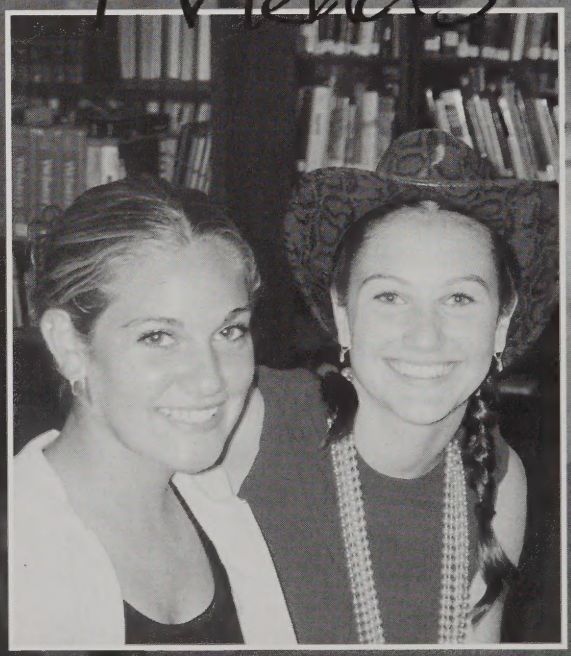


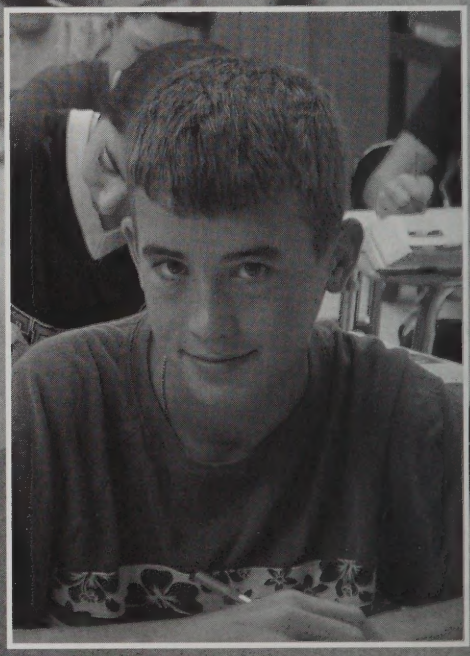


Groups



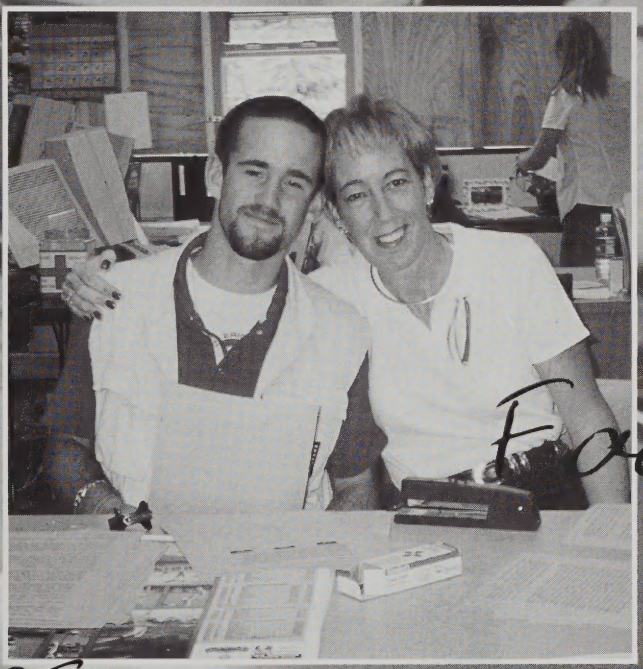
Friends

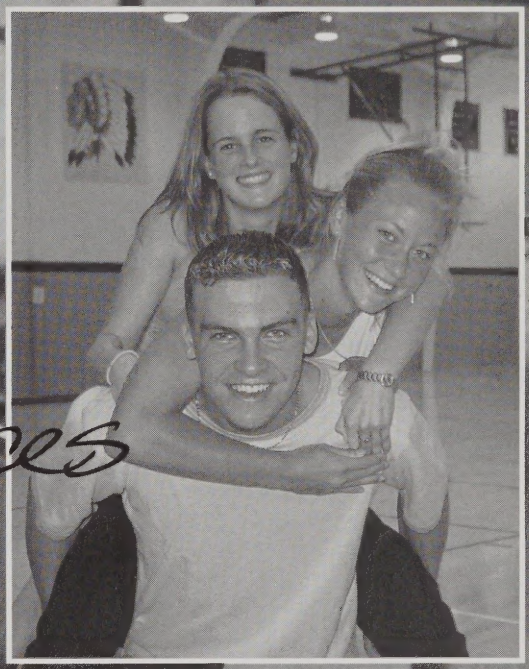


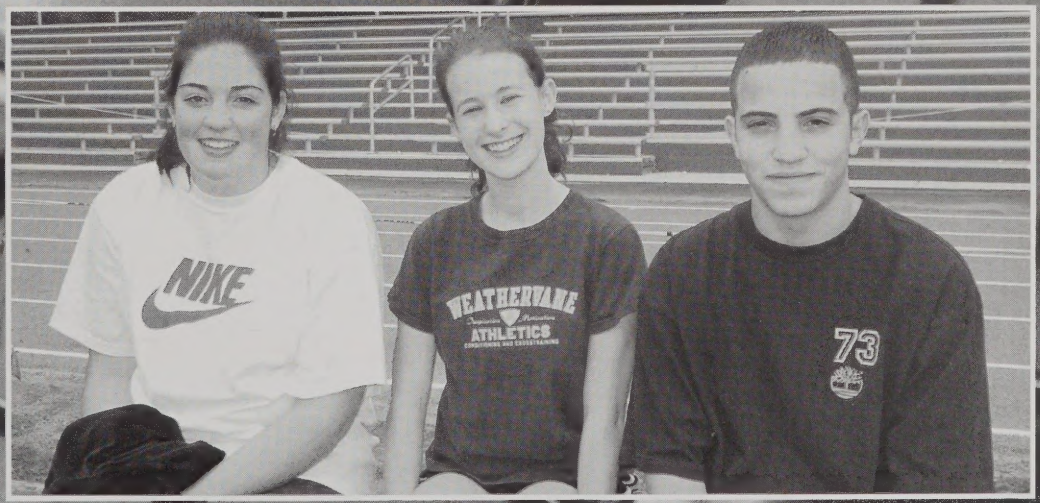


ple

"My favorite teacher. She wrote my college recommendation." … "Yeah, I remember him. That jerk stole my electric can-opener! How am I supposed to open cans, now?!" And so on. But in your reminiscing, keep in mind one simple fact: Had it not been for these people, you would not be who you are today. (I hope that's a good thing.) Enjoy!





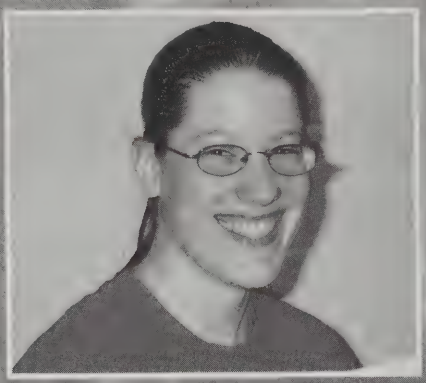


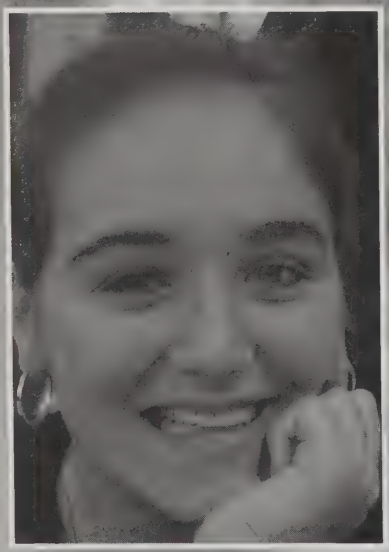
Memories

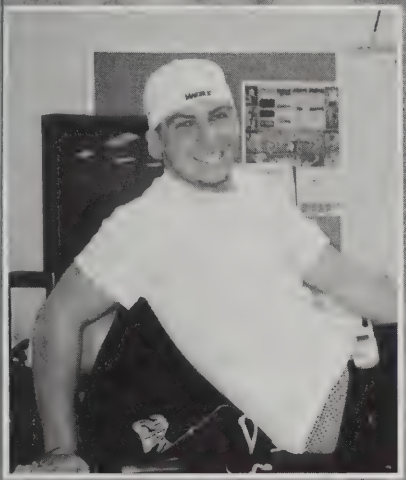
CLASS
LAKERS
8

of 2003

CLASS OF 2013







two thousand and three
+
three two thousand and

CLASS OF 2003

Linda Lopes
Chairperson

Aja Bairos
Member

Erin Blackbird
Member

Michele Lopes
Member

Kelly Roy
Member

Courtney Sylvia
Member

Jaclyn Totolo
Member

Carl Abelson

Andrea Alaownis

Kyle Amaral

Nichole Amaral

Jamie Armoush

Lauren Armstrong

Steven Bairos

Erika Barboza

Kristi Beaucage

Christopher Beland

Paul Bernardo

Lauren Bilodeau

James Blackledge

Brittany Botelho

Cosima Cabral

William Carden

CLASS OF 2003

A

Carl Abelson
66 South Wheaton Avenue

Andrea Alaownis
52 Cleveland Street
"Sit down, lose yourself in thought. Then you might find out it's all we've got. Take a chance, the future's in your hands. Make it what you can before your time has reached the end." –Thank you by The Calling
JV Soccer 9,10, Captain; Football Cheerleading 11,12; JV Basketball Cheerleading 10,11, Captain 11; Basketball Cheerleading 12; Tennis 9; Concert Band 9-12; Concert Chorus 9; Drama Club 9; Key Club 11,12; Big Sister 10,11; SADD President 11,12; National Honor Society 11,12, Vice President 12.

Kyle Amaral
159 Forest Avenue
"Before I speak, I have something important to say." –Groucho Marx
"Courage is grace under pressure." –Ernest Hemingway
Jazz Band 9-12; Concert Band 10-12; Marching Band 10-12; Pep Band; Technology Club 9-12; Creative Awareness 10-12.

Nichole Amaral
30 Taunton Avenue

Jamie Armoush
147 Bloomfield Street
To become a successful lawyer and be happy in life
"Be yourself, don't ever change for anyone. Live life to the fullest."
Key Club 9,10; Japanese Ambassador 10; Random Acts of Kindness 9,10.

Lauren Armstrong
336 Fall River Avenue

B

Aja Bairos
227 Pleasant Street
"To laugh often and much, to win the respect of intelligent people and the affection of children, to earn the appreciation of honest critics and endure the betrayal of false friends, to appreciate beauty, to find the best in others, to leave the world a bit better, to know even one life has breathed easier because you have lived. This is to have succeeded." –Ralph Waldo Emerson
"Life is a process. We are all works in progress – green tomatoes ripening on the windowsill of life." –H.Jackson Brown Jr.
Field hockey 9-11.
Student Council 10-12; Big Sister 9-11; National Honor Society 11,12; Japanese Exchange 10; Yearbook 11, 12; Yearbook Sports Editor 12; HOBY Ambassador 10.

Steven Bairos
813 County Street
Business Management
"Believe in yourself. You gain strength, courage, and confidence by every experience in which you stop to look fear in the face. You must do that which you think you can't do." –Eleanor Roosevelt
Football 9-12.

Terence Ballanceau
110 Ipswich Street
To be successful in the future
"Be original, not envious." –T.B.
Football 9-11; Basketball Cheerleading 11; Track 12. Band 11.

Erika Barboza
30 County Street
To succeed in my life goals
"Dreams are true, all you have to do is just believe."
"To love is to receive a glimpse of heaven."

Kristi Beaucage
86 Oakhill Avenue
Photography or business owner
"To the world you may just be one person but to one person you may just be the world."

Christopher Beland
60 Woodward Avenue

Paul Anthony Bernardo
26 Pamela Jean Road
To go to college and study Marine Biology
"What up son?"
"Treat people the way you want to be treated."
"Don't sweat the small stuff."
Football 9.
Drama Club 10,11.

Lauren Bilodeau
82 Bittersweet Drive
"Life is not measured by the breaths we take, but by the moments that take our breath."
Field Hockey 9-12; Basketball 9-12.
Key Club 11,12; Big Sister 10; Japanese Ambassador 10.

Erin Blackbird
22 Haig Avenue
To make the most of life
"When you were born, you were crying and everyone around you was smiling. Live your life so that when you die, you're the one smiling and everyone around you is crying."
Majorettes 6-12.
Student Council 10-12; Japanese Exchange 10; Big Sister 9-11; Concert Band 10-12; Marching Band 10-12;

Jazz Band 11,12; Drama Club 9-12; School Committee Representative 11,12; Spanish Honor Society 11,12; National Honor Society 11,12; Mexico Trip 10; Creative Awareness 9-12; Executive Board 12.

James Stephan Blackledge
35 Bunker Street
Attend New England Tech and become an engineer
"If you and I were to go word for word, I would bankrupt your wit." –Shakespeare

Brittany Botelho
106 King Philip Road
"You don't have all the answers, keep dreaming." – Default
Soccer 9-12.
Band 9-12; Drama 9-12.

C

Cosima Cabral
14 Cameron Drive
I want to live life happily and become successful in anything I set my mind to doing.
" I want to appreciate the times when moments are made into memories. I want to embrace them, cherish them and never forget that they come so few and far between. I know that wherever life takes me, these moments will always follow. They remind me of what's truly important. It's not just life, but living. It's the journey, the destination, and all the points in between. And I must admit, I like what I see."
Field Hockey 9-12.
Spirit Week 9-12; Big Brother Big Sister 9; Honor Roll 9-12; Prom Fashion Show 10,11; Newspaper 10; Job Shadowing 11; Creative Awareness 9,10; Yearbook 11,12; National Honor Society 11,12.

William Carden
81 Sweeney Road
Pro Golfer
"Time is something that may change me, but I can't change time so **** it." --Limp Bizkit
Soccer 9,10; Golf 11,12; Tennis 10-12, Captain 12; Indoor Track 9.
Japanese Ambassador 10; Big Sister 9,11,12; Student Forum 9-12; Key Club 9,11,12; Leo Club 11,12; National Honor Society 11,12; Spanish Honor Society 10-12.

Meghan Carlin
211 Woodward Avenue
Cheerleading 9,11; Basketball 9.
Chorus 9; Band 10.

Andrew Charpentier
61 French Drive
Teacher, oceanographer
Basketball 9-12, Captain 12; Baseball 9-12, Captain 12.

Laura Chianese
53 Meadowlark Drive
To succeed in life, but most of all be happy with what comes my way
"Do not go where the path may lead, go instead where there is no path and leave a trail." --Ralph Waldo Emerson
Field Hockey 9-11; Indoor Track 9,10; Outdoor Track 9,12
Japanese Ambassador 10; Key Club 10-12; Leo Club 9-12; Big Sister 10,11; Yearbook 11,12; Honor Roll 9-12.

Margaret Lousin Chobanian
8 Olin Avenue
"The past is for us to remember; the present is for us to explore; and the furture is for us to imagine."
Field hockey 9; Football Cheerleading 11,12; Basketball Cheerleading 10-12; Outdoor Track 11,12.
Key Club 9, 11, 12; SADD 11,12.

Katelyn Clary
231 Woodland Avenue
"It takes a lot of courage to reveal your dreams to someone."
"The world is a better place because of those who refuse to believe they can't fly."
Chorus 9-12.

Heather Cleary
10 Olin Street
My future ambition is to become a plastic surgeon.
"Happiness isn't something you experience; it's something you remember." – Oscar Levant
Swim 9; Volleyball 10; Football Cheerleading 12; Indoor Track 10; Basketball Cheerleading 11,12; Outdoor Track 9.
Chorus; Honor Roll 9-12; National Honor Society 11,12; Japanese Ambassador; Big Sister; Student Council 11; Mass All-State Art; President/ Founder of SADD 11,12; Prom Fashion Show; Spirit Week 9-12; Toys for Tots.

Neil Correia
35 Jane Howland Place

Tara Craven
266 North Wheaton Avenue

Michelle Deborah Cummings
67 Mayflower Drive
To lead a happy and successful life
"Success is not measured by what you accomplish but by the opposition you have encountered, and the courage with which you have maintained the struggle against overwhelming odds.
Japanese Exchange 9,10;

Meghan Carlin

Andrew Charpentier

Laura Chianese

Margaret Chobanian

Katelyn Clary

Heather Cleary

Neil Correia

Tara Craven

Michelle Cummings

Christina D'Amico

Megan Daigle

Travis Delange

Kevin Demedeiros

Roslynn DeSenna

Nicole Duarte

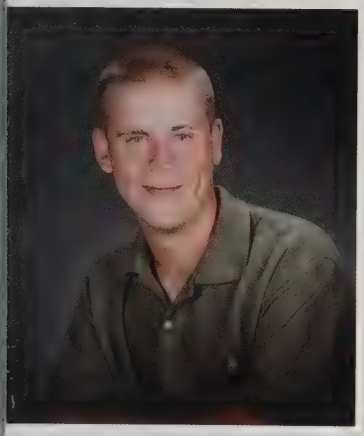
Lori Duell

Derek Durant

George Ferreira

Josie Fiero

Lauren Foisy


James Fox

Daniel Gibbons

Taylor Golombiewski

Melissa Gravel

Anthony Grourke

Erin Groves

Tracey Hayes

Shannon Herd

Holly Hunt

Adam Jennings

Elpitha Kamaris

Georgina Kamaris

Soccer 9-12, Captain 11,12; Softball 9-12.
Yearbook 11; Big Sister 10-12; Japanese Ambassador 10; STV News 11; National Honors Society; Spirit Week; Honor Roll; Creative Awareness 11.

D

Christina D'Amico
81 Briarwood Drive
History Teacher
"We must all hang together or surely we will hang separately." –Benjamin Franklin
Concert Band 9-12; Marching Band 10-12; Creative Awareness 9-12; Prom Fashion Show;
Dance: Ballet, Tap, Jazz, and Point; Fife and Drum; piano 8 years; Our Children's Little Theater.

Megan Daigle
128 Saint Laurent Parkway
"To accomplish great things, we must not only act but also dream, not only plan, but also believe." –Anatole France
"If one advances confidently in the direction of his dreams, and endeavors to live the life which he has imagined, he will meet with a success unexpected in common hours." –Henry David Thoreau
Field Hockey 9-12, Captain 12.
Big Sister 9-11; Japanese Ambassador 10; Spirit Week 9-12; Honor Roll 9-12; Camping Trip Chaperone 11,12; Yearbook 11,12, Sports Editor 12; SADD 11.

Sean DeForest
123 Pine Street
State Trooper
"Life lessons." –Stepfather
Football 9-12; Hockey 10; Track 11.

Travis DeLange
601 Pine Street

Kevin Demedeiros
221 Miller Street

Jason Demers
889 Newman Avenue
To get through life
"You won't." –Jason Demers

Roslynn DeSenna
4 Ellis Street
Dental Hygienist
Is he black? –Lauren
Volleyball 9,10; Dance 11 years.
Newspaper 10.

Nicole Duarte
1 Miller Street

Lori Duell
337 Miller Street
To be an elementary school teacher
"Some people come into our lives and quickly go. Some stay for a while and leave footprints on our hearts and we are never ever the same."
Volleyball 9.

Concert Band 9-12; Jazz Band 10-12; Marching Band 10-12; Big Sister 9-11; Honor Roll; National Honor Society.

Derek Durant
156 King Philip Road

F

George Ferreira
501 Brown Avenue
Web designer
"If you don't do anything to make yourself seen, like really seen, then you don't deserve to be seen at all." –Jim Carrol *Basketball Diaries*
Soccer 9, 10, 12.
Career day 9; Newspaper 10; Spirit Week 9-12; Homecoming 9.

Josie Ann Marcia Fiero
156 Bloomfield Street
To make the best of it all

"Come to the edge, he said. No, They said. Come to the edge, he said. No, he said. Come to the edge, he said. They came. He pushed them and they flew."
Swim 9-12, Basketball Cheerleading 10; Tennis 11. Mexico Trip 10; Spirit Week 9-12; Dual Enrollment 12; National Honor Society 11.

Lauren Foisy
50 Haig Avenue
Interior Design/ Architecture
"Life isn't measured by the number of breaths we take, but by the moments that take our breath away."
Volleyball 9-12; Softball 9; Indoor Track 9; Outdoor Track 10.
Key Club 9-12, Vice President 12; Creative Writing 10; SADD 11,12; School Council 12; National Honor Society 11,12; Creative Awareness 9-12.

James Fox
41 Evergreen Drive
Businessman and US soldier
"You can." –Army National Guard
Soccer 9-12; Basketball 9; Baseball 9-12.
National Honor Society; Science Club.

G

Daniel Gibbons
28 Greenwood Avenue

To be a teacher
"It's a beautiful day for football gentlemen, it's a beautiful day." –Coach Morgado
Football 10-12, Captain 12; Basketball 10-12.
Big Brother; Japanese Ambassador; SADD.

Taylor Golombiewski
10 Meadowlark Drive
Marine Transportation
"Always do what you think is right and follow your dreams."
Snowboarding; Karate.

Melissa Gravel
26 So. Fuller Street
To become a successful and happy person with whatever life hands me
"Those who hate, are only lacking love, so reach out your hearts and maybe you could change their lives."
Softball 10.
Japanese Ambassador 10; Yearbook 12; Spirit Week 9-12.

Anthony Grourke
62 Meadowlark Drive
To have friends, wealth, and happiness
"I've had a wonderful time, but this wasn't it." –Groucho Marx
"First they ignore you, then they laugh at you, then they fight you, then you win." –Mahatma Ghandi
Golf 9-12.
Big Brother 11.

Erin Groves
140 Bloomfield Street
"In the end, everything always turns out ok, if everything is not ok, then it is not the end."
"Trust that you are unfolding as you should. And when the growing pains hurt, trust those times even more." –Sabrina Ward Harrison
Field Hockey 9; Tennis 9-12, Captain 11,12.
Key Club 9,11,12; German Exchange 10; Newspaper 9; Yearbook 11,12; SADD; Drama 9; National Honor Society 11,12; SAT Prep 11.

H

Tracey Hayes
25 Bear Hill Road
To own a daycare center or become a preschool teacher
"Friends are like angels that lift us to our feet when our wings forget to fly."
Volleyball 9-12, Captain 12; Indoor Track 9-12; Outdoor Track 9-12, Captain 11.
Key Club; Leo Club 11,12; Big Sister 10; Yearbook 11,12; Newspaper 9; National Honor Society 11-12; Job Shadowing 11; SAT Prep11; SADD 11,12.

Shannon Herd
22 Summer Drive
To be an elementary school teacher
"Hey my friend it seems your eyes are troubled, care to share your time with me? Would you say you're feeling low and so, a good idea would be to get it off your mind see, you and me have a better time than most can dream, have it better than the best, so can pull on through whatever tears at us, whatever holds us down and if nothing can be done, we'll make the best of what's around." –Dave Matthews Band
"Sometimes the only way to stay sane, is to get a little crazy." –Girl Interrupted
Field Hockey 9; Tennis 9,10; Big Sister 9,10; Yearbook 12; Key Club 12; Spirit Week 9; Honors 9,10; Drama 9; Creative Awareness 10,12.

Holly Hunt
190 Mohawk Drive
Major in psychology and to be successful
"No mistake is ever truly a mistake if you have learned from it." –H.H.
Football Cheerleading; Basketball Cheerleading; Outdoor Track 10-12.
Paper Cuts 10,12; Job Shadowing 11; Creative Awareness 10-12; Snowboarding.

J

Adam Jennings
135 Lauren Drive
Successful entrepreneur
"All right fellas, let's see if we can do it this time." –Adam Jennings
Football 9,10; Basketball 9,10,12.

K

Elpitha Kamaris
795 Pine Street
To be successful in life and to be a dental hygienist
Soccer 9-12.

Georgina Kamaris
795 Pine Street
To be successful in life and have a good career
Soccer 9-12.

Leslie Kelly
55 Burnside Avenue

Michael Kerr
23 Howland Street
Professional golfer or sports broadcaster
"Live your life a quarter mile at a time." –Vin Diesel
Golf 9-12; Hockey 6 years.
Volunteer work

Leslie Kelly

Michael Kerr

Peter Kirchmann

Kyle Laprade

Erinn Larkin

Kristen Lee

Tiana Leis

Nikolas Lima

Zachary Linton

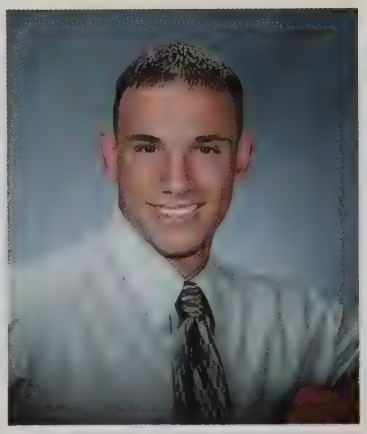
Kristyn Lonczak

Kristina Lopes

Meagan Maloney

Kara Manchester

Ethan Marsh


Michael Martins

Lisa Mastropietro

Craig Mayer

Daniel McArdle

Kyle McHale

Ryan McKinley

James McNulty

Patricia Metz

Kelsey Mitchell

Kenneth Mulligan

Donald Monroe

Jennifer Murtha

Ashley Nicholson

Adele Norton

Meghan O'Brien

Meghan O'Connell

Simon Olean

Luis Parente

CLASS OF 2003

Peter Kirchmann
59 Oakhill Avenue
Indoor Track 11; Outdoor Track 11.
Math Team 9-11; Science Club 9,11; St. Joseph's Food Cellar Volunteer 9-11; Food and Friends Soup Kitchen Volunteer 10,11; Troop 1 Rehoboth Boy Scout 10,11.

Kenneth Knowles
29 Brewster Street

Ashley Lantange
98 Pershing Avenue

L

Kyle Patrick Laprade
50 Sanctuary Lane
"Stupid chances is what makes life worth living." – Homer Simpson
JV Basketball 10; Indoor Track 11,12; Outdoor Track 11,12.
Science Club 9-12; Math Team 11,12; Boy Scouts 10-12; Band 11,12.

Erinn Larkin
271 West Avenue
"You can't discover new oceans until you have the courage to lose sight of the shore."
"Stupid risks are what make life worth living." –Homer Simpson
Field Hockey 9-11; Cross Country 12, Captain 12; Basketball 9-11; Indoor Track 12; Tennis 9-12;
Mock Trial 9-12; Leo Club 11,12; Key Club 11,12; Math Team 12; Science Club 12; German Exchange 10.

Kristen Lee
61 Wedgewood Drive
To never let an opportunity pass me by
"Life is what happens when you're busy making other plans." –John Lennon
Soccer 10-12; Cheerleading 11,12; Outdoor Track 12; Dance 14 years.
Concert Band 9-12; Jazz Band 10-12; Drama Club 9; Marching Band 10-12; Japanese Ambassador 10; Big Sister 9; Spanish Honor Society 10-12; National Honor Society 11,12; Mexico Trip 10; Honor Roll 9-12.

Tiana Leis
96 Hope Street
To look back on my life and have no regrets; and to live a successful and happy life
"God, grant me the serenity to accept the things I cannot change, courage to change the things I can and the wisdom to know the difference." –Serenity Prayer
Field Hockey 9-11; Indoor Track 9; Outdoor Track 9, 10. Key Club 9; Japanese Ambassador 9, 10; Spirit Week 9-12; Honor Roll 9-12; Prom Fashion Show 10.

Rebecca Lema
169 County Street
To have fun and be successful
B.E.S. – "When I met you I knew my life was going to change, but I did not think it would be this good."

Nikolas Lima
90 Bergeron Street

Zachary William Linton
81 Fallriver Avenue
History teacher
"Dope is for dopes." –Auntie Norma
Football 9-12; Basketball 9.

Linda Lopes
35 Mayflower Drive
To be successful and live a long, healthy, and happy life
Volleyball 9-12; Basketball 9-12, Captain 12.
Student Council 9-12, Chairperson 10-12; Leo Club 9-12; GSA 9,12; Big Sister 9-11; STV News 9-12; Video Yearbook 12; Japanese Exchange 10.

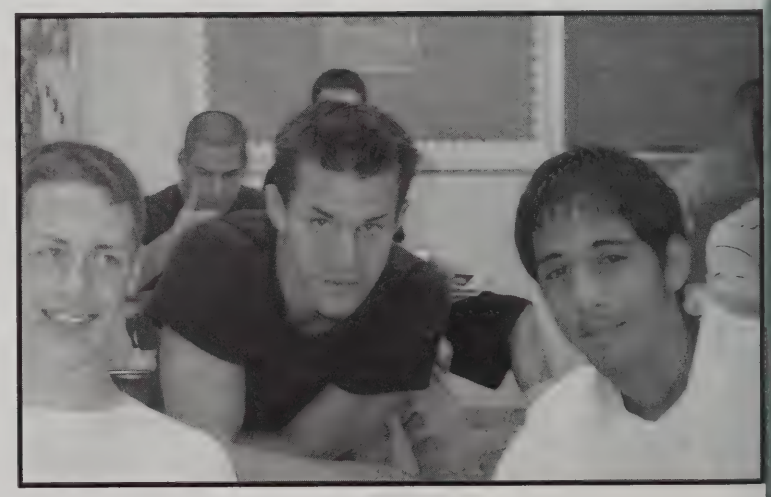
Kristina Marie Lopes
61 Jean Drive
To be successful in everything I do in life
Chorus 9; Concert Choir 10,12; SADD 11,12.

Michele Lopes
35 Mayflower Drive
To be successful
Volleyball 9; Field Hockey 10,11; Indoor Track 9,10; Outdoor Track 9-12.
Key Club 9; Leo Club 9; Student Forum 10-12; Executive Board 10-12; Student Council 9-12; PaperCuts 11; Creative Awareness 11; Big Sister 10-12; Japanese Ambassador 10; Blood Drive 11,12; SADD 11,12; GSA 9,10.

Kristyn Lee Lonczak
560 Read Street
To live in New York City and work for my cousins as an interior decorator
"Reach for the moon, even if you miss you'll land among the stars."
"Never settle for less than what you deserve."
"Always give it your all."
Cheerleading 9,10; Field Hockey 11.

M

Meagan Anne Maloney
52 Hull Street
To help people and be successful at it
"Don't let the world bring you down. Not everyone here is that messed up and cold. Remember why you're here



and while you're alive experience the warmth before you grow old..." –Brandon Boyd
Chorus 9,10.

Kara Ann Manchester
165 Fairway Drive
"You must do the thing you think you cannot do." – Eleanor Roosevelt
"Expect the worst, hope for the best. Try your hardest, take it easy. Make lots of money, don't spend it all in one place. Trust people, don't get your heart broken. Get good grades, don't take it hard if you fail. Don't be afraid to make mistakes, but don't let anyone know. Life is crazy so just go with the flow."
Field Hockey 9-12, Captain 12; Indoor Track 9-12; Outdoor Track 9-12.
Spirit Week; Honor Roll 9-12; Creative Awareness 9-12; Student Forum 10-12; Japanese Ambassador 9; Yearbook 11-12; Sister 11-12; Key Club 9; National Honor Society 11,12, President 12.

Ethan Marsh
99 St. Laurent Parkway
"Verbosity leads to unclear, inarticulate things." –Dan Quayle
"The fools say that they learn with their own mistakes I prefer to learn with someone else's mistakes." –Bismarck
Math Team 10-12; Science Club 11,12; National Honor Society 11,12.

Michael Martins
21 Marlaine Drive

Lisa Mastropietro
349 Lincoln Street
Physical Education
"Don't walk in front of me, I may not follow. Don't walk behind me, I may not lead. Just walk beside me and be my friend."
Field Hockey 9-12; Basketball 9-12; Softball 9-12.
Key Club 9.

Craig Mayer
32 Hamlyn Street
To go to college and major in business and to become a successful businessman
Basketball 10; Indoor Track 11; Outdoor Track 10.
National Honor Society 11,12.

Daniel McArdle
135 Saint Laurent Parkway
To make the most of my life and accomplish all goals I set for myself
"It is not the critic who counts; not the man who points out how the strong man stumbles, or where the doer of deeds could have done them better.

The credit belongs to the man who is actually in the arena; whose face is marred by dust and sweat and blood; who strives valiantly." –Theodore Roosevelt
Soccer 9.
Science Club 11,12; Math Team 11,12.

Kyle McHale
35 School Street
To play professional football
"Courage is being scared as hell and saddling up anyway." –Mr. Rubin
Football 9-12.

Kevin Ryan McKinley
74 Marehaven Drive
"Winning isn't everything, it's the only thing." –Vince Lombardi
"Ask not what your country can do for you, but what you can do for your country." – John F. Kennedy
Football 9-12, Captain 12; Indoor Track 10-12; Outdoor Track 10-12.
Boyscouts; Catholic Life Community (youth group); Jazz Band 9-12; Concert Band 9-12.

James McNulty
49 Jean Drive
Engineer
"It's nice to be a virtuoso." – Vladimir Horowitz
Golf 10-12; Tennis 9-12.
Jazz Band 11,12; Concert Band 12; Japanese Ambassador 10.

Kelsey Munson Mitchell
3 Cross Street
Chemical Engineer
Football Cheerleading 9,10.
Student Council 9-11.

Kenneth Mulligan
56 Banker Street
Film writer/director
"We're not here for a long time...we're here for a good time." --Huey Lewis and the News.
Indoor Track 11; Outdoor Track 9,10.
Science Club 11.

Donald Munroe
48 Cindy Drive
Become a psychologist
Football 9-12.

Jennifer Marie Murtha
21 Grace Court
To live well, laugh often, and love much
"Nothing is impossible to a willing heart."
Field Hockey 9-12; Indoor Track 9,10; Outdoor Track 9-12.
Key Club 10-12; Leo Club 10-12; Big Sister 10,11;

Melanie Pereira

Justin Perry

Shana Pfeiffer

Kristen Pietrunti

Bijal Patel

Jessica Pilkington

Francis Pollock

Sara Provost

Brian Rebello

Richard Renaud

Cayla Richardson

Steven Richardson

Scott Robbins

Zachary Robbins

Rachel Romano

Sarah Rubel

Curtis Ruckel

Abigail Scott

Kevin Seccareccia

Ryan Seyboth

Louisa Sham

Justin Sherlock

Ryan Shore

Timothy Silverman

Sara Sisson

Robert Sladen

Ashley Slaiding

Hailey Sloane

Lauren Smith

Christopher Snee

Roland St.Pierre

Joy Stafford

N

Ashley Nicholson
137 Oakland Avenue
To be successful and happy
"Life is not measured by the breaths we take but by the moments that take our breath away."
Field Hockey 9-12; Basketball 9-12; Softball 9-12.
Honor Roll 9-12; National Honor Society 11,12; French Honor Society 11,12; Big Sister 9-11; Toys for Tots 9-12; Science Club 12; Quebec Trip 10; Tutoring 11.

Adele Norton
74 Warren Avenue
To travel the world and be happy
"Don't walk in the footsteps of your hero. Be your own person and make your own path."
Volleyball 9-11; Swim 12; Tennis 9-12; co-captain 11,12.
Drama club 9; National Honor Society 11,12; Quebec Trip 11.

O

Meghan O'Brien
34 Pheasant Ridge Road
"Here's to the crazy one. The misfits. The rebels. The trouble-makers. The round heads in the square holes. The ones who see things differently. They're not fond of rules, and they have no respect for the status quo. You can quote them, disagree with them, glorify, or vilify them. But the only thing you can't do is ignore them. Because they change things. They push the human race forward. And while some may see them as the crazy ones, we see genius. Because the people who are crazy enough to think they can change the world, are the ones who do." –Advertisment
Volleyball 9-11.
Leo Club 11, 12; Key Club 11, 12; Drama 11; Newspaper 9; Yearbook 11, 12.
S.A.D.D. 11, 12; National Honors Society; Big Sister 10; SAT Prep 11; Job Shadowing 11.

Meghan O'Connell
311 Elm Street
"You better live your best and act your best and think your best today, for today is the sure preparation for tomorrow and all the tomorrows that follow."
"Saying goodbye isn't the hard part. It's what we leave behind that's tough."
Swimming 9-12, Captain 12; Softball 9-12.
Key Club 9-12; Japanese Exchange 10; German Exchange 10,11; Big Sister 11; Toys for Tots 9-12; Spirit Week 9-12; Creative Awareness 9-12; National Honor Society 11,12.

Tracy O'Connor
272 Oak Hill Avenue

Simon Olean
101 Warren Avenue
Fighter Pilot
Football 9,10,12; Tennis 9-12.

P

Victoria Paquin
130 County Street

Luis Parente
98 Sykes Road
International Business Studies
Soccer 11,12; Indoor Track 11,12; Tennis 9; Baseball 10; Outdoor Track 11,12.
National Honor Society 11,12; Science Club 11,12; Key Club 11,12.

Christopher Parkinson
764 County Street

Bijal Patel
29 Greenhalgh Drive
"To laugh often and love much...to appreciate beauty...to find the best in others...to give one's self...this is have succeeded." –Ralph Waldo Emerson
"The highest courage is to dare to be yourself in the face of adversity. Choosing right over wrong, ethics over convenience, and truth over popularity...these are the choices that measure your life. Travel the path of integrity without looking back, for there is never a wrong time to do the right thing."
Tennis 9.
Key Club 9,10,12; Knowledge Bowl 9-12; 37th Annual MAML Olympiad Competition 10; Spanish Honor Society 10-12; Big Sister10-12; Japanese Ambassadors 10; Honor Roll 9-12; Peer Tutoring 10,11; Drama Club 11; National Honor Society 11,12; SADD 11,12; Cultural Indian Dance.

Melanie Marie Pereira
48 Coolidge Street
To be a successful lawyer or dancer.
"Never be bullied into silence. Never allow yourself to be made victim. Accept no one's definition of your life; define yourself."
Football Cheerleading 11, Captain 11; Basketball

Cheerleading 10-12, Captain 12.
Pep Rally; Spirit Week, Tricycle; Creative Awareness; Job Shadowing 11.

Justin Perry
285 Greenwood Avenue
Sports Broadcaster
Football 10-12.

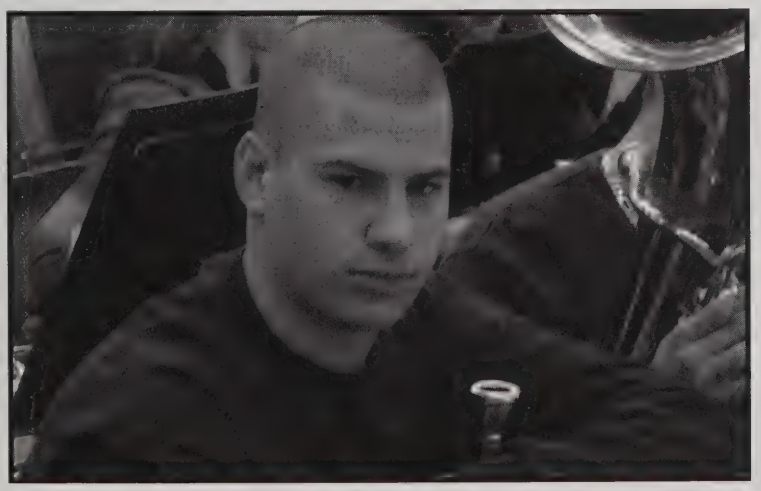
Shana Pheifer
140 Bradley Street

Kristen Pietrunti
15 Willard Avenue

Jessica Pilkington
34 Lauren Drive
History professor
"I'd rather be riding."
Field hockey 9-12.
Concert Band 9-12; Jazz and Marching Band 10-12; Japanese Exchange 10; Big Sister 11; Mexico Trip 10; Drama Club 11,12; Spanish Honor Society 11,12; National Honor Society 11,12.

Frank Pollock
45 Maynard Avenue
Business Management
"Pollock, if you don't like it, you can stand up....." – Coach Fred Crippen
Baseball 9-12.

Sara E. Provost
303 Woodward Avenue
To be a teacher, and to always reach my goals
"Aaflack." –Dr. Woodside
"Always follow your dreams, they can come true." –Sara Provost
Field hockey 9; Basketball 9. Drama Club 9; Chorus 9-12; Chamber Singer 10-12; Marching Band 11,12; National Honor Society 11,12.



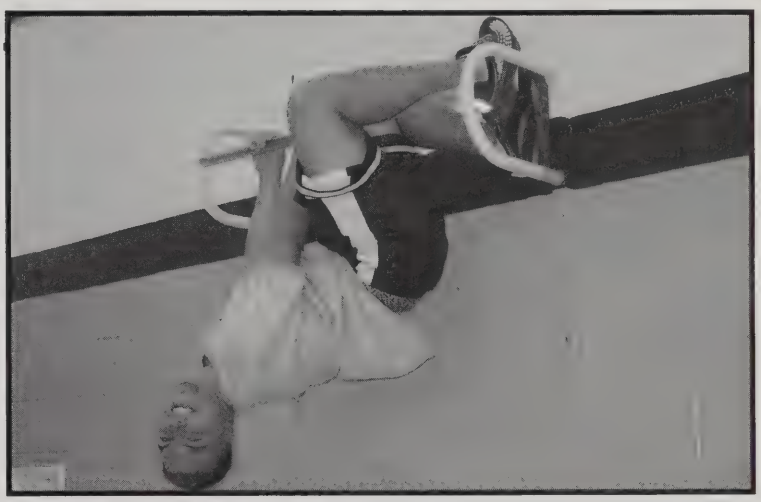
R

Brian Rebello
300 Newman Avenue

Richard Joseph Renaud Jr.
75 Forest Avenue
"Cogito ergo sum (I think therefore I am)"
"I've never let schooling interfere with my education" – Samuel Clemens
Concert Band 9-12; Marching Band 9-12; Jazz Band 9-12.

Cayla May Richardson
42 Pershing Avenue
I want to go to college and major in some kind of medical field.
"Live life to the fullest, don't let the little things get you down."
Town Basketball 7 years; Town Softball 7 years; Gymnastics 3 years.

Steve Richardson
126 Bass Street
I want to be successful in life and be a good person
"FERRRRIIIITTTTT!!" – George Ferreira



Football 9,10; Basketball 9. Spirit week 9-12; Student Council 9; Sleeping 9-12.

Scott Robbins
50 Bradley Street

Zachary Robbins
50 Bradley Street

Rachel Romano
24 Gardner Street
"A man is born with his personality, but his friends develop his character." – Amanda Romano
"What lies ahead of you and what lies behind you are nothing compared to what lies within you." –Mary Engelbreit
Indoor Track 12; Tennis 9-12. Big Sister 12; Key Club 9-12; SADD 12; Drama 12; Chorus 9-12; Band 11,12; Jazz Band 12; National Honor Society 11,12; Creative Awareness 9-12; Science Club 12.

Kelly Ann Roy
225 Walker Street
Whatever makes the most money
Synchronized Swimming 5 years; Volleyball 9-12, Varsity 11,12.
Student Council 9-12; Highest Honors 9-12; Student Forum 7-12; Big Sister 10; Japanese Exchange 10; French Honor Society 10-12, Vice President 12; Virtual High School 10,11; Quebec Trip 10; Pawtucket Sharks Special Olympics Swim Team Assistant Coach 11,12; Prom Fashion Show 11; Executive Board 12; National Honor Society 11,12, Treasurer 12.

Sarah Rubel
75 Baker Street
To be happy in what I pursue in life
"I know I'll never dream a dream, and watch it turn to gold. I know I'll never lose my life, to save another soul. But if I will love then I will find that I have touched another life and that's something worth leaving behind."
Spirit Week 9-12; Yearbook 12.

Curtis Ruckel
34 Papino Street

S

Abigail Taylor Scott
50 Bradley Street
novelist, egyptologist
"A good friend is one who walks in when the rest of the world walks out."
Synchronized Skating 9-12; 10 years of Synchro; 12 years of Figure Skating.

Kevin Seccareccia
10 Lauren Drive
"Have a nice day." –Mick Foley

Philip Sullivan

Joshua Sutherland

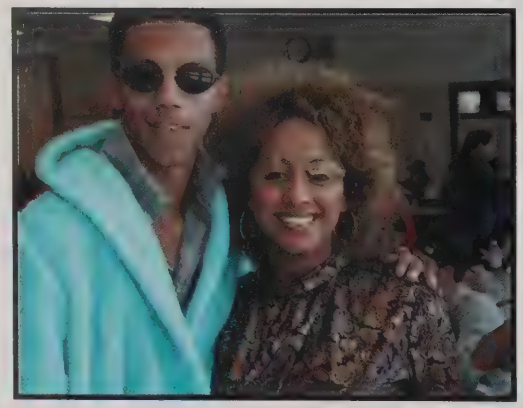
Katie Swallow

Edward Sweeney

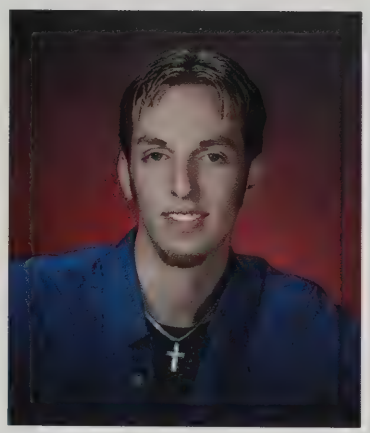
Amanda Whitelaw

Class Members Not Pictured

Terence Ballanceau
Adam Coyle
Sean DeForest
Jason Demers
Kenneth Knowles
Ashley Lantagne
Rebecca Lema
Tracy O'Connor
Victoria Paquin
Christopher Parkinson
Cynthia Serpa
Aaron Soleymanloo
Bryan Sousa
Benjamin Tepolt



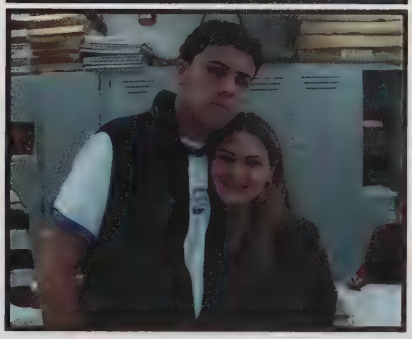
Katelyn Teixeira

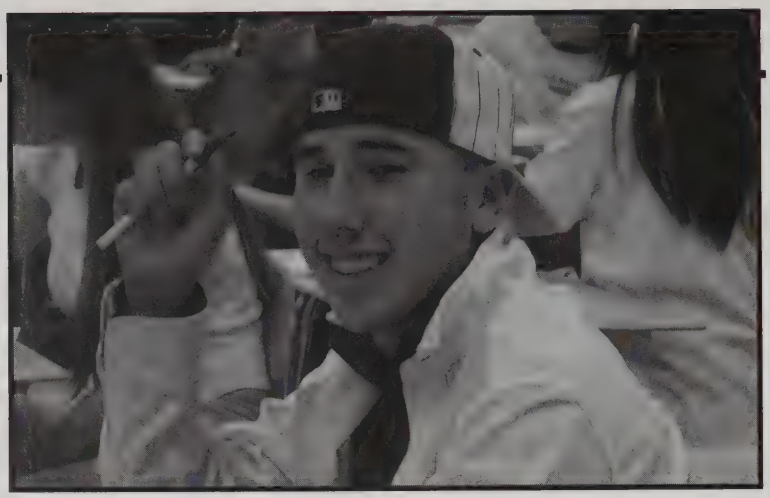


Chad Travers

Nicholas Turgeon

Lauren Vecoli





Concert Band 9-12; Marching Band 10-12; Math Team 11,12; Science Club 9-12; National Honor Society.

Cynthia Serpa
45 Bittersweet Drive

Ryan Seyboth
74 Gregory Drive
"If all I'm remembered for is being a good athlete, then I've done a bad job with the rest of my life"
Soccer 9-12, Captain 12; Basketball 9-12, Captain 12. Junior Nationals Basketball; National Honor Society; Big Brother; Pride Card.

Louisa Lok Yin Sham
53 Central Avenue
To be happy
Indoor Track 9-12; Outdoor Track 10-12.

Justin Sherlock
45 Pamela Jean Road
"Life is too short, so love the one you got, cause you might get run over, or you might get shot." –Sublime
"Every day is a new day. I'm thankful for every breath I take. I won't take it for granted. So I learn from my mistakes. It's beyond my control, sometimes it's best to let go. Whatever happens in this lifetime. So I trust in love, you have given me peace of mind." –POD
Soccer 9-12, Captain 12; Track 9.
Science Club 11; Key Club 11; Big Brother 9-11; Japanese Exchange 10.

Ryan Shore
44 Brookside Court

Tim Silverman
63 Fieldwood Avenue
"Twenty years from now you will be more disappointed with the things that you didn't do, than the ones that you did. So throw off the bowlines, sail away from the safe harbor, catch the trade winds in your sails. Explore." –Mark Twain
"Experience is the name everyone gives their mistakes." –Elbert Hubbard
Cross Country 12; Track 11,12;
Math Team 9-12; Science Club 9-12; National Honor Society 11,12.

Sara Sisson
2 Westdale Avenue
"To stop pacing the aisles and counting the miles. To climb more mountains, eat more ice cream, go barefoot more often, swim more rivers, watch more sunsets, laugh more, cry less, and live my life as I go along."
"Live so that you don't look back and regret that you've wasted your life. Live so you don't regret the things you have done or wish that you had acted differently. Live honestly and live fully."
Volleyball 9,10; Big Sister 9-12; Japanese Exchange 10; Mexico Trip 10; SADD 11,12; Community Service 11,12; Spirit Week 9-12; Homecoming 9-12.

Robert Sladen
68 Harman Avenue
To be successful in life
"Party at Papino."
Basketball 9,10; Tennis 10-12; Golf 9-12;
Student Forum 10-12; School Improvement Committee 11,12; Big Brother; Leo Club; Key Club.

Ashley Slaiding
304 Anthony Street
To be successful in life
"Love is rare, life is strange, nothing lasts, people change."
Figure Skating 9-11; Cheerleading 11,12.
Drama 9; Japanese Ambassador 10; Big Sister 9,10.

Hailey Sloane
425 Read Street
To live a happy life working as a journalist
"It's crazy, I'm thinking, just knowing that the world is round. And here I'm dancing on the ground. Am I right side up or upside down? Is this real at all, or am I dreaming?" –Dave Matthews Band
Volleyball 9-12; Outdoor Track 9-12.
Key Club 11,12; Leo Club 11; SADD 12; Spirit Week 9-12; Toys for Tots 9-11; Big Sister 9-12; Yearbook 12.

Lauren Smith
32 Davis Street
Pharmisist
"I would rather be a big fish in a big pond than a big fish in a little pond."
Swimming and diving 9-12.
Leo Club; Science Club; Key Club; Special Olympics; Big Sister; National Honor Society; Yearbook; Leadership Workshop; SADD.

Christopher Snee
67 Holly Drive
Law Enforcement
"A man is not defeated when he is beaten. A man is defeated when he quits." –Richard Nixon
Basketball 9-12; Baseball Scorekeeper 9.
Class Council 9.

Aaron Soleymanloo
52 Woodward Avenue

Bryan Sousa
254 North Wheaton Avenue

Roland St. Pierre
528 County Street
To pass high school
"Whooo Carez!!" Ronald St. Pierre
Football 10-12; Baseball 9.
Big Brother 10,11; 8th Grade Camping Trip 11,12.

Joy Stafford
6 Blaney Circle
To be successful in life and live life to the fullest
"Reach for the moon and if you miss you can always land among the stars."
Field Hockey 9-11.
SADD; Chorus 10-12.

Philip Sullivan
463 Lincoln Street
Emergency Physician
"Tell the truth and run." – Yugoslav Proverb
Cross Country 9-12; Indoor Track 9,12; Outdoor Track 9-12.
Dual Enrollment; National Honor Society.

Joshua Sutherland
241 Newman Avenue

Katie Swallow
28 Shirwood Drive
"If you keep on believing, the dream that you wish will come true." –Cinderella
"The winter is past, the rain is over and gone, and the flowers appear on the earth." –The Song of Songs
Drama Club 9,11,12; Concert Band 10-12.

Edward Anthony Sweeney
531 Fall River Avenue
To be happy and successful
"Do not go where the path may lead, go instead where there is no path and leave a trail." –Ralph Waldo Emerson
Cross Country 9; Boy's Varsity Swim 9-12, Captain 12.
Key Club 9-12, President 12; SADD 11,12; Mexico Trip 10; Big Brother 11; Concert Band 12; Science Club 12; National Honor Society 11,12; School Council 12.

Courtney Sylvia
26 Airdrie Court
To be happy and successful
Gymnastics 9-12; Varsity Football Cheerleading 9; Varsity Basketball Cheerleading 9.
Student Council 9-12; Executive Board 12; French Honor Society 10-12; National Honor Society 11,12; Big Sister 9-11; Japanese Ambassador 10.

T

Katelyn Theresa Teixeira
13 Greenfield Street
To become a successful orthodontist and to be happy in life
Seekonk Tigers Football 9; Field Hockey 10,11; Soccer 12; Indoor Track 9-12; Outdoor Track 9-12, Captain 11.
Yearbook 11,12; STV News 10-12; Honor Roll 9-12; Spirit Week (steal the bacon) 9-12; National Honor Society 11,12.

Ben L. Tepolt
89 Meadowlark Drive
"On religion, many are destined to reason wrongly, others not to reason at all, and others to persecute those who reason." –Voltaire
"What is it the Bible teaches us? – Repine, cruelty, and murder. What is it the Testament teaches us? To believe that the Almighty committed debauchery with a woman engaged to be married, and the belief of this debauchery is called faith." – Thomas Paine's *The Age of Reason*

Jaclyn Catherine Totolo
8 Marsden Court
To be successful, and have a family
"Life will take you many places and through many obstacles but to be successful, one must be composed of one quality: determination."
Field Hockey 9-12, Captain 12; Indoor Track 9-12; Outdoor Track 9-12.
Student Council Representative 9-12; Yearbook 11-12; Spirit Week, Steal the Bacon, 9-12; Honor Roll, 9-12, Creative Awareness 9-12, STV News 11-12.

Chad Travers
24 Cynthia Road
To be successful in my career and be with the girl of my dreams
"This is a dedication to you so know that every time I look at this I remember you. (M.L. friends for life.)"
Basketball; Baseball.

Nicholas Turgeon
211 Cherry Hill Drive
Police Officer, Law Enforcement
Football 9-11.
Big Brother 10.

V

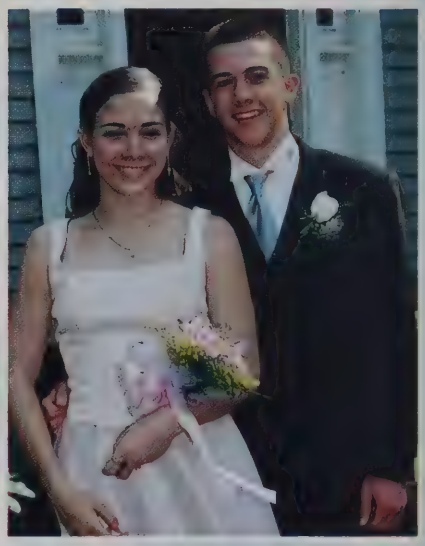
Lauren Vecoli
93 West River Street
"A friend is someone who sees you as you wish you were and likes you as you really are."
"Follow your dreams – far away in the sunshine are my highest aspirations. I may not reach them, but I can look up and see their beauty, believe in them, and try to follow where they lead." –Louisa May Alcott
Basketball 9; Dance 14 years. Mexico Trip 10; Key Club 10-12; Japanese Ambassador 10; Big Sister 10,11; Creative Awareness 11,12; SADD 11,12; National Honor Society 11,12; Children for children 10-12.

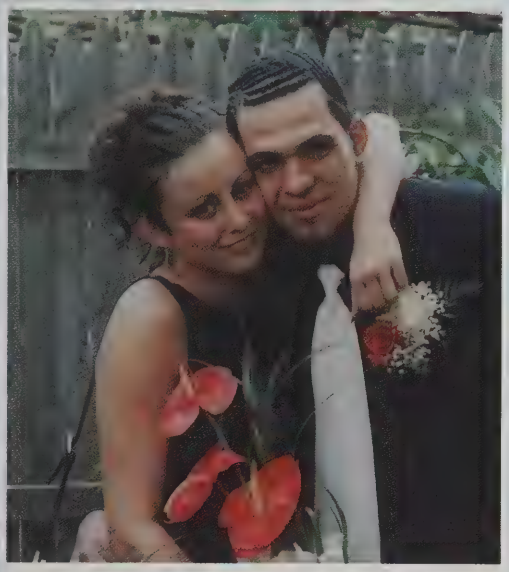
W

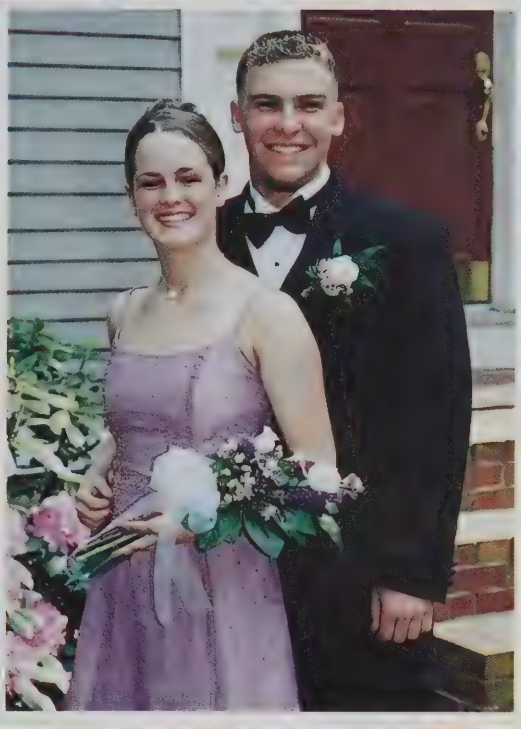
Amanda Katherine Whitelaw
55 St. Laurent Parkway
To be successful and happy and to stay true to myself
"I live for myself and I answer to nobody." –Steve McQueen
"I'd rather wake up in the middle of nowhere then in any city on Earth." –Steve McQueen
Cross Country 9,10; Track 9.
Drama 9; Chorus 9,10.

"I Don't Want to Miss a Thing..."

The night we had all been waiting for finally arrived—and it couldn't have been any more perfect. On May 31, 2002, we arrived at Lake Pearl Lucianos in Wrentham, MA, dressed like princes and princesses. We ate our dinners at our rose petal-covered tables and then danced the night away. We only stopped dancing to announce our court of Nicole Duarte, Scott Robbins, Kelly Roy, Justin Perry, Linda Lopes, Roland St. Pierre, Katie Swallow, and James McNulty. When couples weren't on the dance floor, they relaxed on the balcony, watching the thunder and lightning storm. Not even the rain could spoil our evening. As our night came to a close, we danced to Aerosmith's "I Don't Want to Miss a Thing," and we brought home the memory of a night we would hold onto forever.







CLASS OF '03

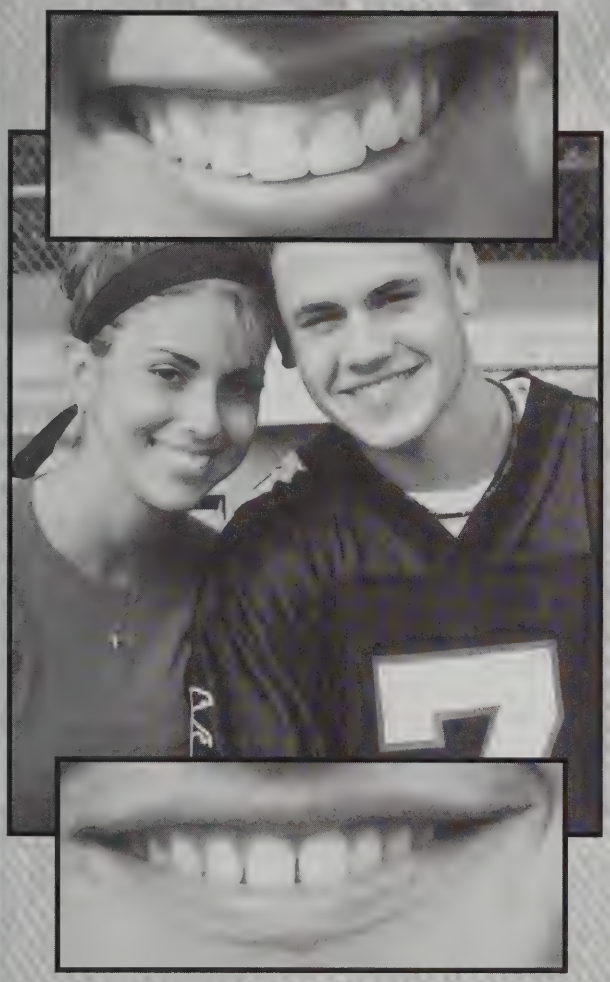
Best Eyes
Megan Daigle & Chris Snee

Most Unique
Michele Lopes & Ben Tepolt

Most Musical
Jessica Pilkington & Kyle Amaral

Most Talkative
Melanie Pereira & Edward Sweeney

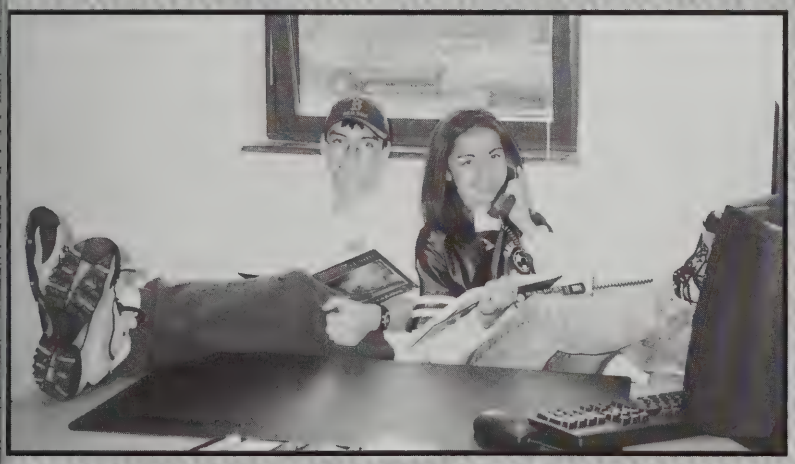
SUPERLATIVES



Best Smile
Cosima Cabral & Andrew Charpentier

Friendliest
Abby Scott & Luis Parente

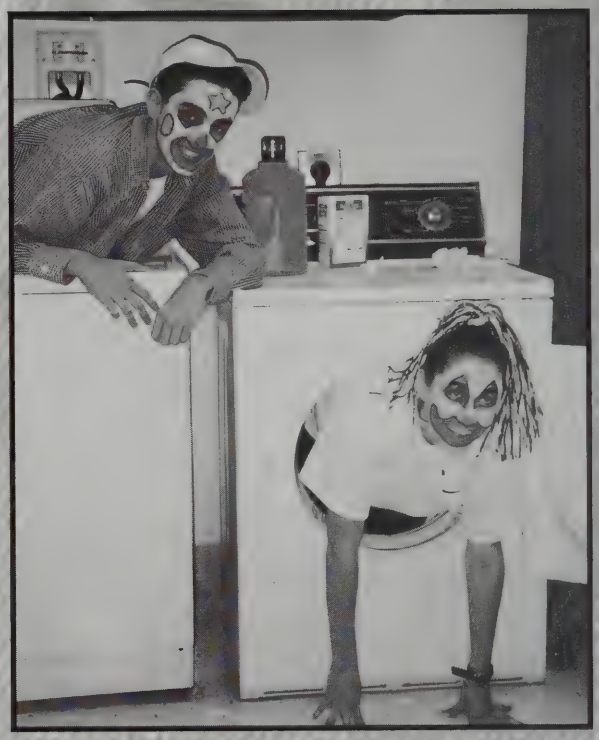
Best Personality
Hailey Sloane & Danny Gibbons



Most Likely to Succeed
Kristen Lee & Ethan Marsh

CLASS OF '03

Missing in Action
Rebecca Lema & Chris Beland



Class Clowns
Lisa Mastropietro & George Ferreira

Most Athletic
Kate Teixeira & Ryan Seyboth

Most Artistic
Heather Cleary & Carl Abelson

SUPERLATIVES

Most School Spirit
Linda Lopes & Terrance Ballenceau

Class Flirts
Lauren Smith & Zach Robbins

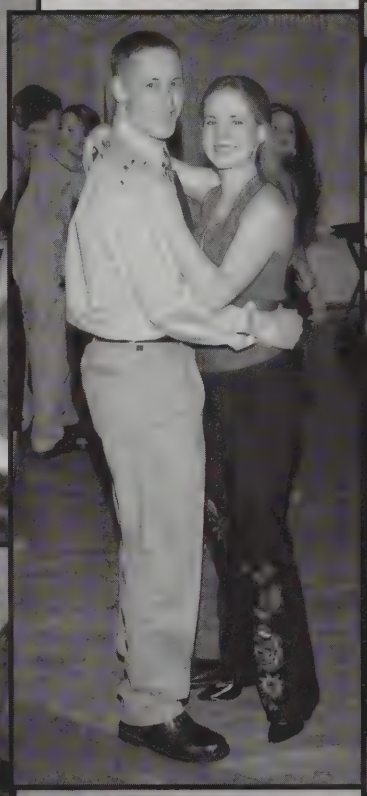
Typical Seniors
Aja Bairos & Rob Sladen

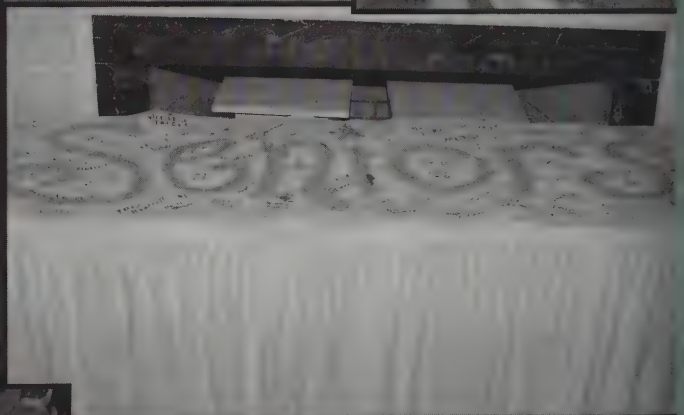
Life of the Party
Jaclyn Totolo & Curtis Ruckel

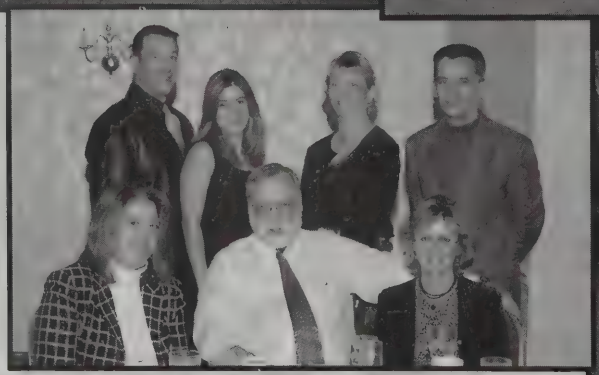
Dancing, singing, laughing and eating brought the Class of 2003 together at their Senior Supper on November 8 at the Pawtucket Country Club.

Senior

11*8*02



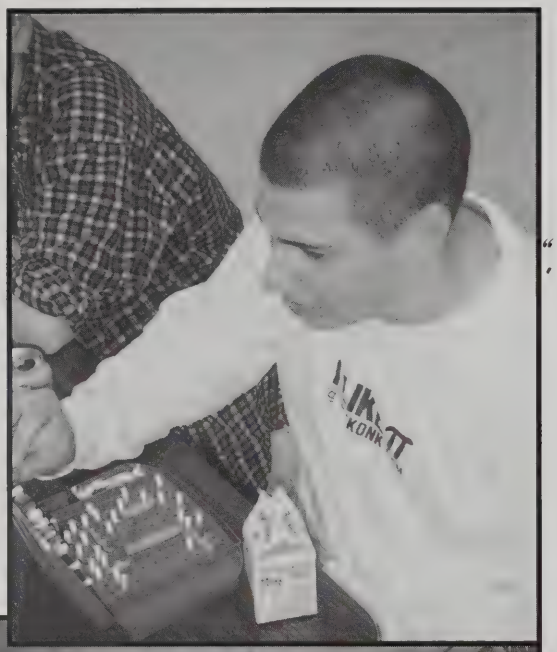




Supper

11*8*02

The class celebrated their senior year by rejuvenating class spirit and unity. Memories of this night will last for years to come!



Mem

"...a way of holding on to the things you love, the things you

Freshman year

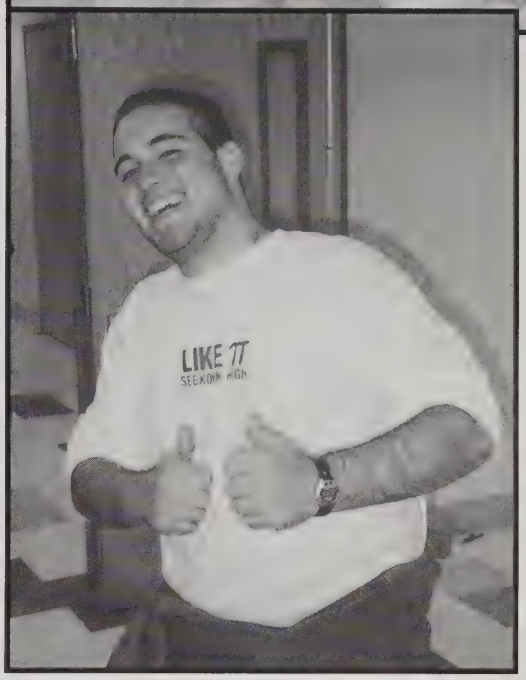
Let's take it back to freshman year, when our biggest concerns were senior hazing, the Y2K bug, and whether or not Britney Spears had the right to "feel like a natural woman." As the year starts off, hundreds of laugh-stricken students return with hilarious thoughts of man-on-pie relationships still fresh in their twisted little minds (ala *American Pie*) ... Well, the switch in schools is definitely a huge change as the school's current condition is (to say the least) a bit of a step down from the middle school's, and we are greeted by three new administrators whose names will take some of us another few months to learn. Oh well, why worry about such formalities, when the freshman football team is showing such great promise with a season of 6-4?... America's favorite bad boy, Eminem, storms the scene with his debut album, *The Slim Shady LP*... It's Spirit Week and the freshman class is assigned the depressing color combination of orange and gray for the hallway decoration department. However, we win it anyway, thus resulting in other classes tearing down our tediously applied décor, thus further resulting in the elimination of said department ... The Clinton/Lewinski scandal draws to a close, as Slick Willy barely survives his public roasting ... Cheery rock-and-roll grooves fill the air with the drama club's production of *The Nifty 50's* ... Jeff Chakouian sets yet another record at the year's end in the shot put event with an undefeated throw of 66' 6" ... Well, as the year draws to a close, the senior class decides to go out with a bang by swarming the halls with water guns and silly string (Hmm, that gives me an idea)... See ya next year!

Sophomore year

Kaboom! Sophomore year starts off with a bang, with our very first bomb threat ... We contemplate the inane popularity of The Baha Men with their first (and last) hit single, "Who Let the Dogs Out." To this day, it remains a mystery as to who let the dogs out ... The super sophomore class comes in second place during Spirit Week after demonstrating superior tenacity, determination, and the ability to nag about getting a recount ... Hey, look! It's everyone's favorite crew, The Zoot Crew, and they plan to stick around for a while ... It's official, people, we have a winner. James Fox becomes the first student in our class to crash his car. To counteract his grief, Fox participates in Frank Santos's hypnosis show. And it's well-timed, as we could all use a laugh after dealing with the atrocity that is the MCAS. But for those who aren't entertained by hypnotism, there's "Rage in the cage," the underground wrestling league held in the boys' locker room ... Class rivalry goes too far when vandalism strikes Seekonk High. And the perpetrator's identity? Who cares; they're long gone anyhow. Speaking of "gone," Mr. Ron Ridolfi, Mr. Tom Ridolfi, Mr. Omer Leclerc, Dr. Richard Staneck, Mrs. Joyce Christiansen, Dr. Virginia Gizzi, Mr. William Butler, Mr. John Hanley, Ms. Sandra Sypek, and Mrs. Joanne Lacy all abandon ship after a long stay at SHS. They will be missed ...and replaced by a horde of new teachers next year. We are all overcome by anticipation of meeting the new prison guards – I mean faculty members...

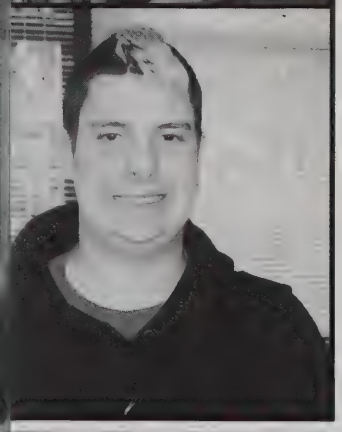
ories ...

are, the things you never want to lose." -- Wonder Years



Junior year

The nation is overcome by swells of both grief and patriotism as the horrific events of September 11 leave us changed forever. In transition from bad times to good, we all celebrate the varsity football team's breaking of a four-year losing streak, thanks to the expert coaching of "Special K." ... In a massive upset, the our class comes in first for Spirit Week and the seniors are left to take the walk of shame. No wonder they hate us so much. I mean, we are better ...in every way imaginable ... Now it's pandemonium at SHS, and who swoops in to calm the storm? Why, none other than Dr. Chevrette, our new assistant principal, and he plans to initiate some changes. Well, the number of student infractions remains at the same level, but detentions skyrocket, so that *must* be a good thing. Right? ... It's time for songs of protest as "John Jacob Jingleheimer Schmidt" rings throughout the hallways due to the faculty's anti-JJJS sentiment ... The art wing is host to some "fishy" activities when a senior prank goes too far. Speaking of senior pranks, there was a goat in the courtyard. (That's crazy! Goats don't belong in courtyards! That's crazy!)... The year comes to a close with the unforgettable Junior/Senior Prom, and we, the class of 2003, are rid of the self-proclaimed greatest class ever... (Greatest ever? Allow me to take a typing break so that I may laugh hysterically.....Done.) Well, see you when we return as the head honchos, the big cheeses, the top dogs, the – am I still writing this?

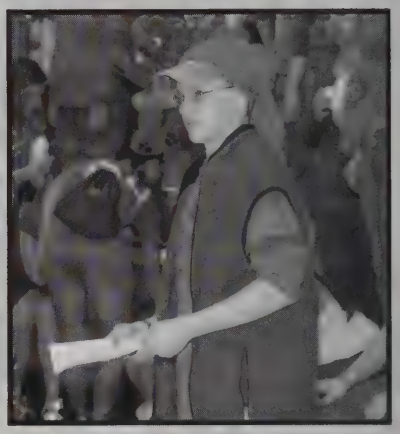


Senior year

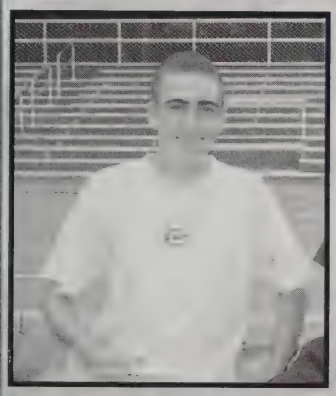
Senior year starts off with even more goat-related antics as the boys' soccer team *steals* a goat. (It's madness! It's pure madness!) ... Our enjoyment of senior year comes to a screeching halt when we realize that applying to colleges is one of the most time-consuming and mundane tasks a person could possibly undertake. But no need to worry, because Ms. Conners – our new principal – is here to make this the most enjoyable year ever. Dr. Chevrette is also staying on for another year. Hey, wow, that's pretty good news ...I guess ... In other news, all hail Steve and Abby, our homecoming king and queen ... Some might consider AP English to be a challenge; others, an adventure. Regardless, one comment is heard from anyone who takes it: "Oh, will the hurting ever stop?!" ... Mr. Mahoney receives a warm welcome as our new social studies teacher with eight pies in the face from various disgruntled students and football players in our first ever "pie-a-teacher" raffle ... Now it's time to take the senior class picture, and what better place to take it than that huge chunk of budget known as the swimming pool? ... Seekonk High's senior athletes are faced with the reality that they may never suit up for a game again after the season is over. Practice, however, will not be missed ... We now move on, with much anticipation, to the Senior Supper, which can easily be described as the most delicious $35 meal any of us has ever eaten. This, however, is mere scenery for the fact that the senior class (well, at least two-thirds of us) finally comes together as one. Partly because of this, Spirit Week shows much promise on the senior front. Since this section was written before Spirit Week took place, you'll have to refer to your own memory to see how it went ... Well, that's all. Hope you enjoyed the memories, but it's time to get back to your current life, you schmaltzy old sap. So long!

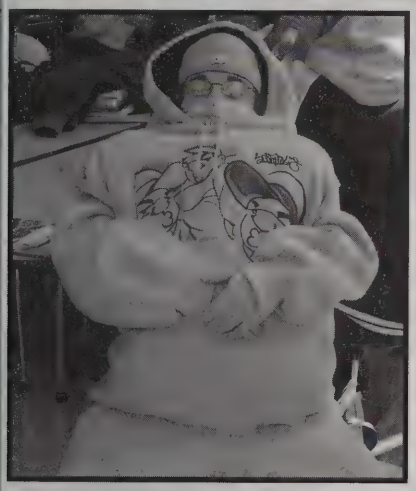
AMERICAN EAGLE

Class of '04



SEEKOF



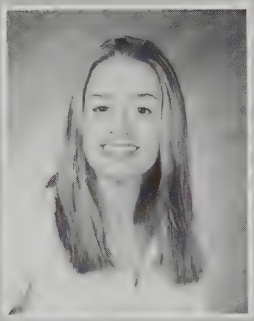


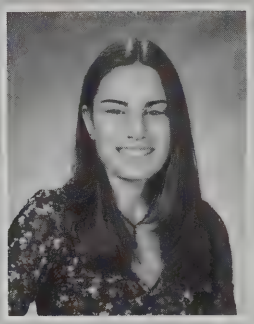
ROCKSTAR

CLASS OF 2004

Class Council Officers

David Quinn
Chairperson


Kelsey Dubuc
Member


Shayna Enos
Member

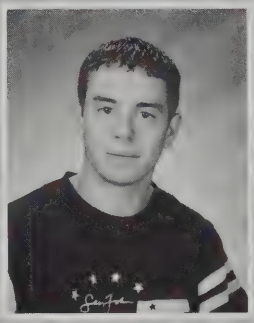
Nicole Fernandes
Member

Katie Snape
Member

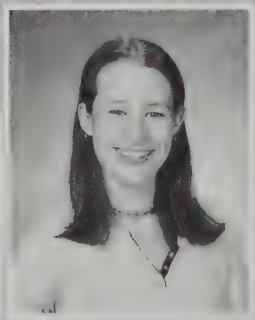
Jessica Ulrich
Member

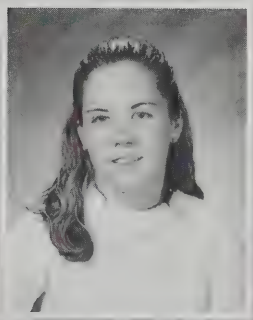
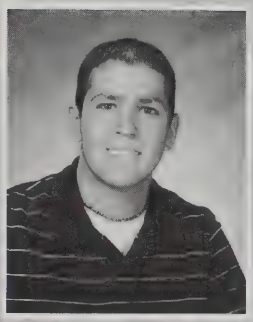
Ryane Watkins
Member

Tammy Adams
Colleen Aldsworth
Nancy Andrade
John Aparicio
Sade Ballanceau

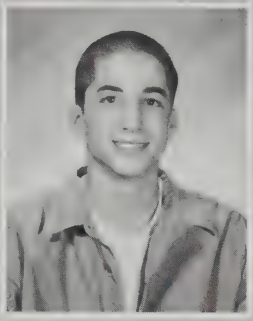


Jennifer Barlow
Courtney Baron
Kaitlin Beattie
Shayna Bennett
Jonathan Bizier

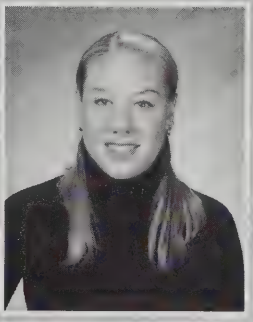


Brittany Bolduc
Brittini Boots
Cameron Boucher
Patricia Bradley
Kevin Bravo

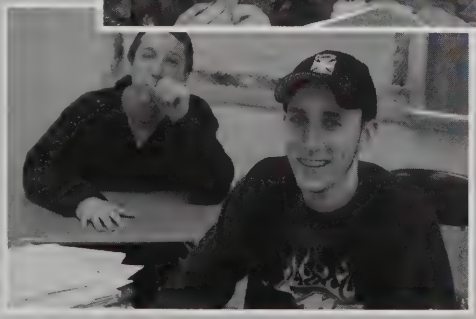


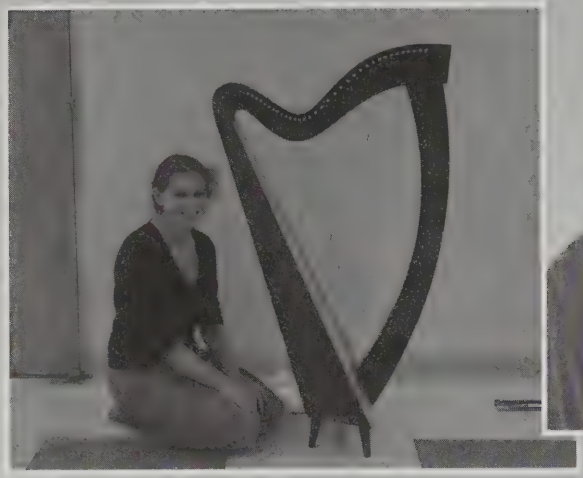
Alexandra Broomhead
Edward Buonanno
Kara Carlson
Marie Carolan
Stephanie Caron



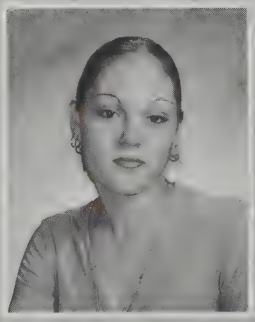
Kevin Carpenter
Nick Cash
Sarah Castino
Jennifer Cetenich
Sarah Chaves

Seth Clark
Lindsay Clarke
Jeffrey Correia
Katie Courtemanche
Ashley Curry

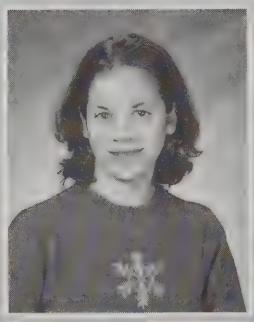




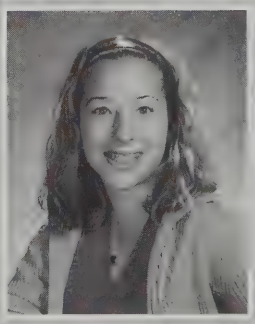
Ashley Dacanay
Malissa DaCosta
Eric Dallaire
Engelique DaPonte
Amanda Dean

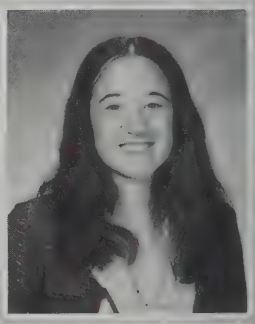


Justin DeBlois
Alicia DeCesare
Nicholas Delude
Samantha Demty
Keith Dion

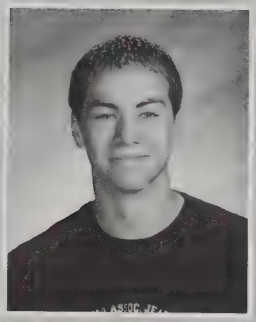


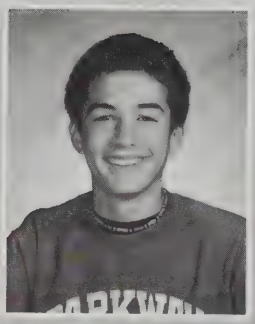
Jennafer Drohan
Kristina Duarte
Erin Eaton
Amanda Falls
Christina Faria



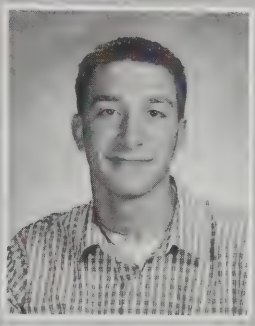


Derek Federico
Laura Ferguson
Brendan Fletcher
Zachary Fournier
Kaitlyn Fox

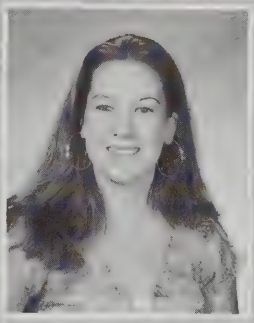
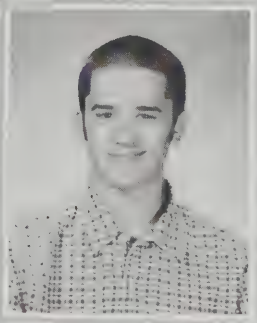




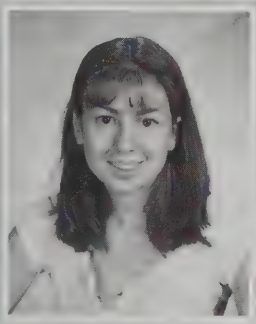
Bryan Galvin
Justin Gibbons
Rachel Gibbons
Neal Gibeau
Amanda Goodheart

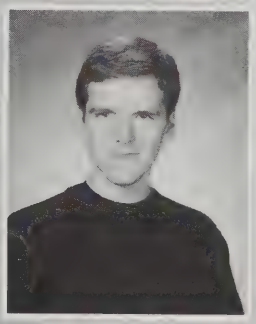


Caitlin Grant
Matthew Groves
Matthew Hendricks
Meghan Hoch
Elizabeth Holden

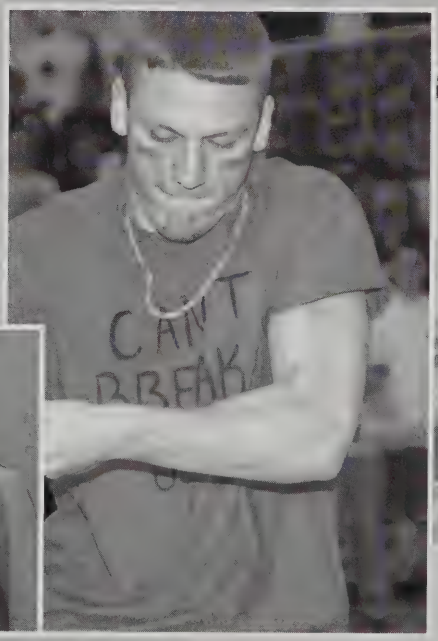



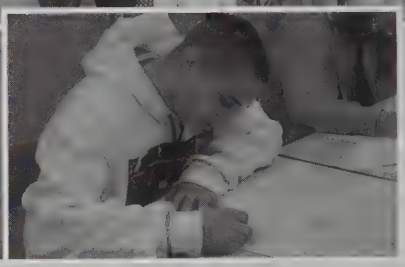
Ashlee Irons
Kimberly Jeannotte
Melissa Jodat
Brittany Johnson
Ian Jutras



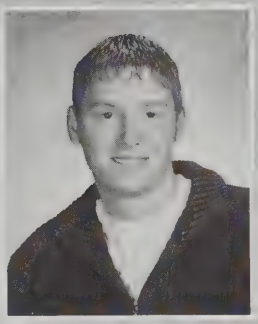


Nicole Kane
Stephanie Kane
Jaime Kaplan
Vanessa Karbowski
Grant Kellerman





Stephen Kinnally
Kayleigh Klegraefe
Sean Lauffer
Meredith Laurence
Jennifer LaValley



Nicholas Lavoie
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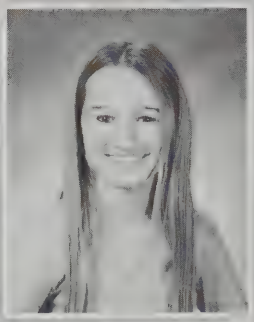
Shaina Leis
Amy Lepire
Kathryn Lesage



Ashton Long
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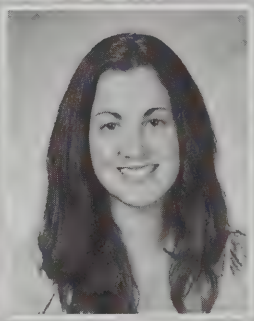
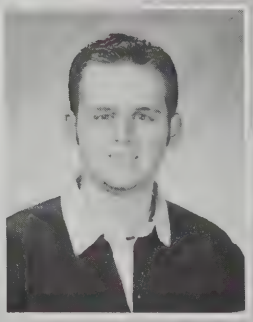
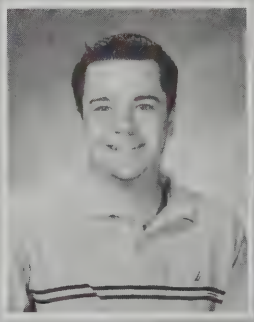
Vicky Machado
Kelly McCabe
Katherine McKenna

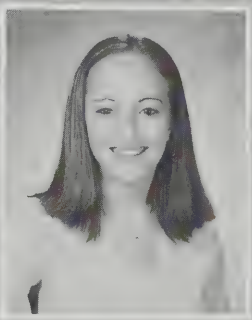


Jonathan McNulty
Christopher Medberry
Michael Menard
Sean Nicholas
Derek O'Leary



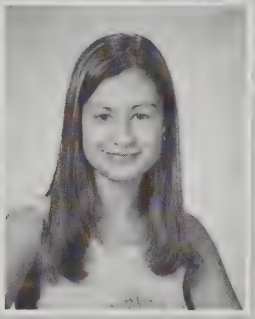
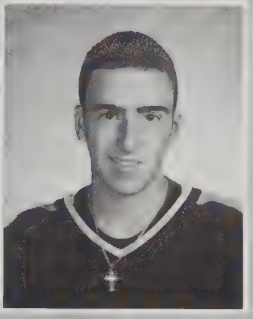
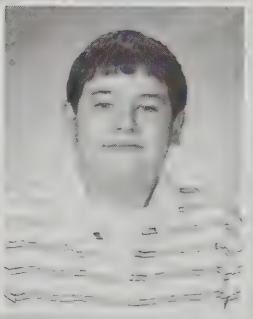


Audrae Oliveira
Kayla Paquin
Jonathan Pardini
Kathleen Pedroso
Michael Perlman



Tiffany Pfeiffer
Ashley Pimental
Heather Pinault
Mari Poliquin
Sarah Provencal

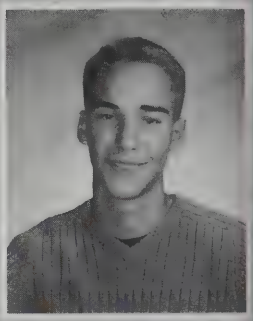
Joshua Pyron
Sarah Quadros
Michael Rijo
Sarah Rodgers
Nicholas Rondeau

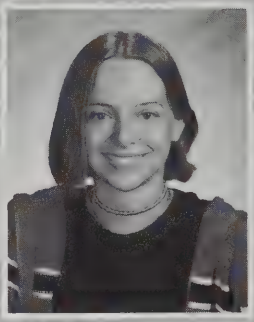
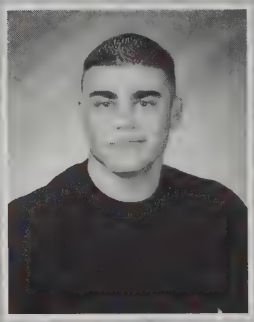
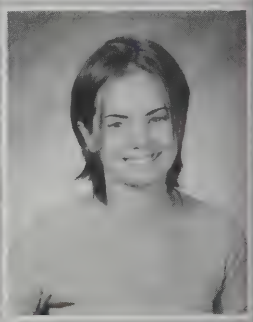
Matthew Rose
Meaghan Sanders
Diana Simas
Ryan Soares
Nicholas Sotis

Keri Sousa
Joseph Spano
Andrew Swallow
Nicole Sweeney
Alicia Sylvia

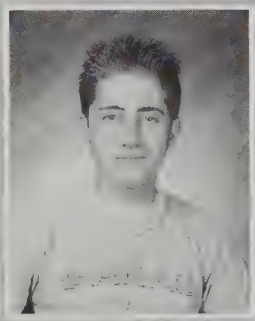
Haleigh Sylvia
Krystle Szala
Laura Tavares
Philip Tavares
Robert Tavares



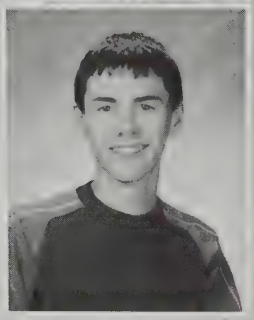
Sabrina Taylor
Jessica Teixeira
Nicole Terrien
Trevor Thurber
Lindsay Trahan

Matthew Troia
Nicholas Vanasse
Cailyn Velardo
Ryan Vitacolonna
Stephanie Xavier

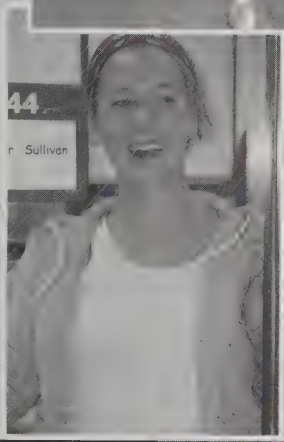


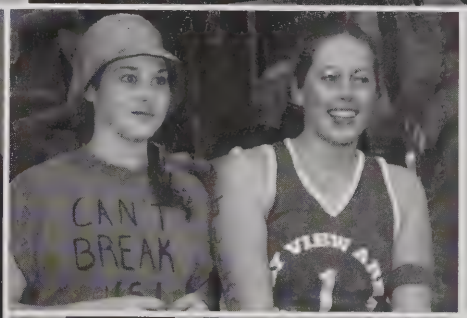
Karl Yando

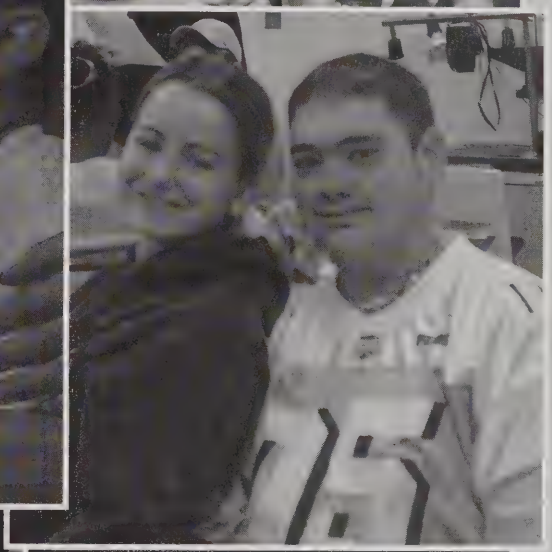


Pictures Not Available:

Richard Amaral
Kenneth Baker
Jennifer Barney
Timothy Bass
Jessyka Blake
Trevor Butterworth
Jonathan Cady
Kelly DaPonte
Andrew Fazekas
Violante Gomes
Stephen Holmes
Nicholas Joannidi
Steffan Kelly
Michael Lacerda
Brian Medeiros
Kimberly Miller
Nikki Nunes
Stacey Parris
Andrew Paulo
Cory Potter
Randy Resendes
Richard Serpa
Lizabeth Sweetland
Matthew Tameo
Joseph Whittaker
Dominic Young



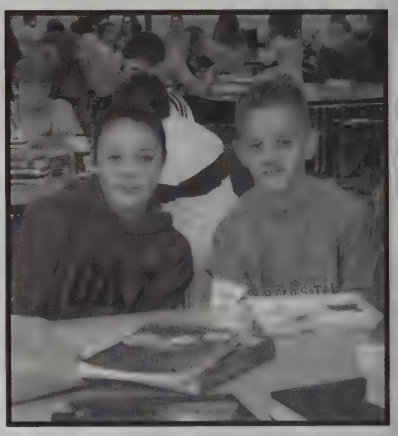

CAN'T
BREAK

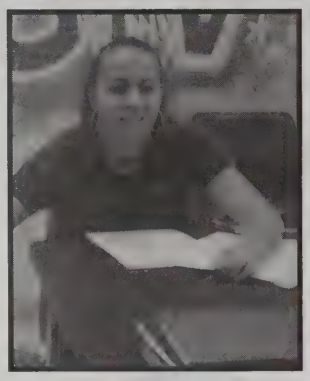


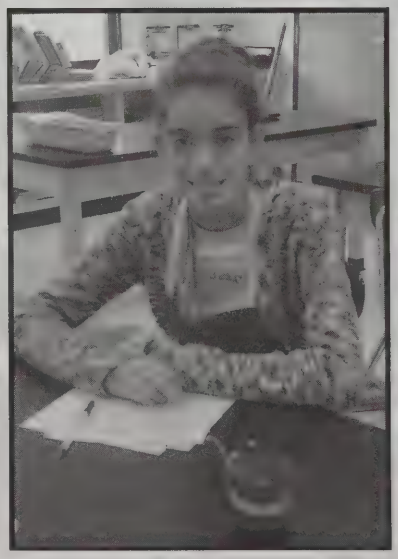
CAN'T
BREAK

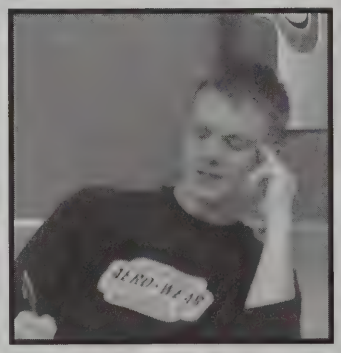
SLEKONK

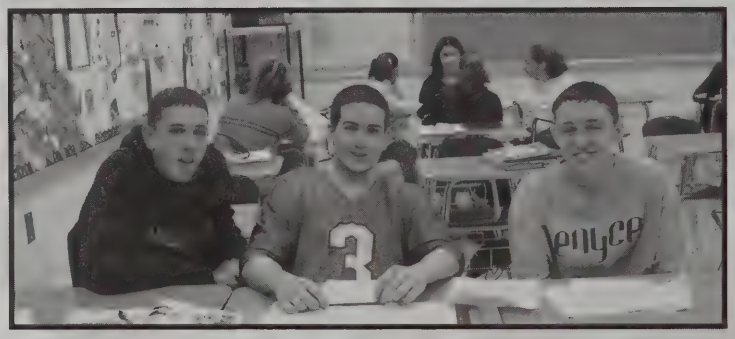
Class of '05



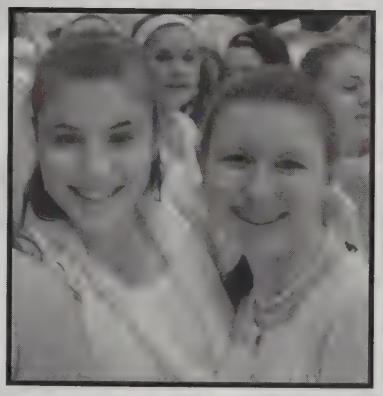


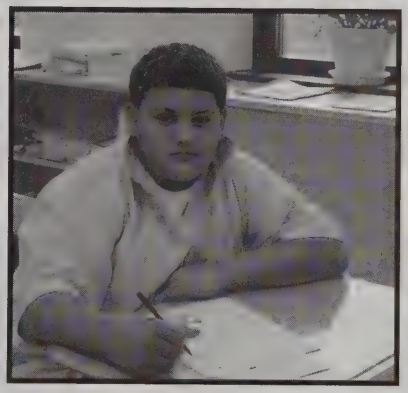


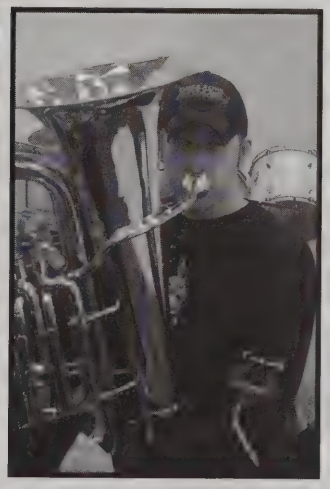




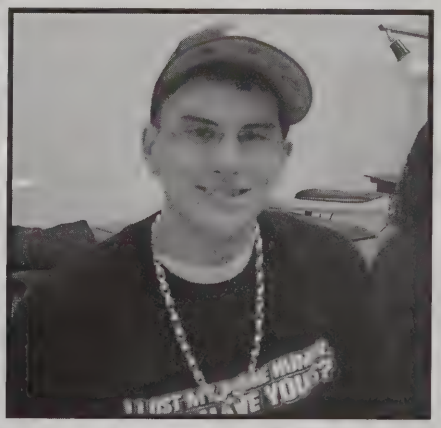
RISK







ABERCROMBIE

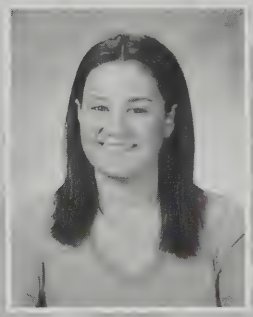


CLASS OF 2005

Kassi Benson
Chairperson

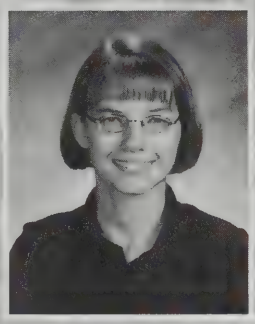
Kayla Sylvia
Member

Class Council Officers



Amanda Baron
Member

Haley Sisson
Member

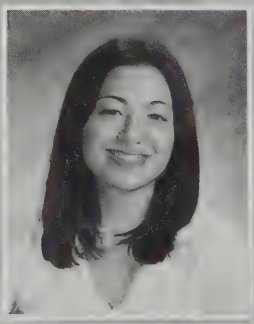


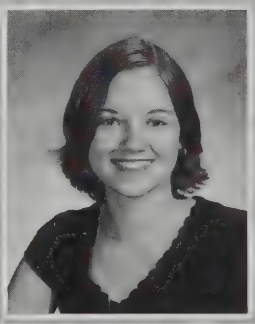
Amey Blackburn
Member

Michelle Ciccio
Member

John Ferreira
Member

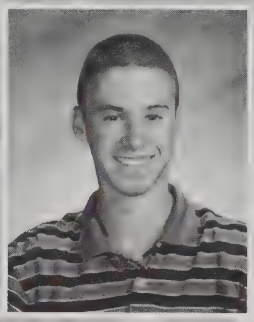
Annie Abelson
Brian Amadio
Sara Antuono
Rachel Auclair
Christine Banna



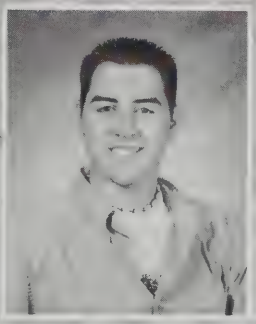


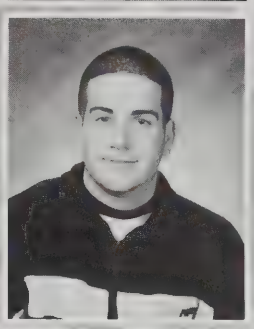
Melissa Barboza
John Beaulieu
Rachel Bennett
Peter Bourque
Holly Brown

Stephen Buckley
Melissa Buffery
Mathew Burke
Sarah Buttrick
Sarah Carolan

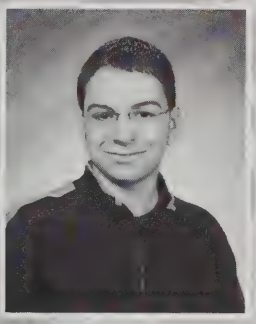
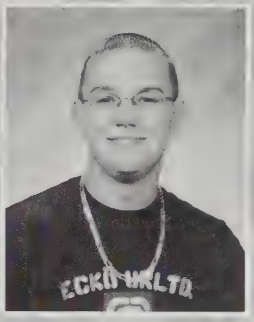


Anthony Castro
Megan Cavanaugh
Kevin Chan
Joseph Charlonne
Brad Charpentier

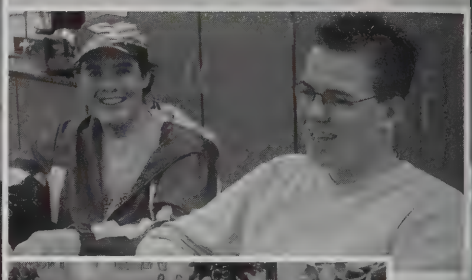




Corey Charron
Patrick Cleary
Frank Conn
Ashley Cordeiro
Jacob Coyle

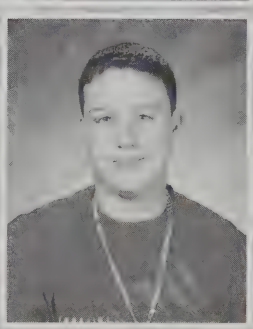
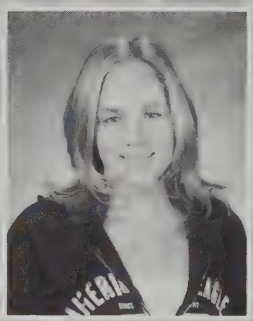



Jenny Cristino
Pamela Cummings
Victoria Dalesio
Marc Dallaire
Carl Danielson

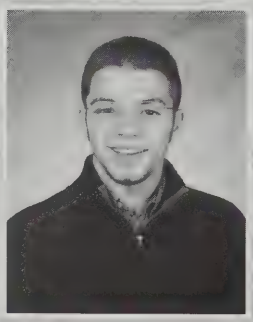


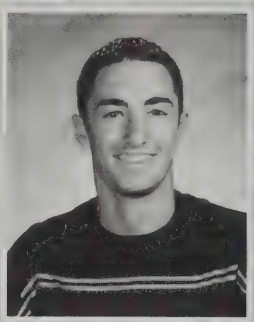
Courtney Danielson
Marta daSilva
Courtney DeLange
Bianca Deluca
Kimberly Delude

Caitlin Divver
Zachary Easley
Kevin Emmett
Kara Ernst
Katherine Everett

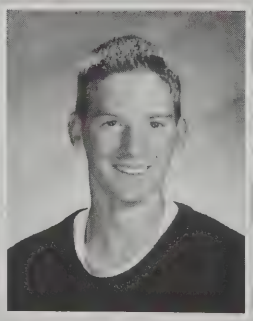
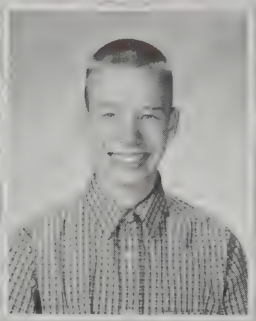



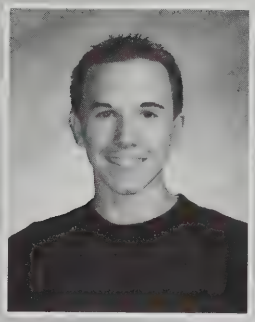
Jeffrey Fernandes
Michael Ferrara
Caryn Fitzpatrick
Evan Foisy
Emily Fox

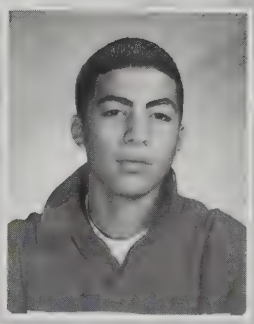




Brendan Galvin
Matthew Gancz
Colin Gendreau
Mary Gibbons
Mary-Ann Gomes

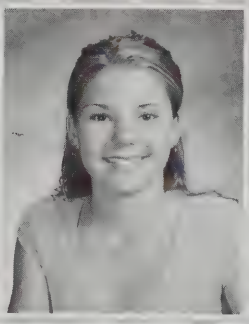
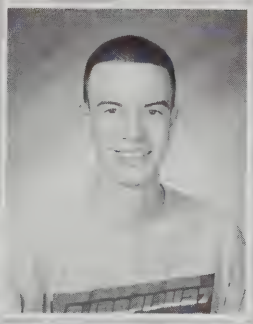



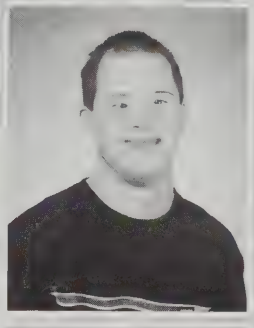




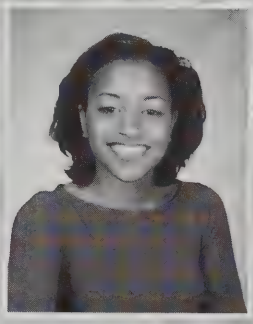
Lance Greggerson
Chelsea Hall
Craig Johnson
Drew Josefson
Daniel Joseph

Emily Jutras
Kassiani Kamaris
Patrick Kane
Laura Kearney
Katya Kouptsova

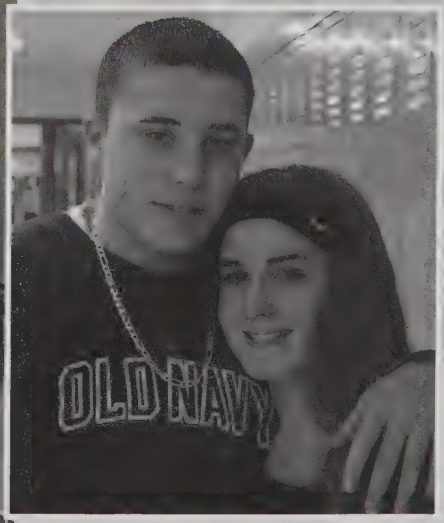



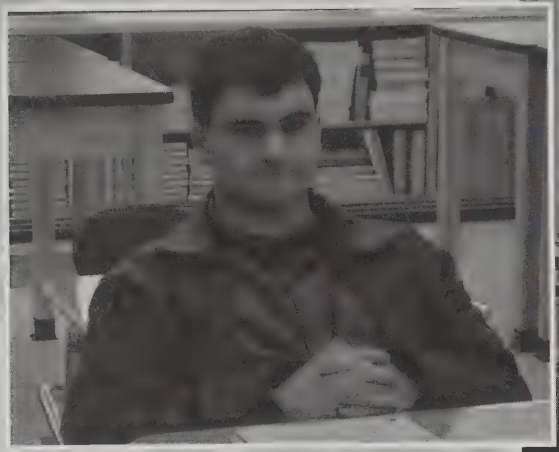


Staci Lamoureux
Kate Larkin
Christopher Leclaire
Kristen Leonard
Jason Lesage

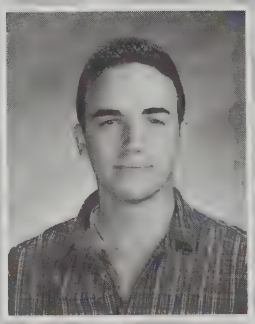
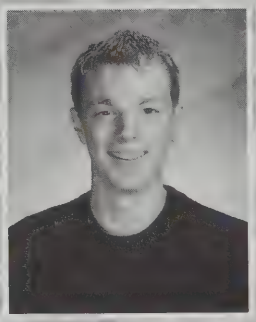
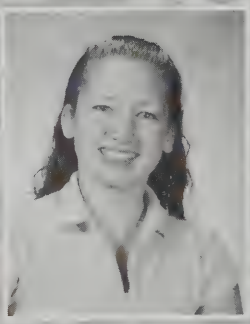


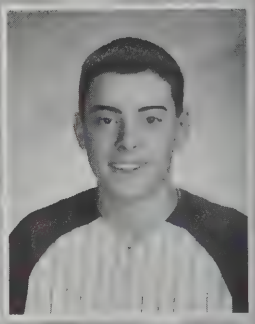
Beth-Ann Letendre
Malissa Lopes
Shana Lopez
Caitlin Lucke
Valerie Marcil





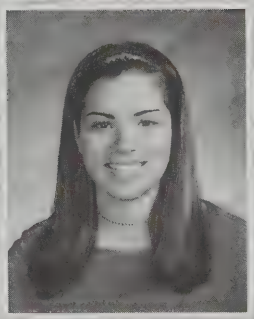
Justin Markley
Christopher Marovelli
Caitlin Mastalerz
Sean McBride
David McConnell

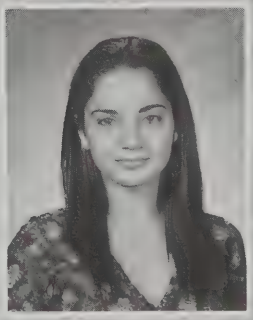


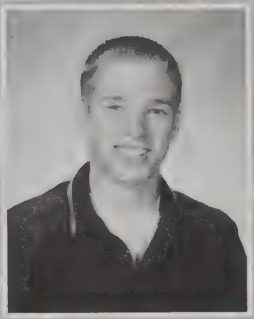
Jayme McGovern
Arielle Miles
Ashley Munroe
Danielle Nunes
Lauren O'Flanagan

Brittany Oliveira
Jennifer O'Neill
James Ostendorf
Daniel Paradis
Steven Pardini



Sarah Parente
Hinal Patel
Tyler Percival
Corissa Perry
Krista Perry



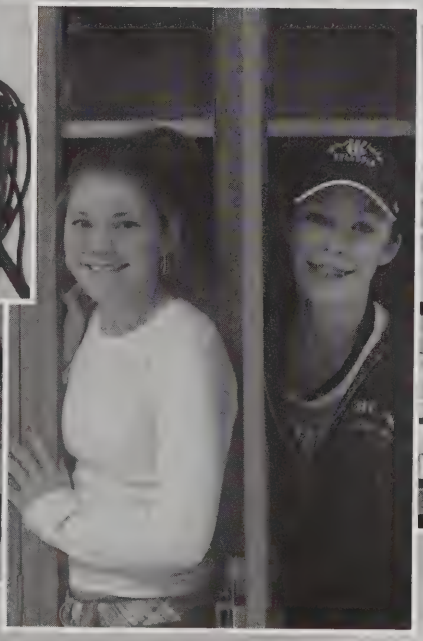


Nathan Pickering
Michael Pimental
Ashley Pincins
Kaitlyn Pratt
Caitlin Pyron

Sadie Rebello
Caitlin Richardson
Laura Rinderer
Jennifer Rogers
Pamela Sagar

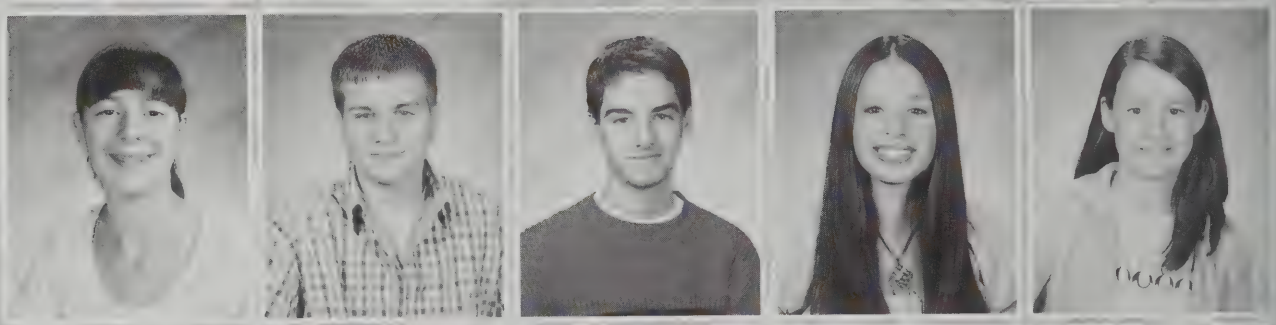
Katelyn Saleeba
Zachary Saleeba
Mishelley Santiago
Jeffrey Seal
Caitlin Sherlock

Lily Shield
Jennifer Silva
Gabriela Simonetti
Ryan Smiley
Taryn Smith



Joshua Sochin
Daniel Sousa
Jeffrey Sousa
Elizabeth Souza
Michael Spano

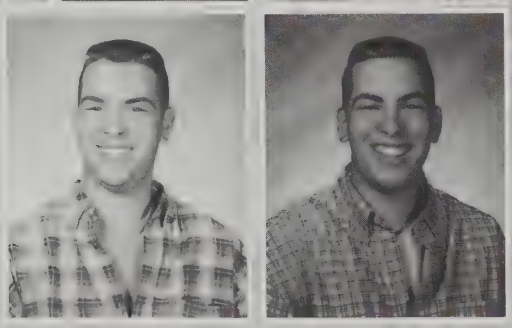
Kayla St. George
Andrew Sutherland
Kyle Sylvia
Lauren Tavares
Sarah Taylor



Julie Thayer
Taylor Van Ahnen
Erin Vecoli
Dean Venuti
Monica Vieira

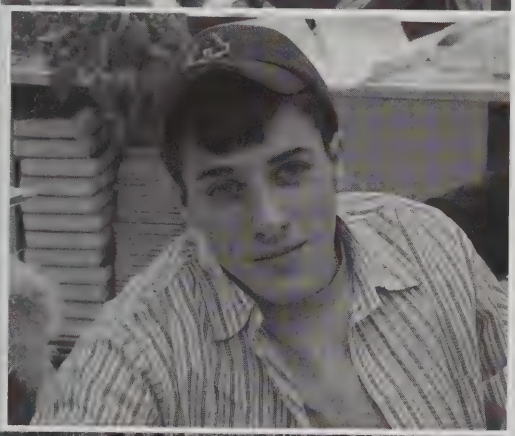
Ashley Viveiros
Heather Weaver
David Wheatley
Samantha Wildenhain
Kenneth Williams

Adam Woynar
Zachary Woynar

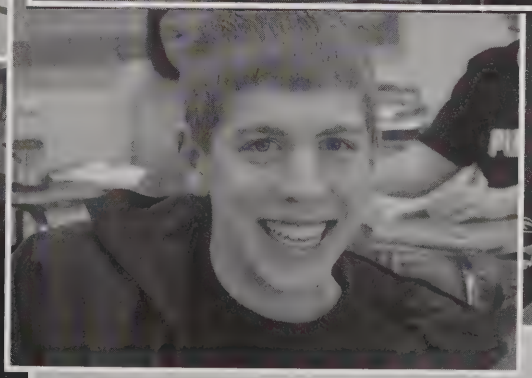
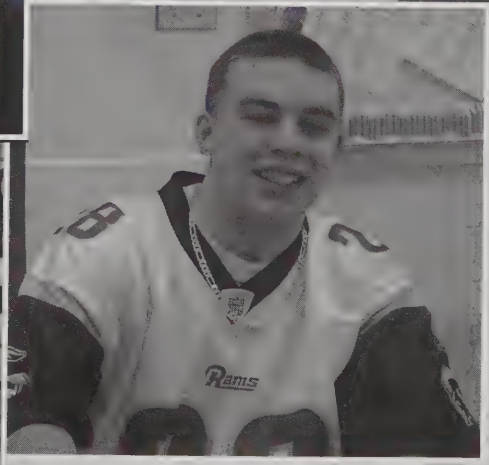


Pictures Not Available:

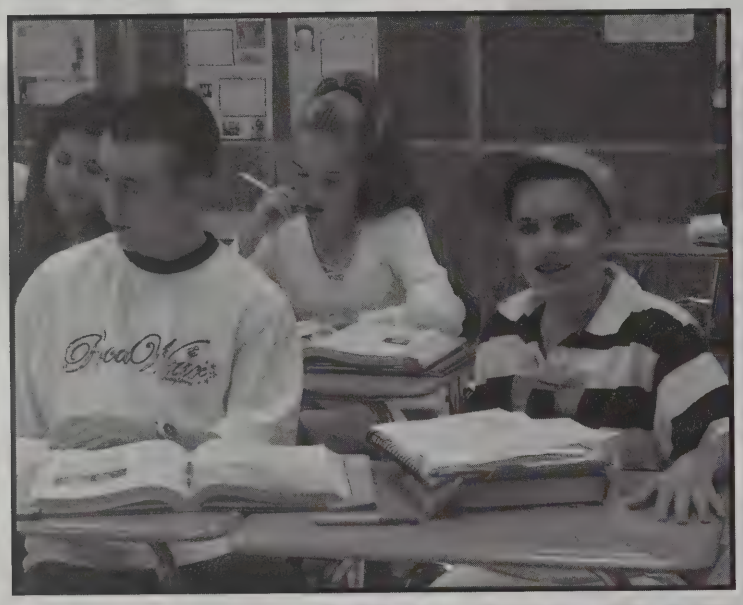
James Belmont
James Borges
Aja Briggs
Jesse Callahan
Edward Clark
Melissa Clarke
Kayla Cruz
Michael DaSilva
Rachel Denham
Alexander Hoss
Cailyn Laflamme
David LeBeau
Gregory Pangborn
Todd Parmentier
Anita Patel
Falguni Patel
Parul Patel
Jessica Perkins
Corey Pietrunti
Shane Ruffel
James Salvatore
Devin Schio
Shane Soper
Joshua Sullivan
Austin Sylvia
Justin Travassos
Megan Walls

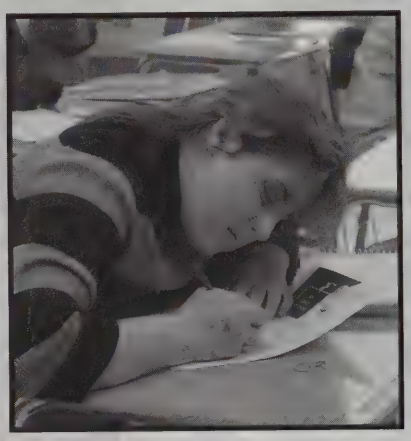


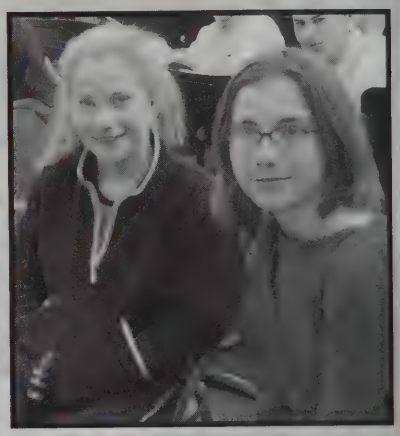
SPLIT

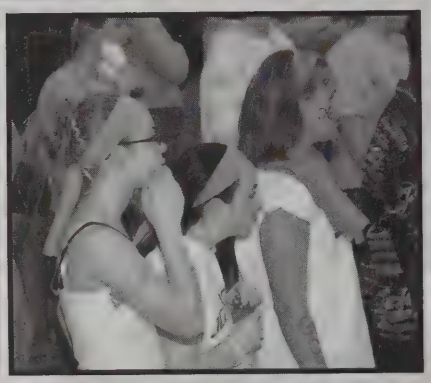


Rams

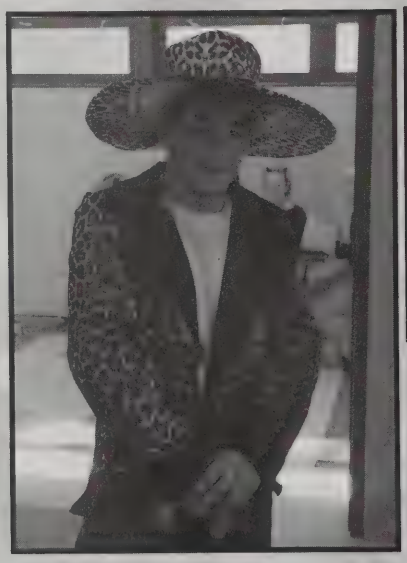
Class of '06

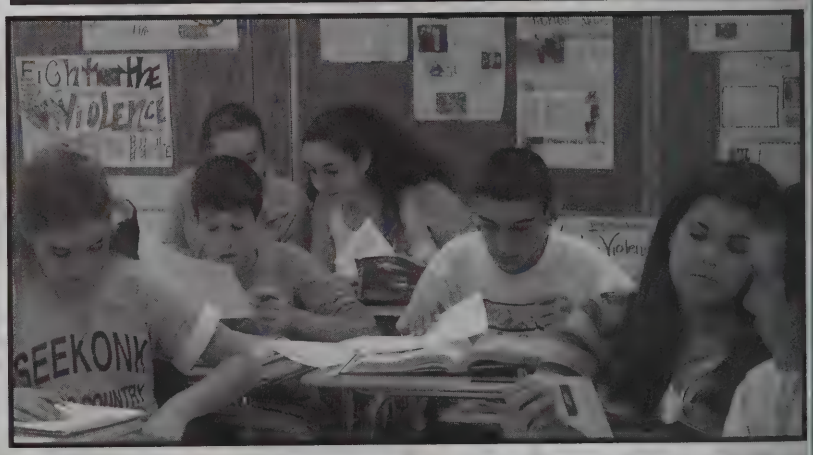


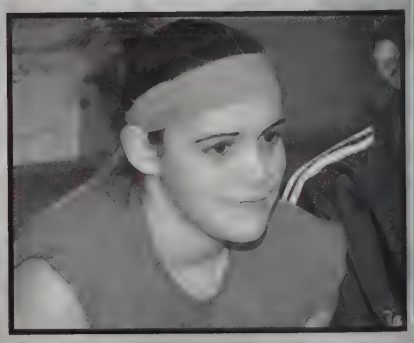


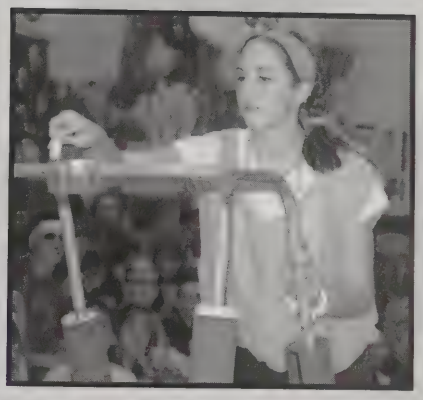


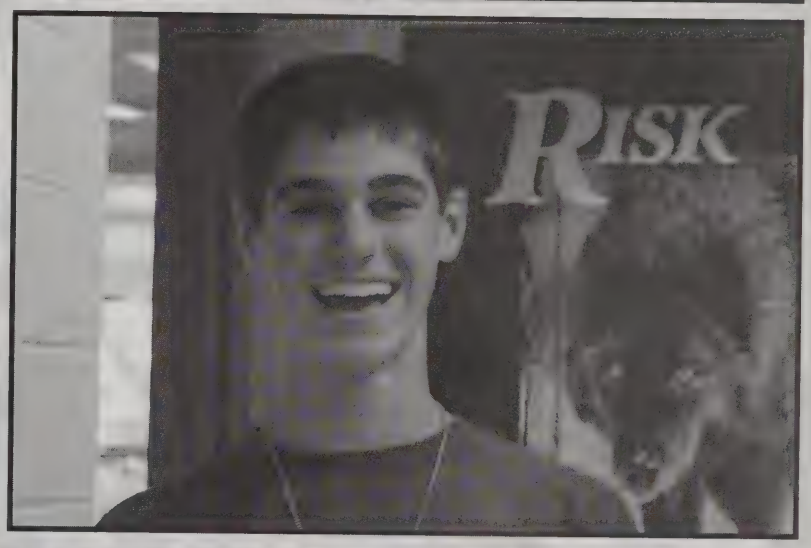


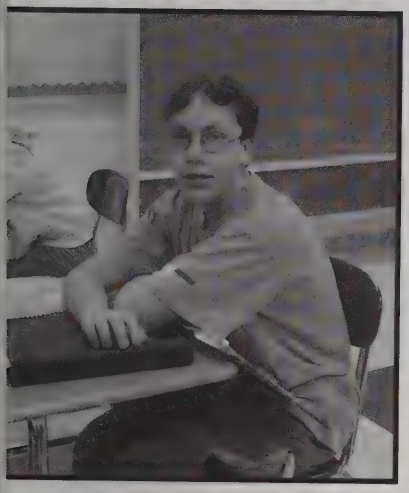


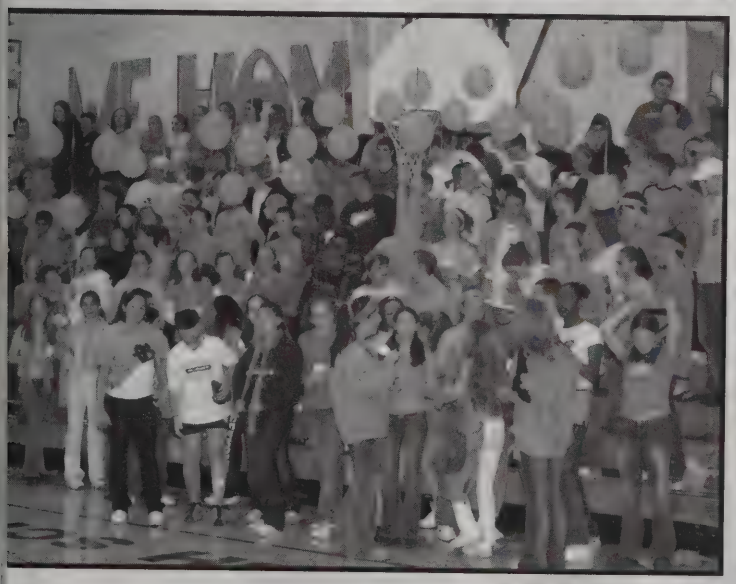


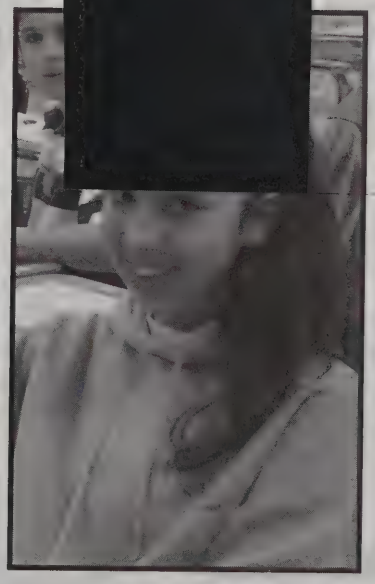





RISK



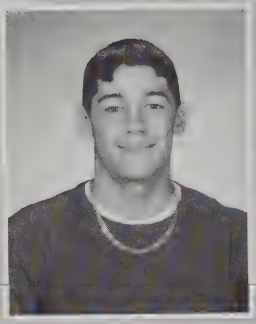




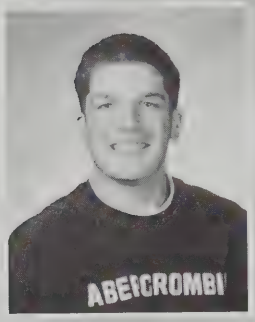
CLASS OF 2006

Class Council Officers

Grace Fitzpatrick
Chairperson


Taylor Horton
Member

Amanda Keegan
Member



Matthew Langevin
Member

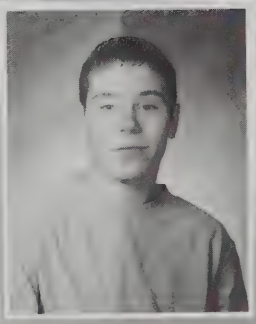
Sara Laprade
Member

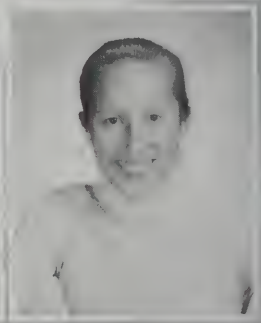
Nichole Mitchell
Member

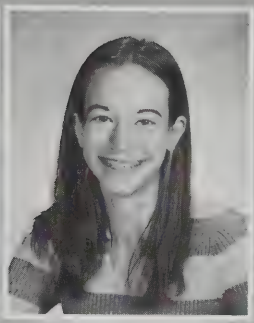
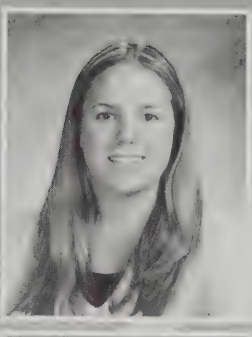
Erik Yando
Member

Nicole Amaral
Joey Andrade
Daria Antonov
Jason Azulay
Kari Barboza

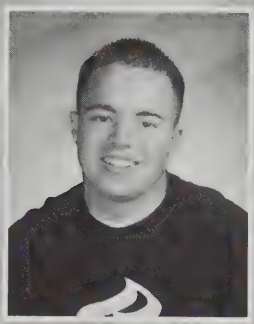
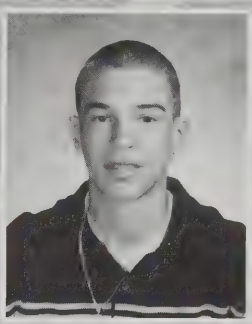
Ashley Bell
Jason Bennett
Alexandra Berard
Stephanie Berube
Brittany Bilodeau



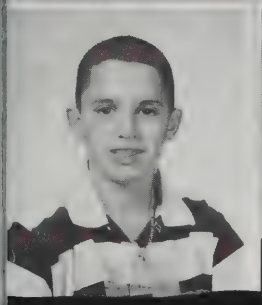


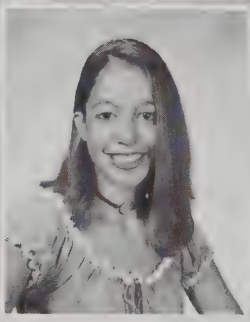
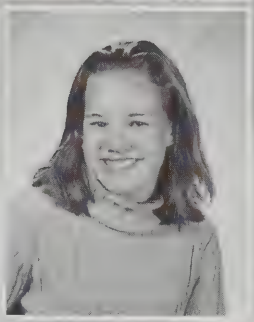
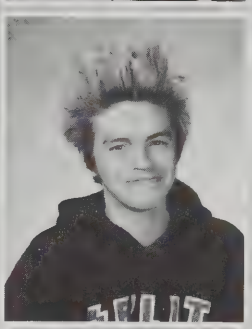



Matthew Botelho
Megan Brask
Adam Brown
Leigh Carden
Haleigh Carlson

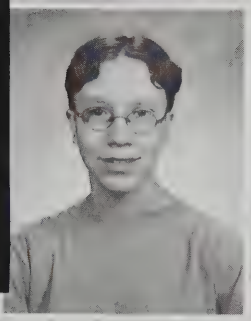



Torrance Carpenter
Tori Carroll
Shane Cassidy
Peter Cavas-Mitson
Charles Chadsey

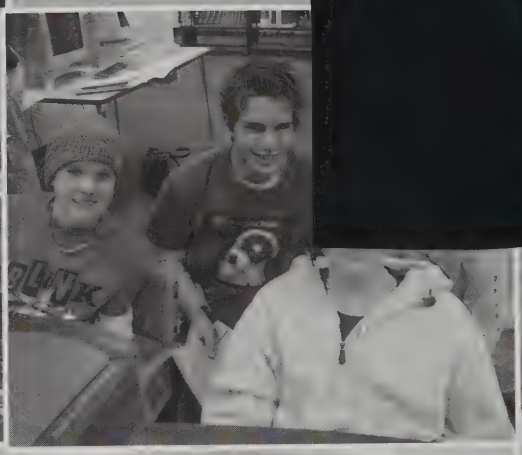


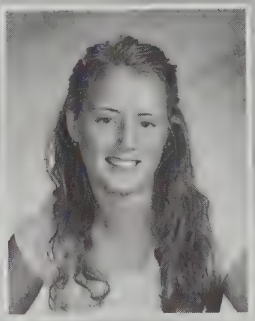
Kory Chapman
Steven Charlonne
Jaime Chaves
Lauren Chu
Keith Churchfield



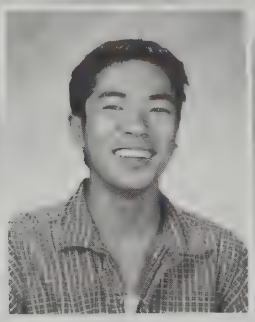
Sara Cokonis
Lucas Correia
Allison Curry
Caitlin Corry
Brian Costa



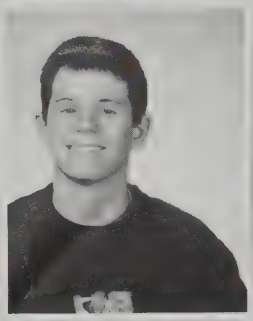
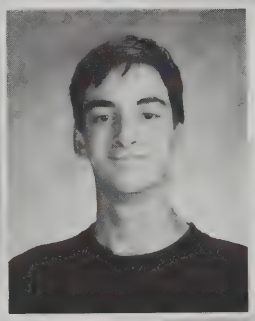
Chelsea Dacanay
Bethany Daigle
Kelsey Dalton
Jocelyn Danielson
Amanda DaRosa



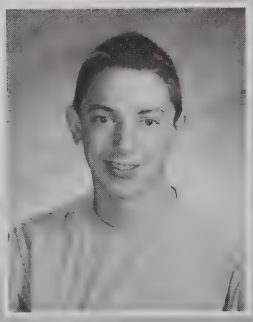
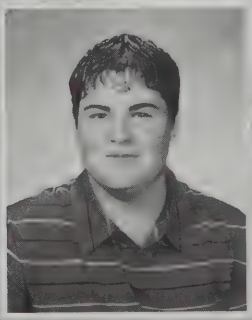
Amanda Deavellar
Eric Deblois
Mallory Demty
Justina DeSenna
Ryan Dorsey



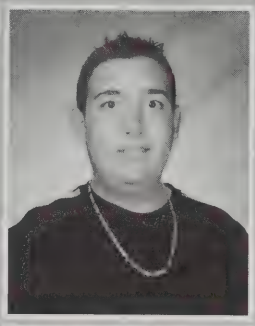
James Drohan
Tyler Dubuc
Sean Duffy
Taylor Duhamel
Melissa Dyer

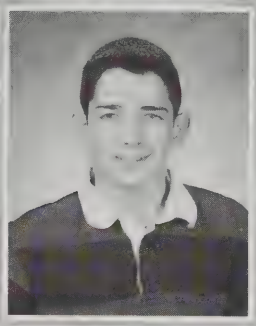
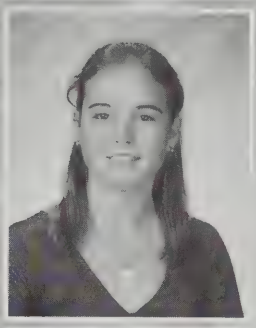



Elias El-Hachem
Jennifer Faria
Seth Fiero
Theodore Fournier
Andrea Furtado

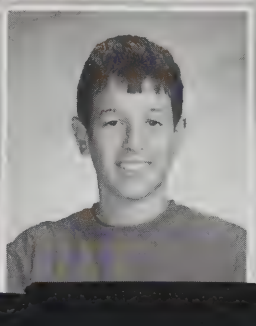



Emily Gadbois
Ronald Gagne
Allison Garlick
Katie Geoffroy
Ryan George



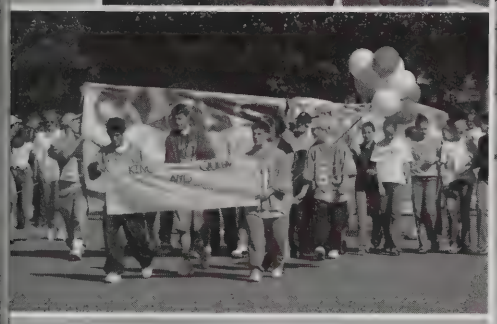
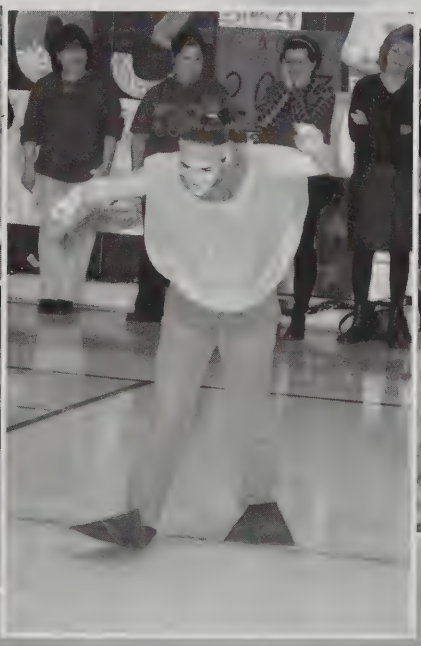
Stephanie George
Robert Gosselin
Myles Goulart
Raymond Grant
Rachel Gregorek

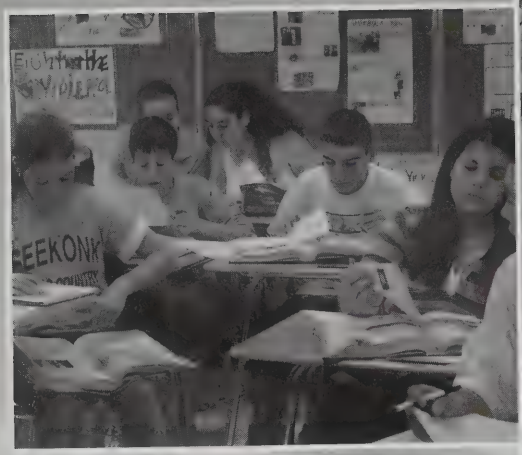


Kristen Gridley
Alessandra Grima
Lauren Hall
Patrick Hayward
Kendra Heroux

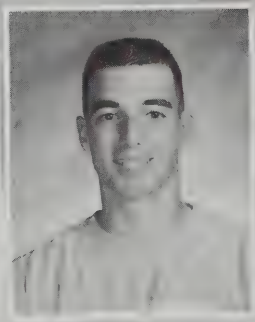
[redacted]

Amanda Hetu
Elizabeth Hinton
Amy Impagliazzo
Alexandra Karas
Brittney Karns

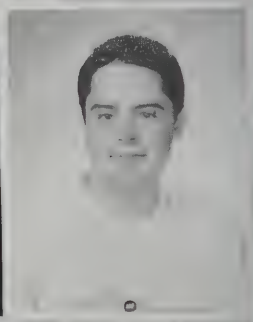





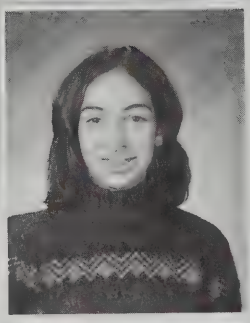
Amanda Keegan
Craig Kennedy
Megan Kerrins
Casey Kingston
Daniel Kirkpatrick



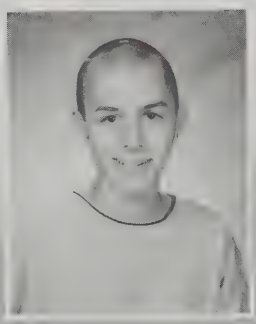
Ryan Lantagne
Steven LaPietra
Michael Lapre
David Larrimer
Brian Lavall

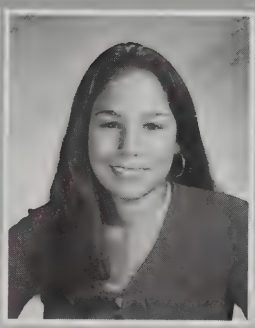


Kristen Lavoie
Jonathan Lee
Meghan Lemay
Sarah Lepire
Jessica Lesage

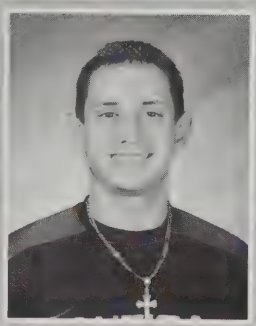
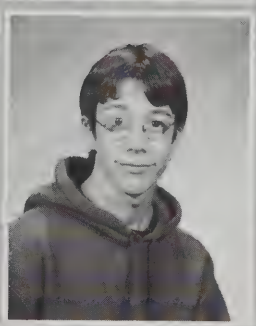


Michael Lewis
Joshua Lima
Laura Lombardo
Casey Lonschein
Mark Mariano

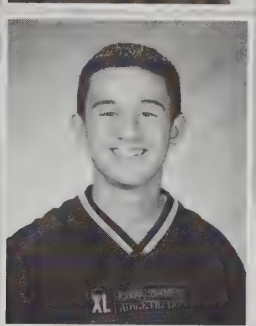


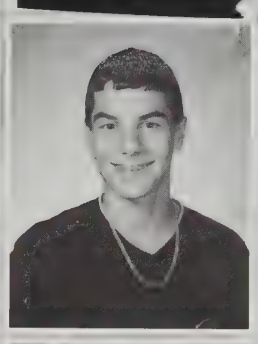


Christopher Martin
Vanessa Martins
Jennifer McCaffrey
Chelsea McEnery
Erica McGill

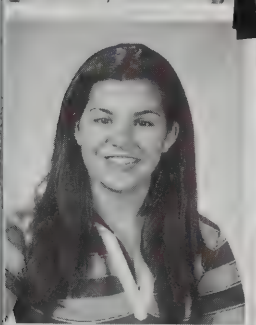
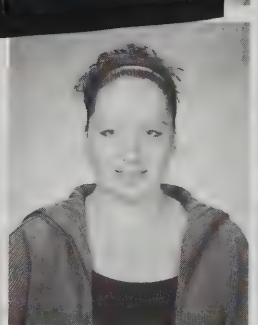



Ashley McKenzie
Edward Medeiros
Joseph Mello
Tina Menard
Andrew Metivier

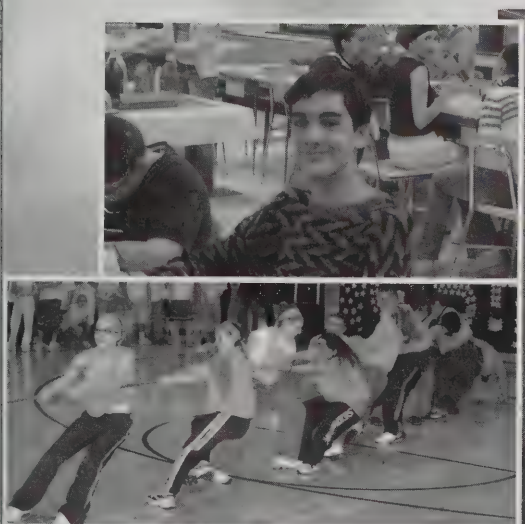


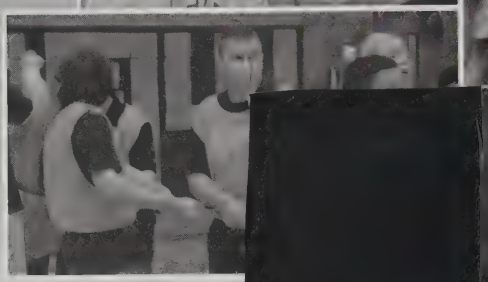


Cortney Moniz
Angela Monteiro
Kyle Nicholas
Kyle Nicholson
Ryan O'Flanagan

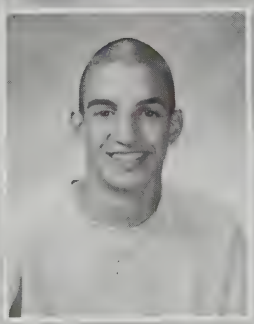



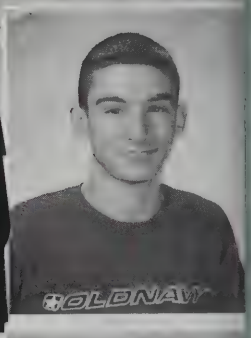
Courtney Oliveira
Haley Oliviera
Sean Pate
Bhavin Patel
Katie Peacock



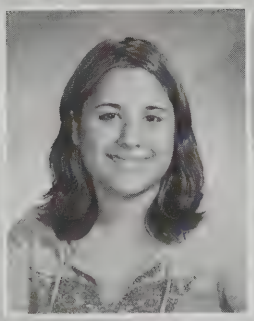


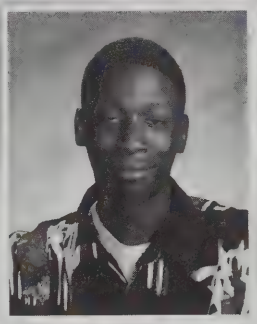
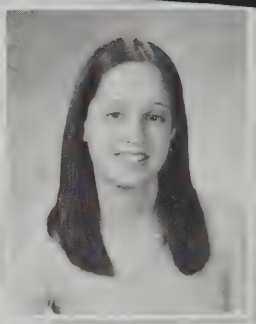
Andrew Pereira
Courtney Pereira
Nicholas Phillips
Julia Pires
Nicholas Rainho





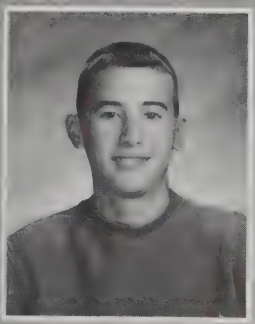
Sarah Rapp
Katlynn Reis
Samuel Rene
Corissa Renquinha
Marcia Robbins



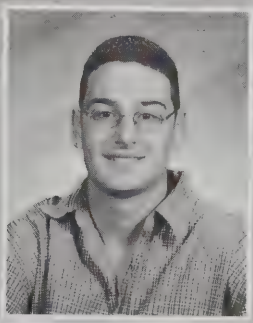
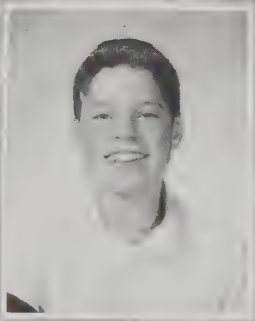



Kimberly Robin
Amanda Romano
Allison Rose
Kathy Roy
Victoria Sagar

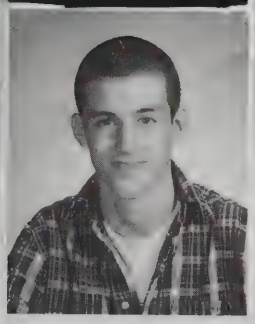
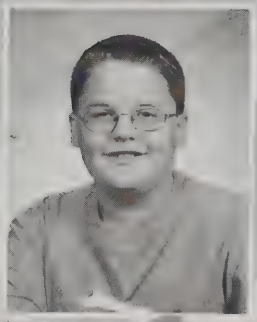
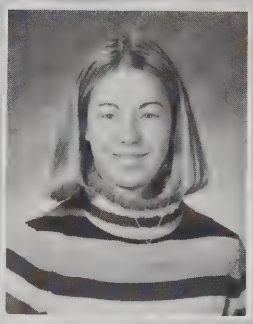
Matthew Sanders
John Santos
Andrew Sceeles
Nicholas Scott
Megan Seyboth



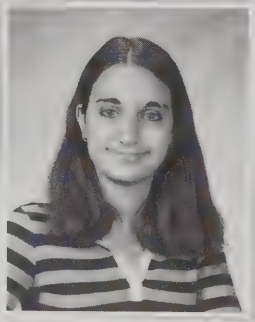
Timothy Sherrerd
Kristen Silva
Elizabeth Sladen
Kelley Sloane
Emily Smith

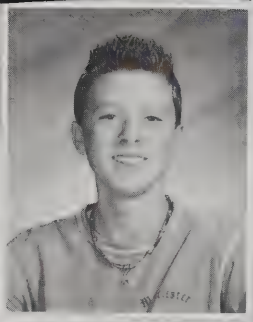
Madison Smith
Nicholas Sousa
Elias Souza
Michael St. Germain
Chelsea St. Hilaire

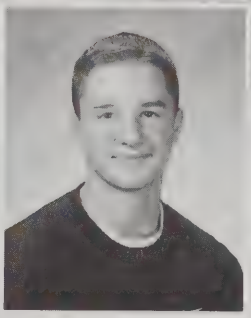




David Stafford
Kevin Swiechowicz
Jessica Szala
Crystal Tavares
Jessica Tavares

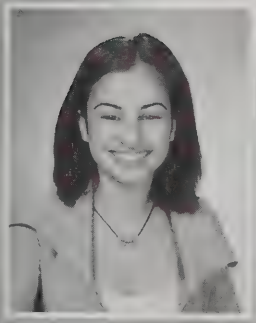


Robert Terrien
Eric Tirado
Ashley Titone
Elaijah Tousignant
Meghann Tullie





Brian Turgeon
Corey Ulrich
David Valentine
Cara Valvolotis
Matthew Viens



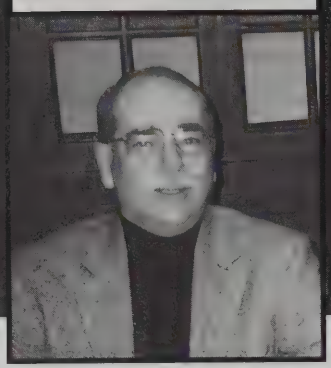
Ajia Watson
Nicole Whyte

Pictures Not Available:

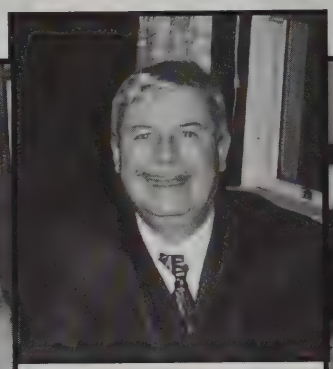
Patrick Abrams
Matthew Alix
Joshua Amaral
Corey Arruda
Daniel Arruda
Jilian Azevedo
Justine Baker
Kari Barboza
Jessica Bastow
Sean Beattie
Scott Boss
Ashley Bowers
Gregory Calandra
Raymond Chan
Xaiver Greason
Daniel Higgins
Nicholas Hoyas
Evan Kane
Caitlin Kilcullen
Heather Leung
Jessica Morris
Kaitlin Mullin
Kyle Nadeau
Brian Rainey
Kayla Reilly
Matthew Saludade
Arianne Soleymanloo
Gerald Spano
Corey Swanton
Joshua Terceira
Lee Trahan
Kristen Vasconclos
Lyle Willson
Mei Zheng

Who's Who at Seekonk High

Dr. Raleigh Buchanan
Superintendent of Schools

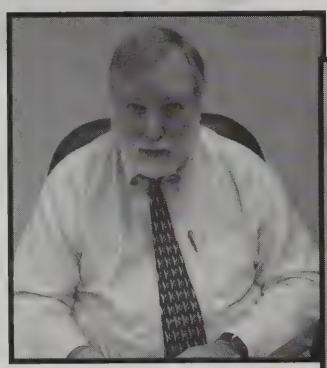


Mr. Kevin Hurley
Assistant Superintendent

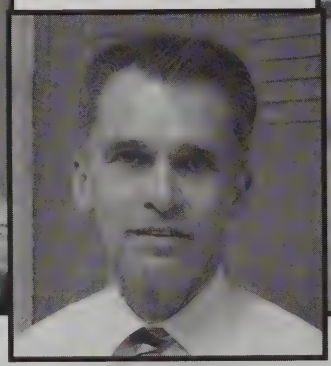


Mr. Joseph Delude
Asst. to Superintendent for Business & Operations

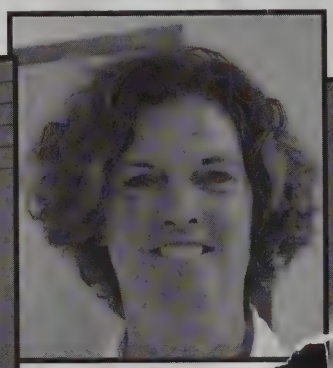
Ms. Patti Co
Princip



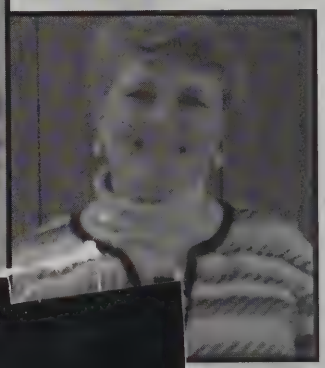
Mr. Frederick Nelson
Assistant Principal



Dr. Emile Chevrette
Assistant Principal

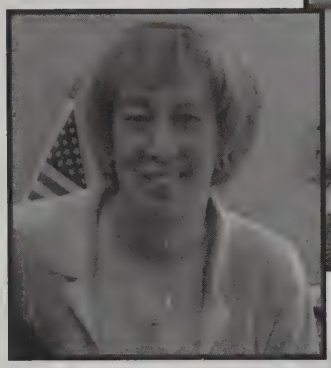


Mrs. Arlene Bosco
School Psycholog

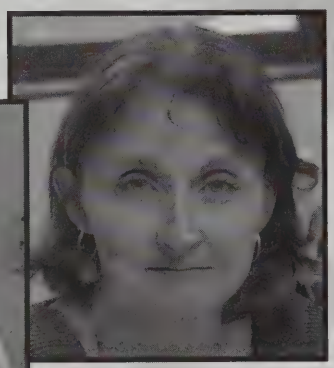


a Rok
urse

Administrative Secretaries

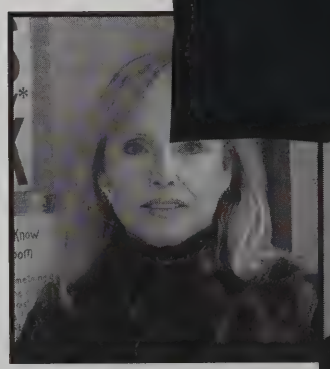


Mrs. Gini Chianese

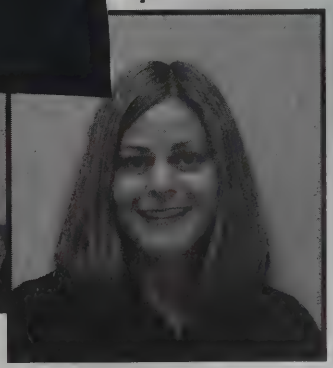


Mrs. Karen McKenna

Department

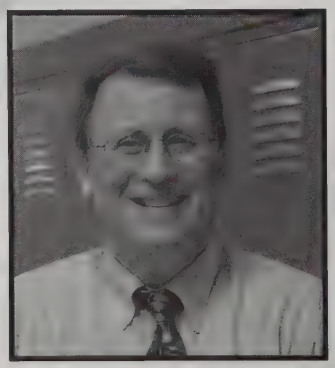


Miss Nancy Corrigan



Mrs. Hilary Farrow

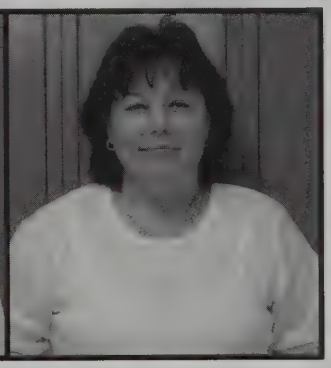
School Librarian



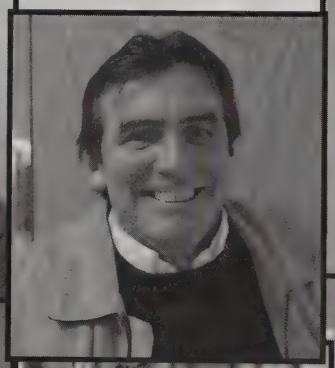
Mr. Michael Callaghan

BEST Program

Mrs. Eve Marie Gulick



Mrs. Dolores Berube



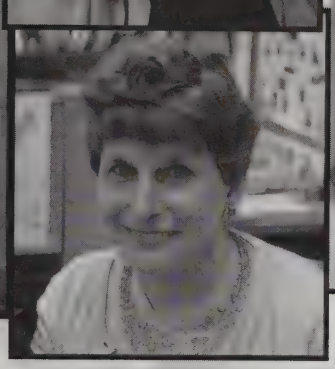
English Department

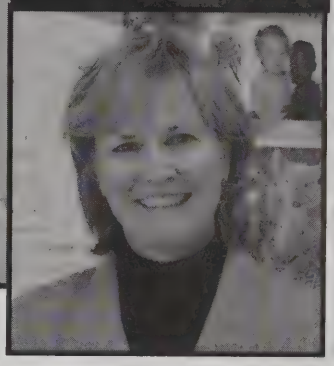
Mrs. Mary Ann Brayer

Mr. Fred Crippen

Mrs. Janet Fitzgerald

Ms. Nancy Kelly





Mrs. Heather Kinniburgh

Mrs. Paula Krauss

Mrs. Cie McAloon

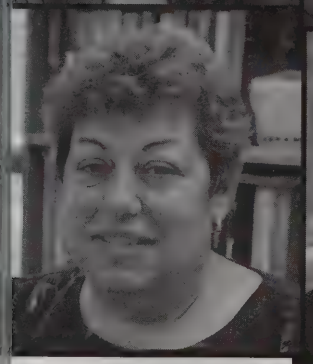
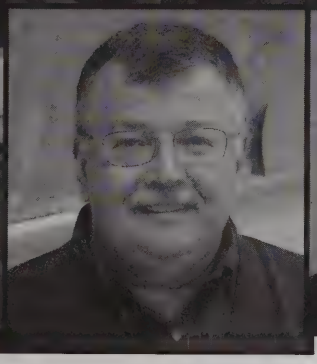
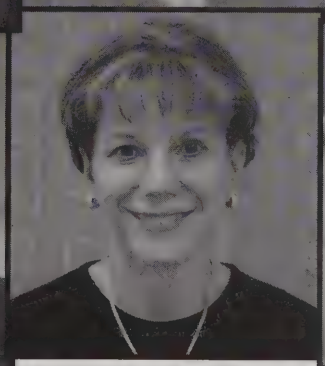
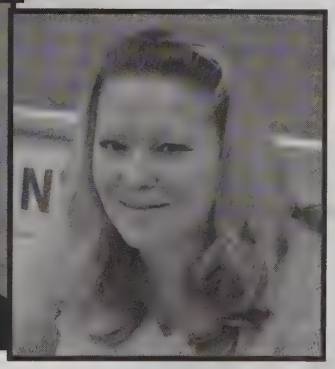
Mrs. Julia Simpson

Math Department

Miss Jennifer Almeida

Mrs. Karen Cunha

Dr. Phyllis Dupere

Mrs. Linda Horton

Mr. Tom Sullivan

Mrs. Linda Limperis

Ms. Elizabeth Russell

Lunch Ladies

Top Row: Mrs. Vicky Trahan, Mrs. Linda Medeiros, Mrs. Debbie Souto, Mrs. Diane Clarke

Bottom Row: Mrs. Sue Hollis, Mrs. Marie Rennick, Mrs. Lynn Salvail

Who's Who at Seekonk High

History Department

Miss Michelle DeBrum

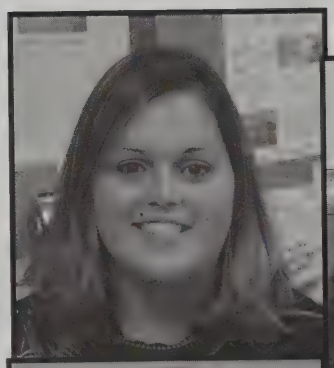
Mr. Kevin Mahoney

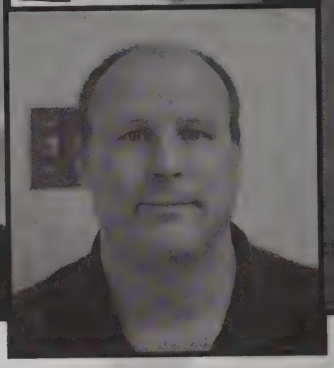
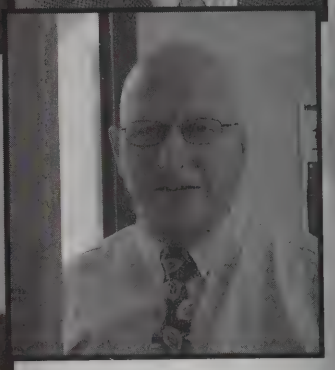
Mr. Michael Petrucci

Mrs. Siobhan Ryan

Mr. Gregory Winsor

Dr. Gil Woodside



Science Department

Mrs. Melissa Bienvenue

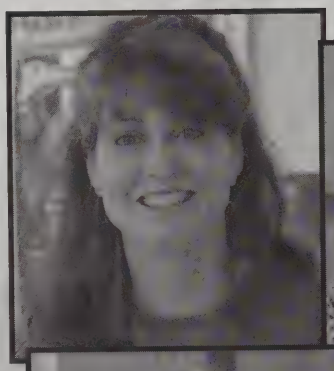
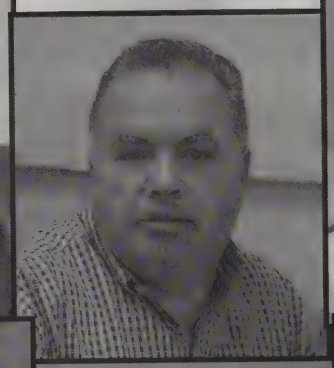
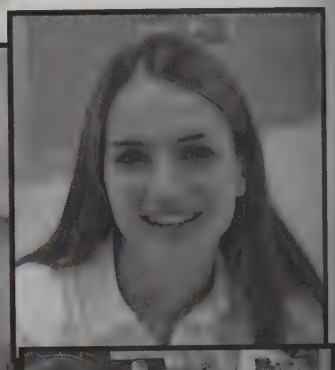
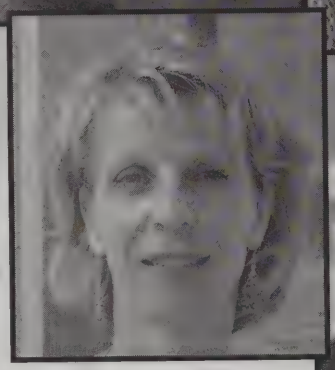
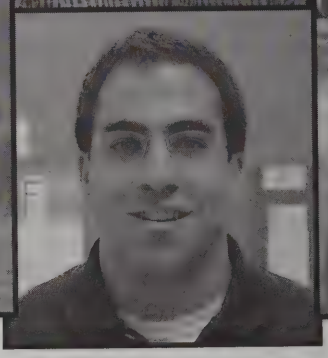
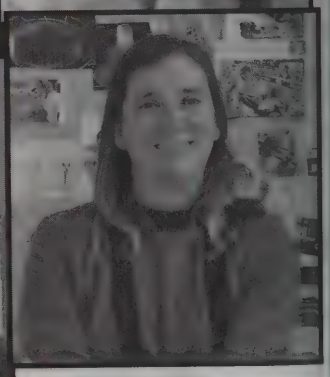
Mr. Ron Coite

Miss Christine Hanley

Ms. Angela McBride

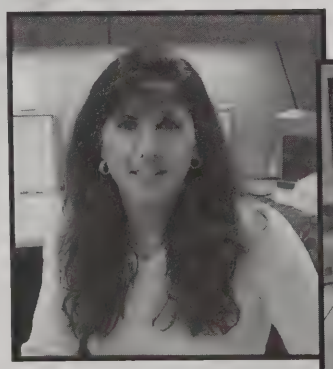
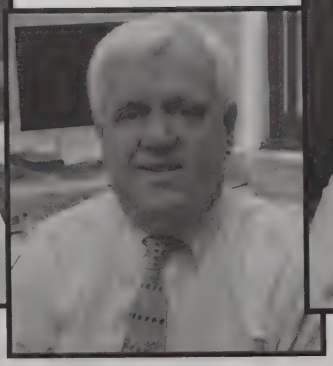
Mr. Eli Mello

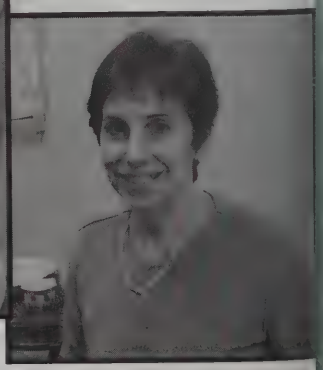
Mrs. Christine Whatley

Guidance Department

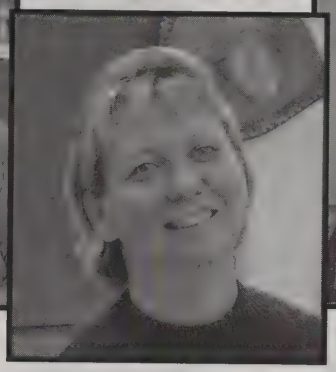
Mrs. Cynthia Azulay
Mr. Lawrence Byrne
Mr. Edward Cunard
Mrs. Janice Noble

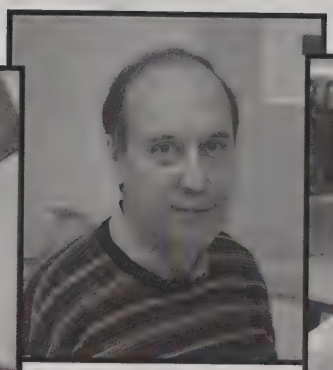



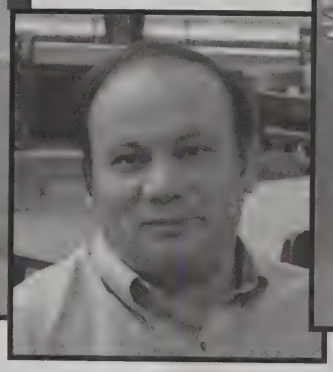


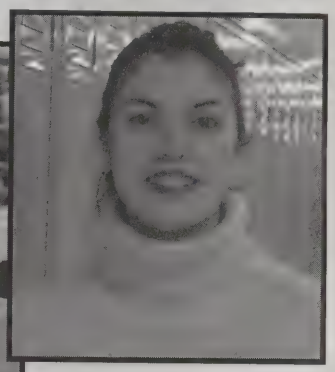
World Languages Department

Mrs. Simone Armour

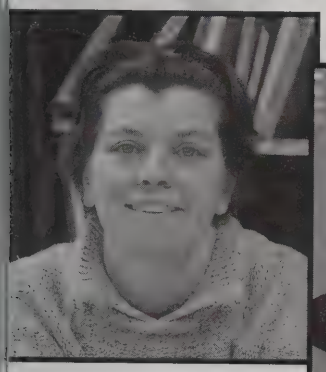

Mrs. Cheryl Geremia

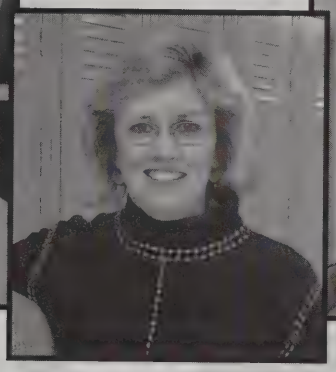

Mr. Robert Hartley

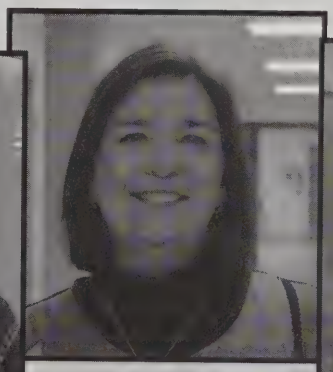

Mr. Carlos Isodoro

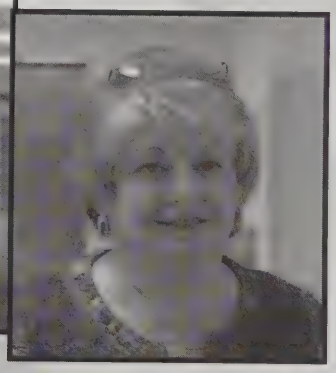

Ms. Deanna Silva

Learning Center









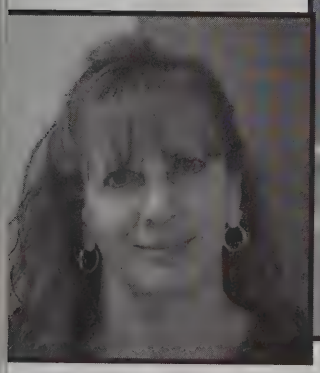
Mrs. Carol Chandler-Lamb

Mrs. Pamela Nelson

Mrs. Jane Pacheco

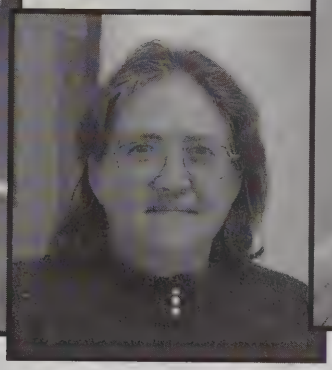
Mrs. Trisha Shea

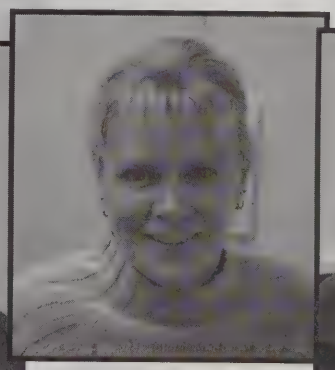
Computer Department

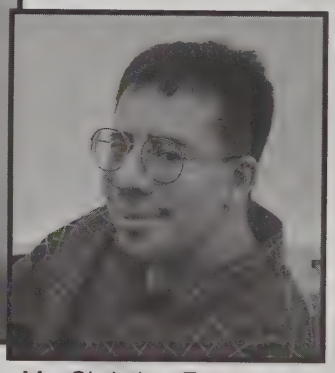

Ms. Susan Birch

Mrs. Monica Piquette

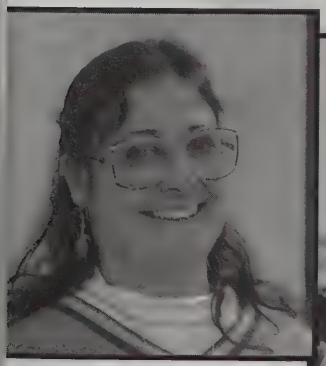
Computer Technical Staff

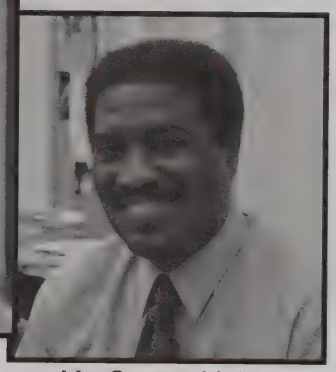

Mrs. Deborah Blakeney


Mrs. Jackie Marovelli

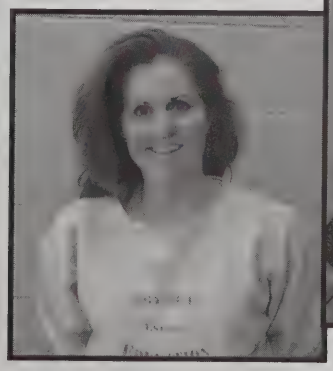

Mr. Christian Fernandes

Music Department


Miss Karen Roderick


Mr. Gaston Malloy

Physical Education Department

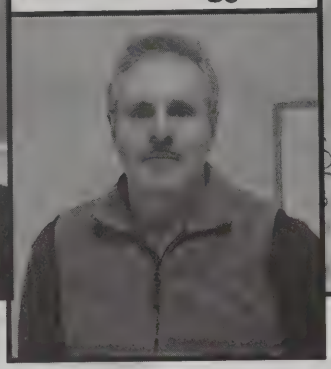

Mrs. Karen Stone

Mr. Gary Miller

Who's Who at Seekonk High

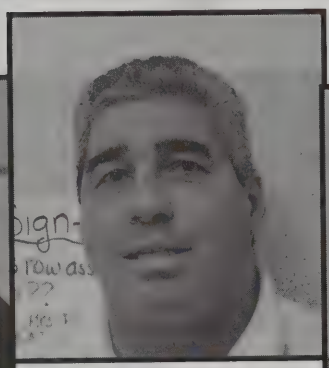
Health Technology

Mr. David Rubin



Mr. Jose Lacerda

Athletic Director

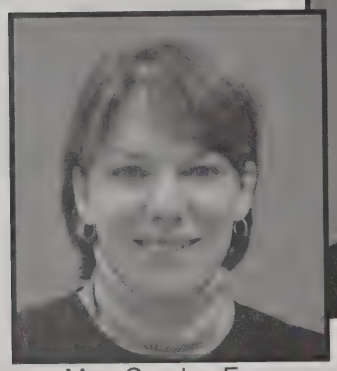


Mr. John Dias

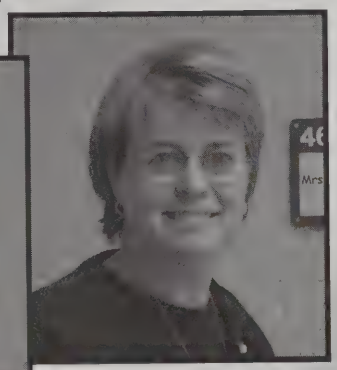
Aquatics Director

Mr. Ray Grant

Applied Sciences Department

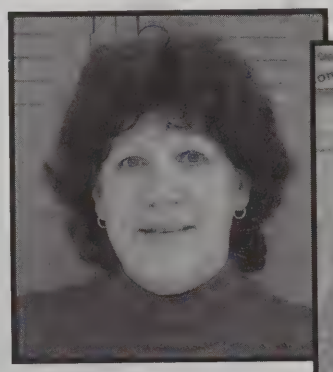


Mrs. Carolyn Fay

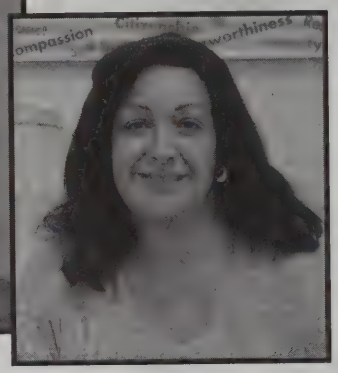


Mrs. Jeanne Velardo

South Coast Collaborative



Mrs. Fran Perry



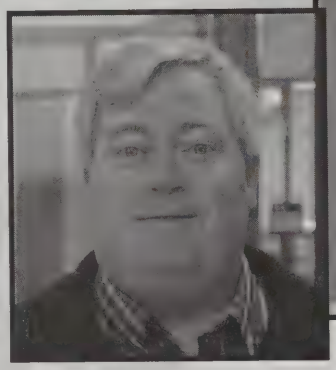
Mrs. Nancy Vadeboncoeur

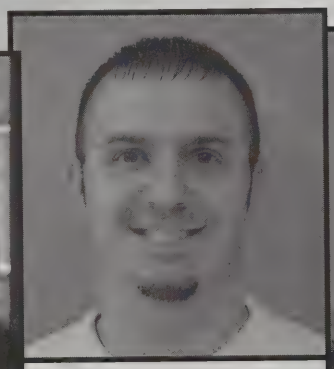
Student Learning Aides

Mr. David Saunders

Mr. Joseph Polchinski

Mr. Steven Self



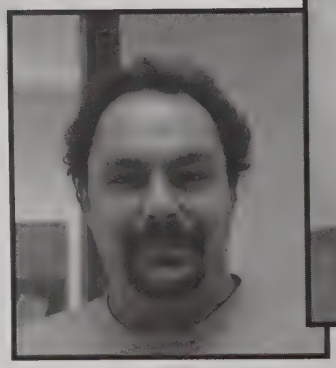


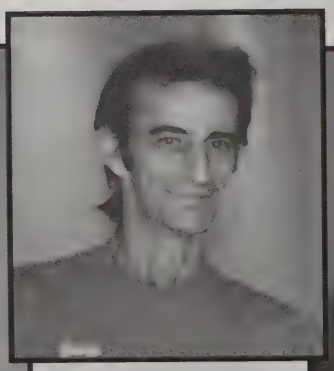
Custodial Staff

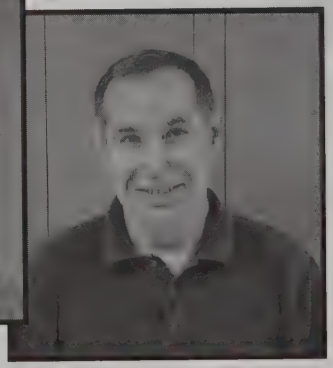
Mr. John Medeiros

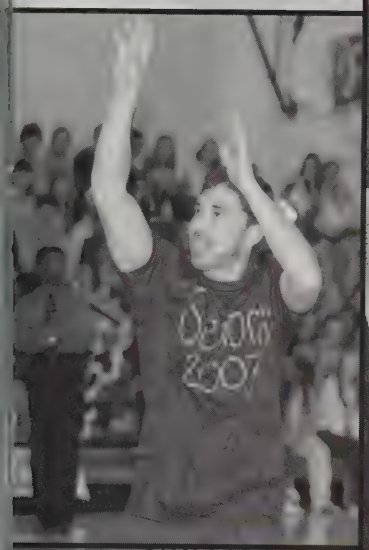
Mr. George Machado

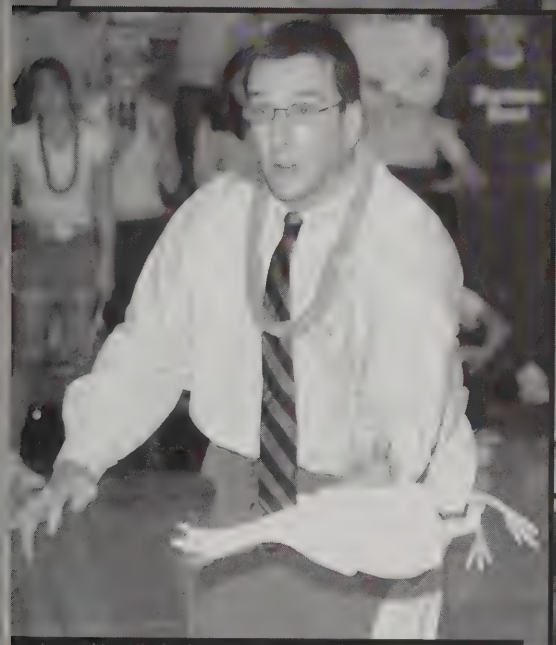
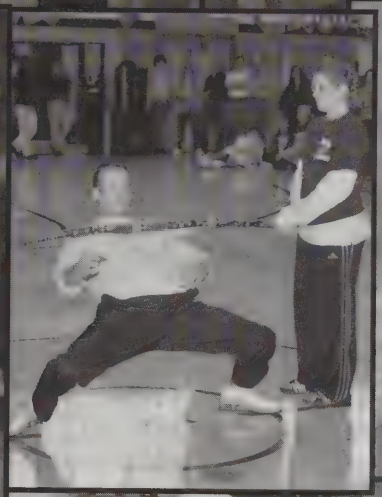
Mr. Anibal Antonio

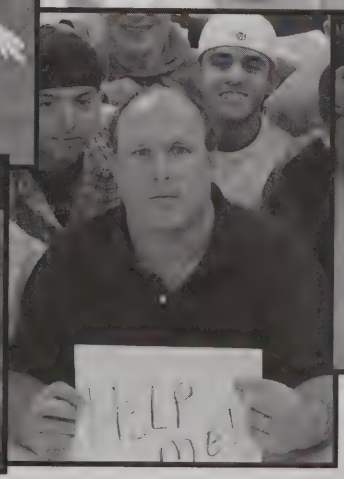







2007

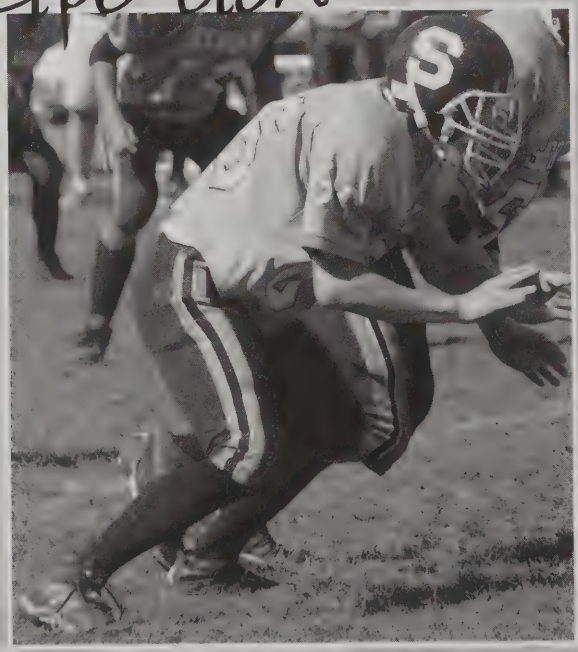

LP
ME

Spo

Here at Seekonk High, our motto is, "Be a good sport!" While it is still yet to be officially determined if this is indeed our motto, the banner in the gym says it is (and I've never found myself doubting a banner). The fact is that some of you can't help but appreciate the impact athletics has had on your lives. These

Teams

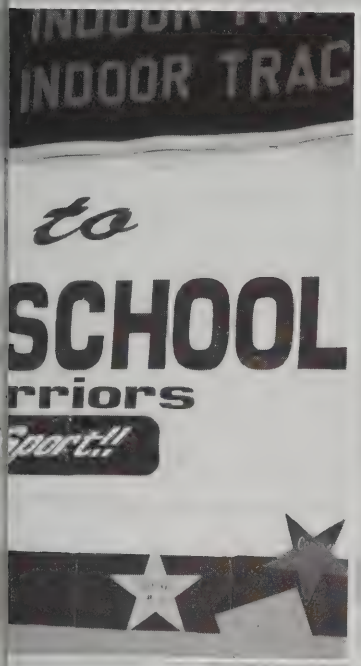
Participation

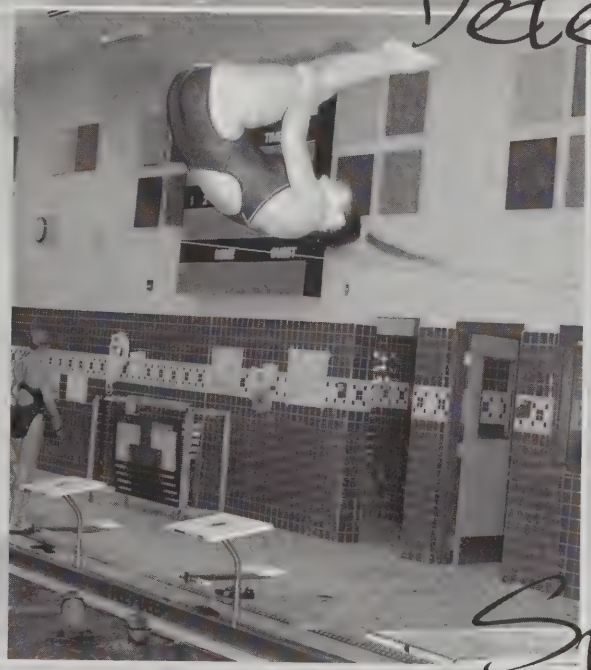


rts

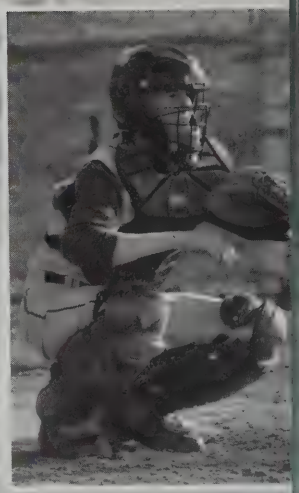
were your glory days, the days when you learned the true meaning of camaraderie, the days for which you still might hold records (or at least *claim* to hold records), the days when you were able to wear those nifty sports jackets. Here at Seekonk High School, win or lose, a good time is had by all.

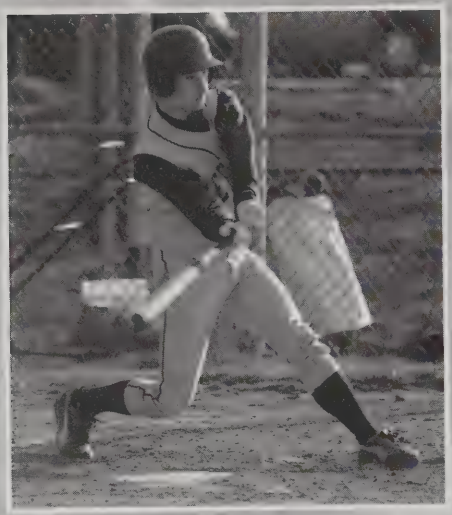
Determination





Spirit

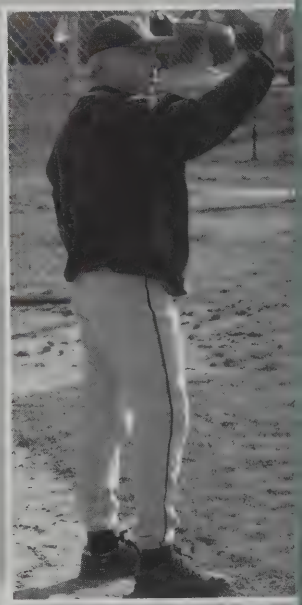


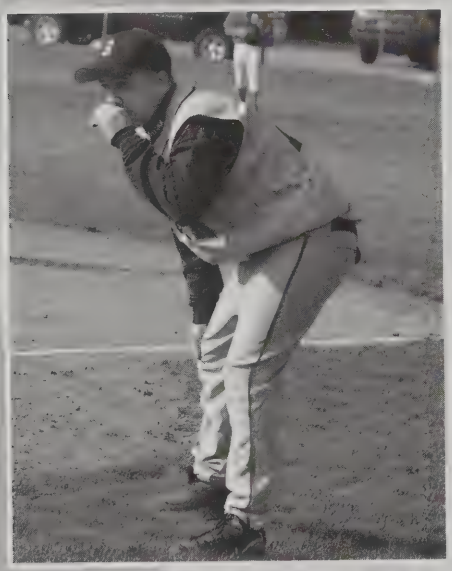


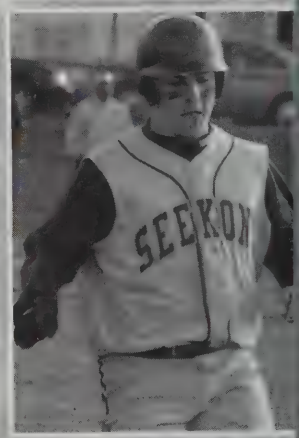
BASEBALL

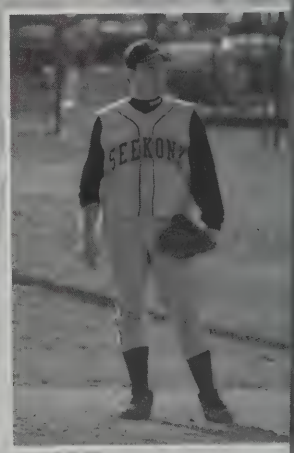
Batters Up!

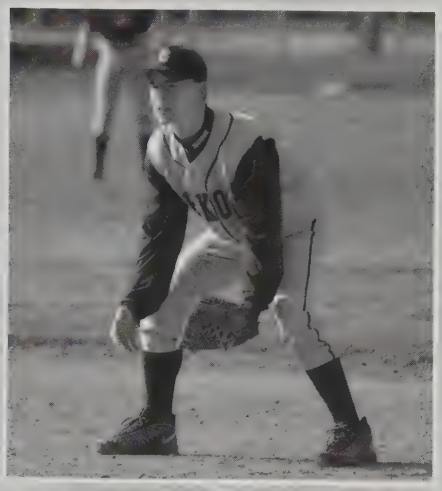
The Baseball Team was faced with a rebuilding year in 2002. With only three seniors, two of which were returning, this year's team was put to the challenge. Seekonk was stacked with young talent but without enough experience. The two senior captains, Matt O'Connell and Doug Brown, led the team to a 4-14 record which was more than expected by Coach Mike Mooney. With a big win over Fairhaven, one of the top teams in the league, the baseball team proved that it had the ability to win any game on any given day. With the return of many key players, including Brendon Fletcher, Mike Menard, Matt Hendricks, Curtis Ruckel, Andrew Charpentier and first-base coach/ utility man, Frank Pollock, the Warriors should have their eyes on the State Tournament.





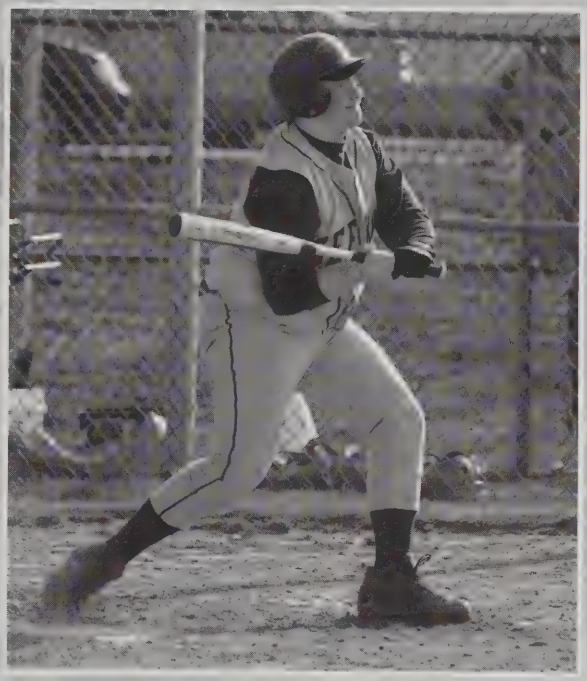






SCOREBOARD

Bishop-Conolly	0-2	L
Medway	0-8	L
O.R.R.	1-11	L
NBV	2-6	L
Fairhaven	7-10	L
D.R.	1-4	L
Case	3-0	W
Bourne	4-7	L
Apponequet	1-12	L
Wareham	4-1	W
O.R.R.	1-3	L
NBV	3-4	L
Fairhaven	6-4	W
D.R.	0-11	L
Case	8-2	W
Bourne	2-10	L
Bishop Conolly	1-7	L
Apponequet	0-12	L



THE LAST WORD

"Ta-Ta's and Na-Na's"

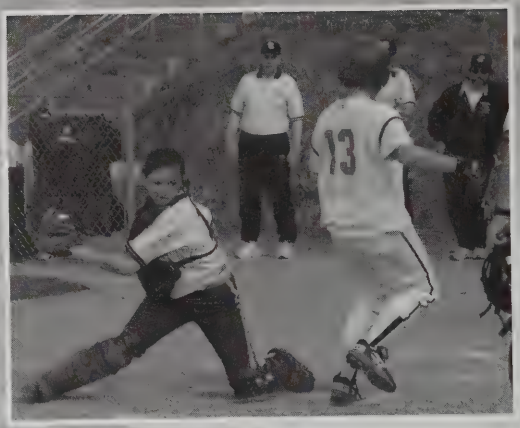
– Andrew Charpentier

TEAM

Top Row: Coach Mooney, Doug Brown, Noel Poirier, Matt Hendricks, Dave Quinn, Mike Menard, Matt O'Connell
Bottom Row: Frank Pollock, James Fox, Curtis Ruckel, Brendan Fletcher, Jesse Callahan, Zach Robbins, Andrew Charpentier

SENIORS

Coach Mooney, Noel Poirier, Doug Brown, Matt O'Connell



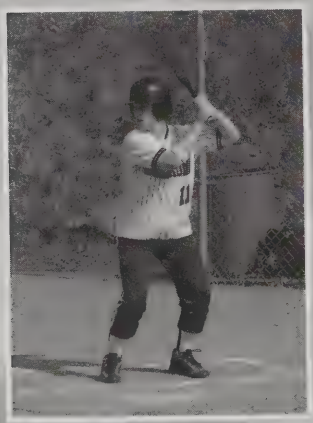
SOFTBALL

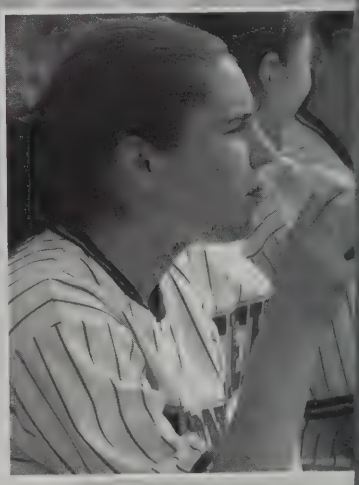
We Made It to States!

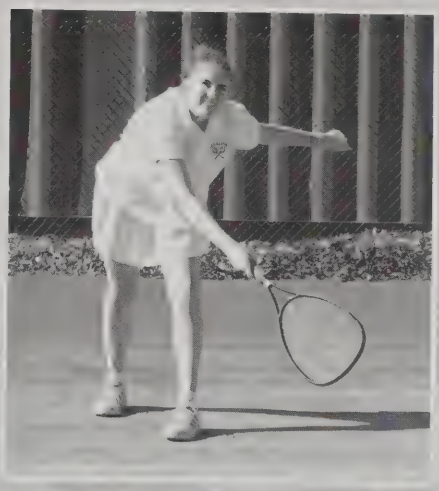
The 2002 Softball Team had an amazing year. They ended the regular season 10-10, qualifying for the state playoffs for the first time in 11 years. Captains Amy Miller and Nicole Gagne led the team with experience and tried to bring the team together. Fellow departing seniors Michelle Lopes, Kellie Leonard, and pitcher Michaela Galvin will be missed next year, along with retiring Coach, Mr. Norm Bowlin.

Things are looking good for the next season. Many of the girls will be returning and they will have to use their skills and experience to contribute to the team. Juniors Lisa Mastropietro, Ashley Nicholson, Michelle Cummings, and Meghan O'Connell will have to step up to lead the team to victory. Haleigh Sylvia, Nicole Fernandes, Jess Teixeira, Keri Sousa and other upcoming underclassmen will also play an important role on the team.

In the end the girls had a great year and are enthusiastic about having another victorious season.

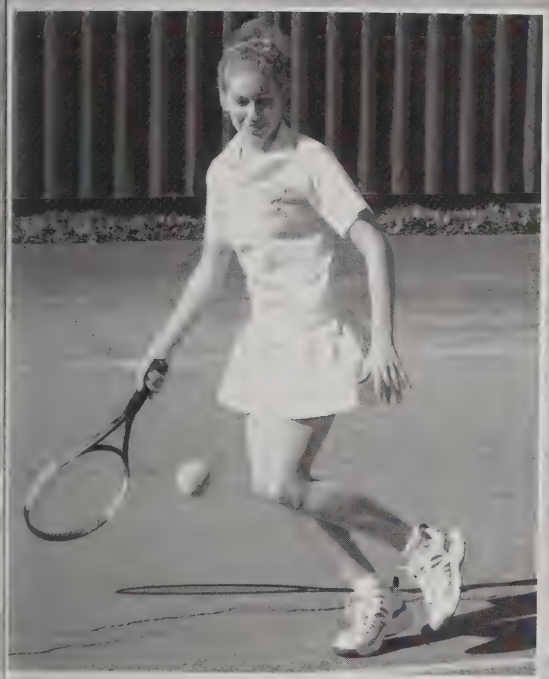






SCOREBOARD

Fairhaven	3-2	L
Case	3-2	W
Bourne	5-0	L
Apponequet	4-1	L
ORR	4-1	L
Wareham	5-0	W
DR	4-1	W
Fairhaven	3-2	L
Case	5-0	W
Bourne	5-0	L
Apponequet	4-1	W
ORR	5-0	L
Wareham	4-1	W
DR	4-1	L



THE LAST WORD

"We had a really good season and played the best in years. Our team will only improve next year."

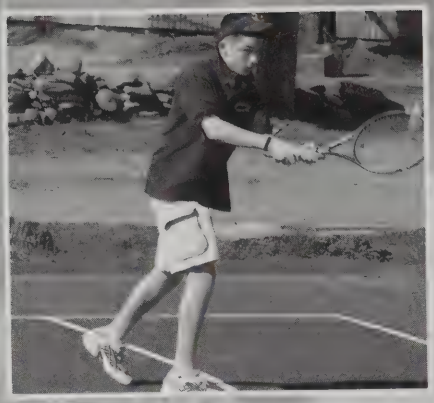
– Adele Norton

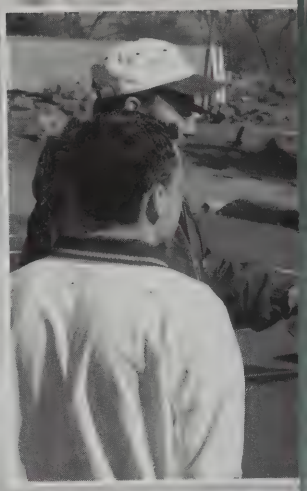
TEAM

Top: Alex Broomhead, Meghan Sanders, Emily Fox, Ashley Pincins, Kim Delude, Coach Connell
Middle: Amanda Baron, Josie Fiero, Karen Fitzpatrick, Julie Thayer, Melissa Jodat
Bottom: Rachel Romano, Adele Norton, Erin Groves, Chelsea Hall

COACH AND CAPTAINS

Adele Norton, Coach Connell, Erin Groves



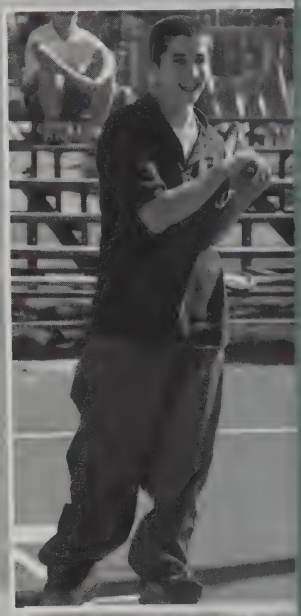


TENNIS

Where's Wally?

The Boys Tennis Team finished the 2002 season with an improvement of six wins and eight losses in the South Coast Conference. With the loss of senior, Ben Tabor, who was presented with the all star award, the team continued on with a strong group of underclassmen, including Ian Jutras and Matt Groves.

With captains Rob Sladen and Billy Carden, the team will be training hard to fulfill a long awaited, victorious season. Seniors, James McNulty and Simon Olean also will have a great role to play in helping not only the captains, but by helping bring the boy's tennis team many accomplishments.



SCOREBOARD

Fairhaven	2-3	L
Case	5-0	W
Bourne	3-2	W
Apponequet	0-5	L
O.R.R.	0-5	L
Wareham	5-0	W
D.R.	1-4	L
Fairhaven	4-1	W
Case	5-0	W
Bourne	0-5	L
Apponequet	0-5	L
O.R.R.	0-5	L
Wareham	3-2	W
D.R.	0-5	L

THE LAST WORD

"This year was an improvement from last year, and hopefully our promising underclassmen will continue to improve."
- Rob Sladen

TEAM

Top: Coach Ridolfi, Eddy Buonanno, Simon Olean, Matt Groves, Ian Jutras, Ben Tabor, Rob Sladen
Bottom: James Ostendorf, Neal Gibeau, Sean Lauffer, Nick Sotis, Billy Carden

COACH AND CAPTAIN

Coach Ridolfi and Ben Tabor

TRACK & FIELD

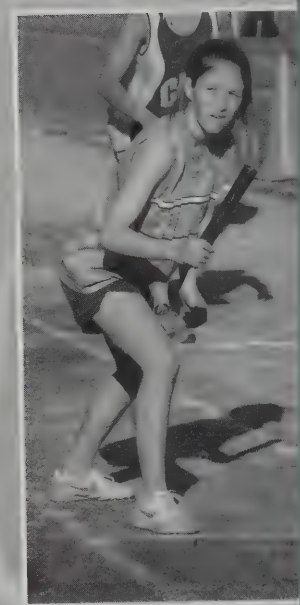
SCC Champs! !

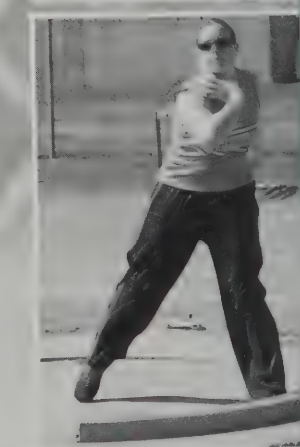
The 2002 Girls' Outdoor Track Team was the most successful one in awhile. Our phenomenal coaches Eric Klingaman, Jeff Tracy, and assistant coach John Ciccio helped the team rise to its highest potential. The girls were undefeated Dual Meet Champs and also South Coast Conference Champions. In the Conference championship meet, we were ahead of the second place team ORR by 46 points. It was the first time in four years that Seekonk ran all over its arch rivals, the Dighton Rehoboth Falcons.

Many girls stepped up and tried new events when needed, and many also showed tremendous improvement in their events since the previous year.The following were Conference Champions: Tracey Hayes in the 800; Kate Teixeira in the 300 hurdles and javelin; and the 4x400 relay team of Kara Manchester, Kate Teixeira, Alexis Tabor and Courtney Danielson. On the way to capturing the SCC championship title, the team came up big by claiming many second and third placements.

The 2002 team also had more qualifying athletes at the state level than in previous years.These following athletes qualified for state: Erin Holmes, Jess Jones, and Louisa Sham, in the shot put and discus; Tracey Hayes and Ryane Watkins in the 800; Sherri Korlacki in the mile; Jill Roberts and Cailyn Velardo in the 110 hurdles; and Kate Teixeira and Leslie Amaral in the javelin. Texeira and Amaral in the javelin, and Holmes in the discus also had qualifying standards to move on to the All-State meet at Worcester State. Teixeira had an unbelievable first place throw of 134 feet, 3 inches in the javelin. In the New England meet she placed sixth and also went on to Nationals in North Carolina and placed ninth.

The following upperclassmen did a great deal to lead the girls to many victories: captain Sherri Korlacki who was undefeated in the two mile; Christine Skurka in the two mile; and Jamie Weyker in the shot put. Other captains -- Sarah Mello, Christen Daigle, Jill Roberts, Jess Jones, Lowina Sham, and Leslie Amaral -- pulled together to help out the team. Two junior captains Kate Teixeira and Tracey Hayes also led the team to victory.





SCOREBOARD

Fairhaven	62- 74	W
O.R.R.	62-74	W
Case/Diman	17-113	W
Apponequet	9-124	W
Bourne	15-110	W
D.R.	38- 98	W
Wareham	43- 102	W
SCC Relays	1st Place	
Class D Meet	SCC	
League Meet	1st Place	

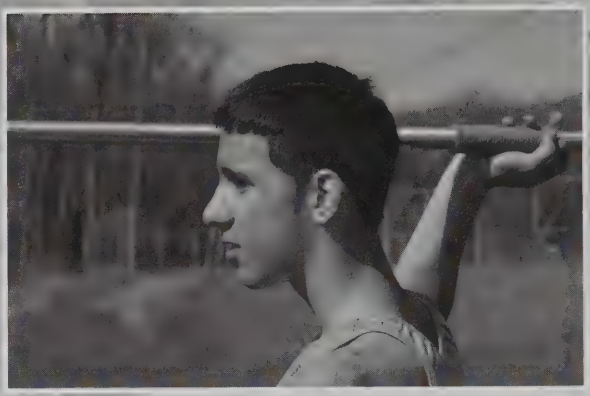
THE LAST WORD

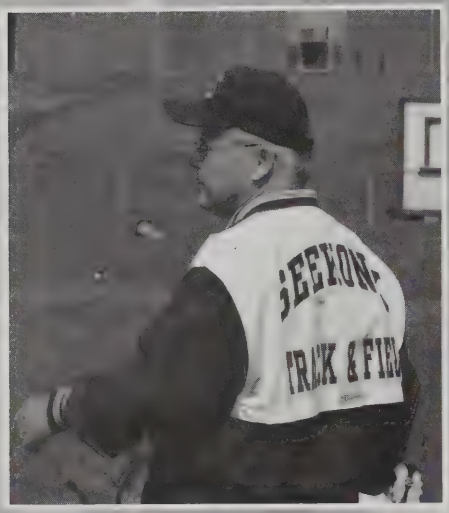
"Our undefeated 2002 track season was a memorable one, blowing past our rivals DR, and also capturing the South Coast Conference Championship Meet Title."
-Tracey Hayes
and Kate Teixeira

TEAM

COACHES AND CAPTAINS

Top Row: John Ciccio, Jeff Tracey, Corissa Perry, Heather Pinault, Erin Holmes, Ryane Watkins, Katie Snape, Tracey Hayes, Kate Teixeira, Sarah Castino, Leslie Amaral, Jamie Weyker, Holly Hunt, Krystle Szala, Emily Fox, Coach Klingaman
Third Row: Courtney Danielson, Alexis Tabor, Caitlin Divver, Peggy Chobanian, Katie Fox, Vanessa Karbowski, Kelsey Dubuc, Rachel Gibbons, Sara Chaves, Crystal Morin, Christine Skurka, Sara Mello, Jess Jones, Lowina Sham, Louisa Sham
Second Row: Kate Beatie, Katie McKenna, Jess Ulrich, Laura Fergeson, Nicole Kane, Lauren Tavares, Hailey Sloane, Caitlin Sherlock, Laura Tavares, Mary Gibbons, Michelle Ciccio, Sara Buttrick, Sarah Parente
First Row: Jenna Drohan, Sherri Korlacki, Shana Lopez, Kate Larkin, Laura Kearney, Jackie Totolo, Michele Lopes, Jill Roberts, Jenn Murtha, Kara Manchester, Jen Cetenich





TRACK & FIELD

Show Us How To Get Down

The Boys' Track Team was phenomenal this season. Having a long history of strong athletes and winning records, they continued the tradition with an undefeated record. Tom Crowley's 213-foot javelin throw placed him number four in the nation. Anthony Nardozzi's hurdling technique set the tone for a great season. The highlight of the season was when their mentor, Mr. Mooney, put his acrobatic skills to the test and flipped for joy when they beat D.R. The team placed first in the SCC Relays, and the Conference meet. At the class meet Anthony Nardozzi placed first in the hurdles and second in the javelin. He went on to the all-state meet and placed first in the javelin.

The team was led by the coaching of Frank Mooney, Matt Benson, and John Ciccio. The outstanding performances and personalities will be greatly missed but the team's future looks promising under the control of the talented underclassmen, such as Luis Parente, the confrence champion miler; sprinter, Ryan McKinley; distance runner Phil Sullivan; and weight thrower Kenny Mulligan. The fabulous freshmen came in strong for SHS topping the charts at the Freshmen-Sophomore meet; clinching the meet record for the 4x400 were Danny Sousa, Danny Paradis, Evan Foisy, and Brad Charpentier. J.D. Beaulieu and Kevin Chan will contribute to the freshmen takeover as sophomores, and they all will lead the team to another Seekonk victory.

SCOREBOARD

Fairhaven	92-44	W
Case	115-6	W
ORR	88-48	W
New Bedford Voc	84½ -51½	W
Apponquet	111-24	W
Bourne	103-33	W
Dighton-Rehoboth	90-46	W
Wareham	105-26	W

THE LAST WORD

"It was a great season and we hope to do the same next year."

- Luis Parente

TEAM

COACHES AND CAPTAINS

Top Row: Coach Benson, Justin DeBlois, Chris Mulligan, Cameron Boucher, Tim Vivieros, Charlie Pires, Russell Pickett, John Sousa, E.K. James, Tom Crowley, Steve Surette, Mike Beauchemin, Peter Kirchman.
Third Row: Jeff Seal, Steve Cetenich, Kyle Laprade, Mike Pimental, Pat Deschamps, Steve Ferrara, Anthony Nardozzi, Tim Allison, Joseph Charlonne, Coach Mooney.
Second Row: Steve Buckley, Phil Sullivan, Seth Clark, Luis Parente, Alex DeLuz, Evan Foisy, Kevin Chan, J.D. Beaulieu, Ryan McKinley, Tim Silverman, Danny Sousa.
First Row: Jesse Hall, Chris Medberry, Mike Grima, T.J. VanAhnen, Josh Sochin, Danny Paradis, Brad Charpentier.

Soccer

Wabaam! !

The Girls' Soccer Team had an awesome season this year, with a record of 6-10-1. It was the most successful team record in eight years, and quite a jump from last year's season with only one win. The team was very strong, especially against top competitors ORR and Fairhaven. The team also beat Apponequet twice, a feat that has never been accomplished since the team started.

A skillful and talented group of seniors will be missed greatly next year. These girls include Elpitha Kamaris, Kristen Lee and Kate Teixeira, and this year's captains, Shelly Cummings, Georgina Kamaris and Brittany Botelho. Teixeira's decision to join the team in her senior year "had a great impact on the success of the season," noted Coach Cunard. This was especially true after Cummings' knee injury, which put her out for the rest of the season and was a great loss. The freshmen produced a lot of talent that also helped in the team's success, including Kathy Roy, Erica McGill, and Marcia Robbins. Sophomore Ashley Cordeiro, a phenomenal sweeper, was chosen South Coast Conference All-Star. The SCC All-Star Honorable Mentions were Laura Kearney and Kate Teixeira. The captains for the 2003 team are Ashley Cordeiro and Katie Fox.

SCOREBOARD

NBV	1-0
Fairhaven	1-4
DR	0-7
Case	0-5
Bourne	0-1
Apponequet	3-1
Wareham	5-0
ORR	1-7
NBV	0-2
Fatima	2-1
Fairhaven	1-7
DR	0-6
Coyle Cassidy	0-6
Case	2-2
Apponequet	1-3
Wareham	0-2
ORR	2-4
Fatima	4-1

THE LAST WORD

"Fantastic season, girls!"

- Captains

TEAM

Top: Katie McKenna, Brittany Botelho, Kathy Roy, Jessica Ulrich, Katelyn Teixeira, Trish Bradley, Coach Cunard
Middle: Georgia Kamaris, Elpitha Kamaris, Marta DaSilva, Justina DeSenna, Laura Ferguson, Laura Kearney
Bottom: Ashley Cordiero, Kristen Lee, Marsha Robbins, Katie Fox, Erica McGill

SENIORS

Brittany Botelho, Michelle Cummings and Georgia Kamaris

Soccer

Defense, Defense!

The Boys' Soccer Team's season started off promising, but in the end a lack of scoring hurt them. The boys finished 1-16-1, but they put in a lot of effort at every game. The defense worked overtime this season, keeping usually high-scoring teams to one or two goal wins. The team was led by Justin Sherlock, James Fox and Ryan Seyboth. Kyle Amaral was the lone member named to the SCC All-Star Team, while Justin Sherlock and James Fox were recognized as SCC Honorable Mentions. Next year will be a rebuliding time and hopefully the upcoming seniors will step up and score some goals.

SCOREBOARD

NBV	1-2
Fairhaven	1-0
DR	1-2
Case	0-2
Bourne	1-5
Apponequet	0-3
Wareham	1-1
ORR	0-3
Coyle Cassidy	0-1
NBV	0-1
Fairhaven	0-6
DR	0-3
Coyle Cassidy	0-2
Case	0-2
Bourne	0-5
Apponequet	0-2
Wareham	0-4
ORR	0-6

THE LAST WORD

"We didn't win the World Cup either."

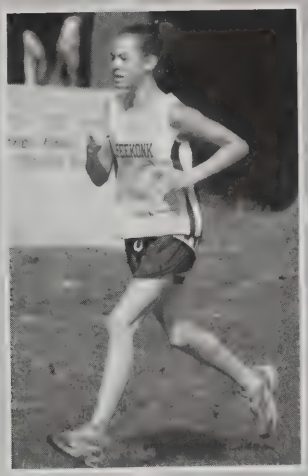
-Justin Sherlock and Ryan Seyboth

TEAM

Top: Robert Tavares, Michael Lacerda, Danny Paradis, Ryan Seyboth, Kyle Amaral, Justin Sherlock, James Fox, Danny Sousa, Luis Parente, Coach Creamer
Bottom: Sean Lauffer, J.D. Beaulieu, Dave Stafford, John Lee, Neal Gibeau

CAPTAINS

Justin Sherlock, Ryan Seyboth and James Fox



Cross Country

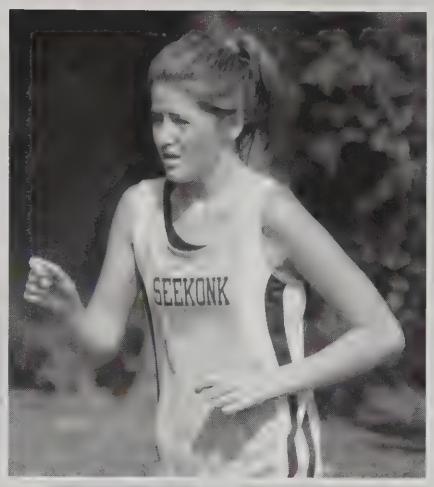
Eyes On The Prize

Ever since the Wednesday night captain's practices in July, the Seekonk Girls' Cross Country Team had its goal set on one thing: To take home the South Coast Conference team title. After hundreds of miles, countless track workouts and pulled muscles, these girls weren't anything but ready for this race; they were ready to win.

And that is what they did. The team had an outstanding season under the guidance of senior Erinn Larkin. With a record of 7-3, these runners easily met their goal and captured the SCC title.

Showing promising talent were freshmen Leigh Carden and junior Ashlee Irons.

The young team will lose only one runner to graduation, so the team is expected to be even more successful next year. Keep an eye on these excellent distance runners next season as they should be the top competitors in the conference once again.



SCOREBOARD

NBV	15-47
ORR	20-38
Somerset	24-34
Fairhaven	21-37
Canton	37-20
Rogers	16-39
DR	30-25
Bourne	15-50
Wareham	15-50
MV	41-18
SCC Meet	1st Place

THE LAST WORD

"No one expected us to go as far as we did, but we showed them what we were made of by capturing the SCC title."

- Erinn Larkin

TEAM

Top: Coach Miller, Kaitlin Beattie, Caitlin Divver, Ashlee Irons, Katie Snape, Tori Carroll, Coach Geremia
Bottom: Nicole Kane, Kaitlin Mullen, Leigh Carden, Rachel Gregorek, Alexandra Broomhead, Erinn Larkin

SENIOR AND COACHES

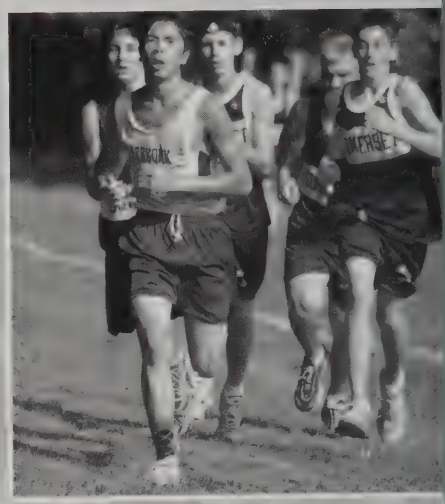
Coach Miller, Erinn Larkin and Coach Geremia

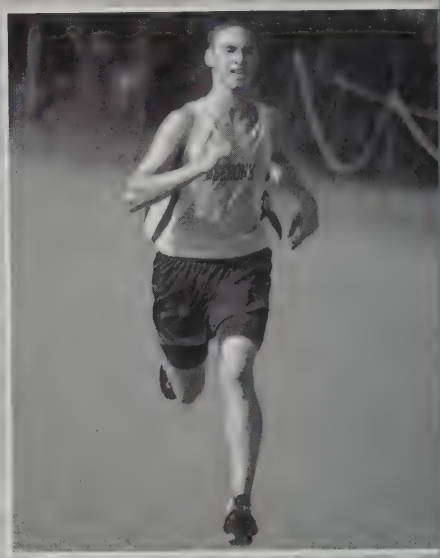
Cross Country

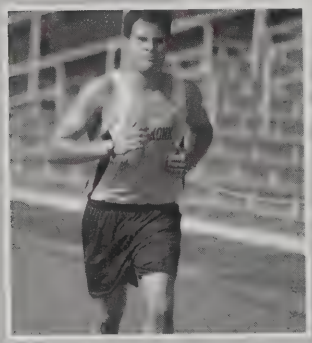
Toxic Bear

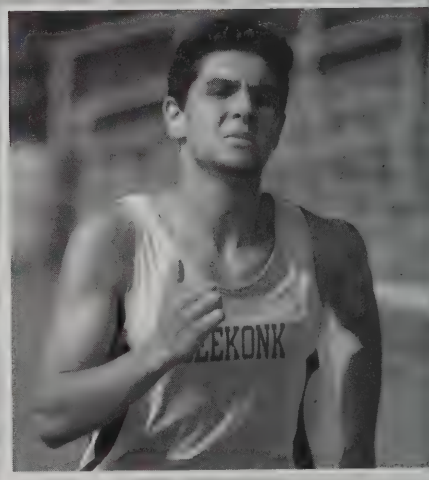
The Boys' Cross Country Team had a very strong season. Two seniors leading the team to a 6-4 record were Captain Phil Sullivan and first-year competitor Tim Silverman. The team is a very young and developing team, consisting of juniors Seth Clark and Karl Yando, sophomores Kevin Chan, Brad Charpentier and Cory Sharon, and freshmen Ryan George, Matt Sanders, Eric Deblois, Ray Chan and Cory Ulrich.

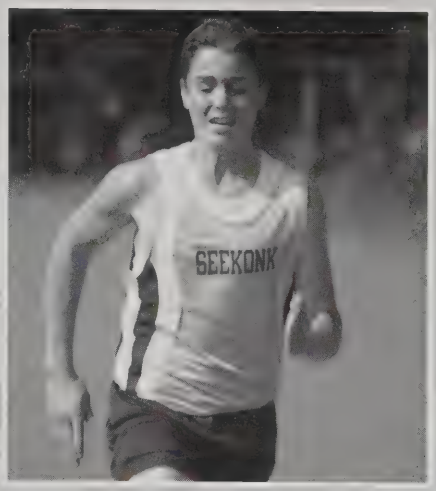
Coach Miller was happy and proud of his runners in the Coaches Invitational Meet. Out of 300 competitors Phil Sullivan placed 66th, Kevin Chan placed 44th, Brad Charpentier placed 52nd and Cory Sharon placed 105th in their divisions. Phil Sullivan improved his time by 40 seconds. The top seven competitors on the team- Sullivan, Chan, Charpentier, Sharon, Deblois, Clark and George- competed in Sectionals in early November.











SCOREBOARD

NBV	20-39
ORR	17-4
Somerset	28-29
Fairhaven	24-32
Apponequet	24-59
Canton	37-20
Rogers	16-39
DR	43-18
Bourne	35-24
Wareham	33-22
MV	47-16

SCC Meet 3rd Place

THE LAST WORD

"Our sport is other sports' punishment."
-Tim Silverman

TEAM

Top: Coach Miller, Phil Sullivan, Corey Charron, Kevin Chan, Brad Charpentier, Timothy Silverman, Coach Geremia
Bottom: Raymond Chan, Eric Deblois, Corey Ulrich, Ryan George, Matthew Gancz

COACHES AND CAPTAINS

Coach Miller, Phil Sullivan, Timothy Silverman, Coach Geremia

Field Hockey

"Stick Together"

For the 22nd year in a row, the field hockey team "stuck together" and qualified for the state tournament. Starting off with nine seniors and six returning starters, the team knew what was expected of them. They lived up to their expectations with a second place in the conference falling to Dighton-Rehoboth. Seekonk was seeded 12th in the tournament and faced Canton. The game depicted a Seekonk team with talent and heart, but Canton had more skill pulling out a three one victory.

At the conclusion of the season, All-Stars were announced; Kara Manchester and Jen Cetenich were honored for the second year in a row, with Nicole Fernandes, Megan Daigle, and Ashley Nicholson receiving honorable mentions. Keep an eye out for Jen Cetenich, Nicole Fernandes and Sarah Castino for outstanding games next year. The team looks forward to a another great season, led by senior captains Jess Teixeira and Nicole Fernandes.

SCOREBOARD

Bishop Stang	1-1
Wareham	1-1
Bourne	4-0
Hanover	1-3
ORR	3-1
Hanover	0-1
Apponequet	3-0
DR	1-2
Bishop Stang	1-2
Case	1-0
Fairhaven	3-0
Bourne	4-0
ORR	4-1
Apponequet	5-2
DR	1-2
Case	3-0
Canton	0-2

THE LAST WORD

"Success breeds success."
- Kim Pellerin

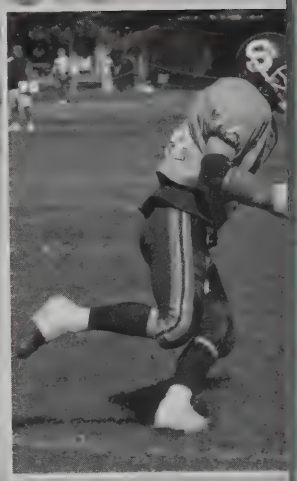
Remember Girls:
when all else fails
stick together.
- Kara, Megan and Jackie

TEAM

Top: Nicole Fernandes, Jennifer Cetenich, Meri Laurence, Sarah Castino, Jessica Teixeira, Amanda Falls, Coach Pellerin
Middle: Lisa Mastropietro, Ashley Nicholson, Lauren Biladeau, Cosima Cabral, Jennifer Murtha, Erinn Holmes
Bottom: Megan Daigle, Jackie Totolo, Kara Manchester

CAPTAINS

Kara Manchester, Megan Daigle, Jackie Totolo



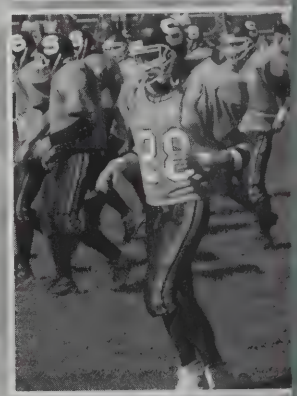
Football

Let's Play Some Tetris!

The Warrior's varsity football season was led by captains Dan Gibbons, Ryan McKinley, Steve Bairos, and Zack Linton. To say the least, these guys did an excellent job of motivating their teammates throughout the season during good times and bad. Head coach Dave Morgado and assistant coaches Bob Fitzgerald, Kevin Mahoney, Jim Jenkins, and Jeff Tracey were unforgettably determined in getting this team a win. Not once did they give up on a single teammate, and not once did practices get easier. If the team had ever fallen, they'd be there to help it to its feet ...and then run its tail around the field a few times.

While the 0-11 record wouldn't be considered memorable to most people, this was the most memorable season of all for the senior team members. Good times were had by all, as they say, from Tuesday nights as Papa Gino's to the "R-rated" discussions in the locker room, to even the last practice in what seemed like at least ten feet of snow.

Whether you win or lose, as long as you know that you gave 100 percent, you can walk off the field with your head held high. So long to the class of 2003 players, this team's next victory will be shared with you guys. Excellent job, boys!



SCOREBOARD

Medfield	0-14
Dennis-Yarmouth	6-43
NBV	6-14
Bourne	8-38
Case	0-6
Fairhaven	0-18
Wareham	7-30
ORR	0-28
Apponequet	8-28
Blue Hills	0-20
DR	0-28

THE LAST WORD

"It's a beautiful day for football gentlemen, it's a beautiful day!"

–Coach Morgado

TEAM

Top: Coach Magardo, Dan Gibbons, Peter Kirchmann, Cameron Boucher, Derek O'Leary, Joe Charlonne, Mike Pimental, Simon Olean, Justin Gibbons,Bryan Sousa, Kyle McHale, Coach Mahoney
Second: Tyler Percival, Kenny Mulligan, Jon Pardini, Matt Groves, Trevor Thurber, Kevin Bravo, Joe Spano, Kevin Demedeiros
Third: Matt Tameo, Sean DeForest, Ian Jutras, Roland St.Pierre, Ryan McKinley, Zach Robbins, Steve Bairos, Don Monroe, E.K. James
Bottom: Kevin Carpenter, Jeffrey Sousa, Jesse Callahan, Jimmy Belmont, Justin Markley, Zack Linton, Scott Robbins, Justin Perry

SENIORS

Top: Peter Kirchmann, Kenny Mulligan, Kevin Demedeiros, Zack Linton, Simon Olean, Steve Bairos, Ryan McKinley, Bryan Sousa, Don Monroe, Kyle McHale
Bottom: Sean DeForest, Dan Gibbons, Roland St.Pierre, Zach Robbins,Justin Perry, E.K. James, Scott Robbins

Cheerleading

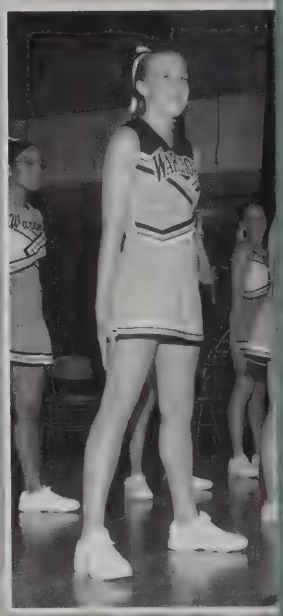
Go Seekonk!!

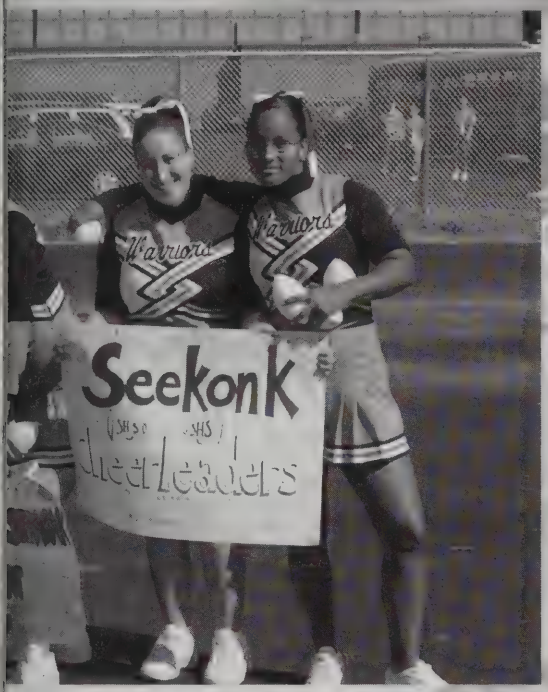
Cheerleading isn't as easy as it looks. It takes dedication and hard work to keep up spirits up during a tough football season. Yet, rain or shine, the squad was there every step of the way to support the team.

During the summer the girls attended a cheerleading camp at the University of Rhode Island and qualified to perform at the Citrus Bowl in Florida. Camp held some great memories and laughs: Terence in his yellow suit, Andrea's broken nose, and who could forget those lovely sunburns.

The squad competed at Shepard Hill, placing fourth, and at the SCC competition at Case High School, where it qualified for regionals.

The team was led by senior co-captain Peggy Chobanian and junior co-captains Tiffany Pfeiffer and Krystle Szala. The coach was Michelle DeBrum. This year's football squad says good-bye to seniors Peggy Chobanian, Holly Hunt, Ashley Slaiding, Andrea Alaownis, Nichole Amaral, and Heather Cleary.





THE LAST WORD

"Chickafwank!"
– Coach DeBrum

"Feet together and toes apart, that's the way we always start."
– Krystle Szala

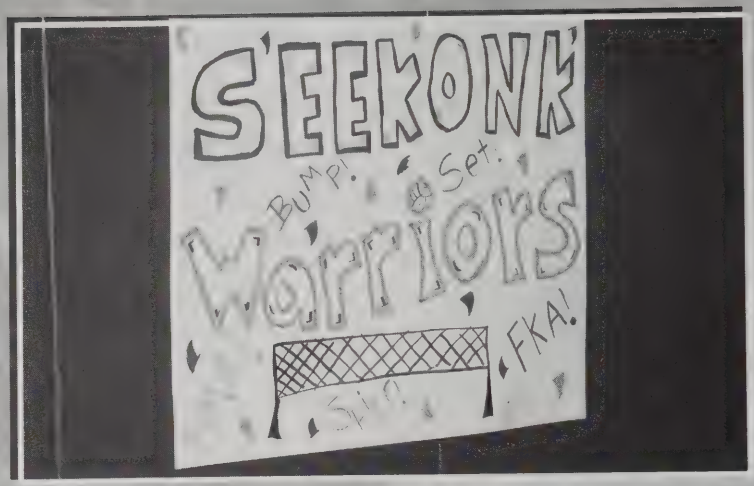
"Joe's My Boyfriend!"
– Peggy Chobanian

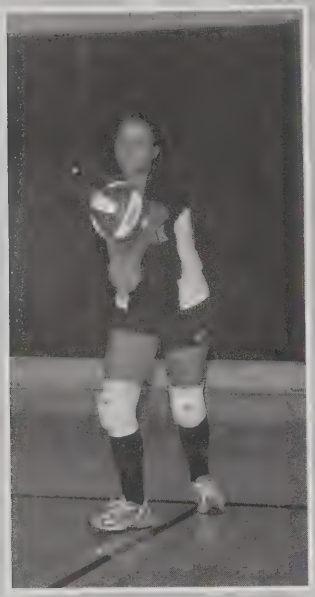
TEAM

Top: Jess Lesage, Chelsea Dacanay, Ashley Dacanay, Sade Ballanceau, Shayna Bennett, Katlynn Reis, Coach Michelle DeBrum
Middle: Krystle Szala, Tiffany Pfeiffer, Kathleen Pedroso, Melissa Leandro, Brittany Johnson
Bottom: Peggy Chobanian, Andrea Alaownis, Nickole Amaral, Heather Cleary, Holly Hunt, Ashley Slaiding

SENIORS

Top: Peggy Chobanian, Nicole Amaral, Andrea Alaownis
Bottom: Holly Hunt, Heather Cleary, Ashley Slaiding





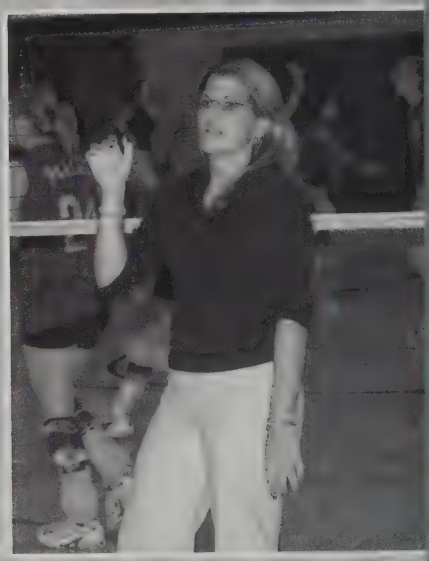
Volleyball

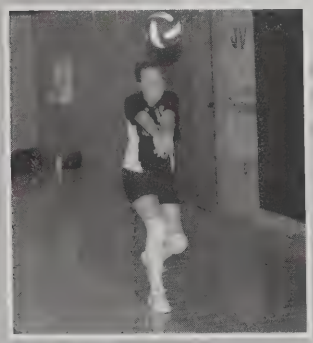
No More Countdowns

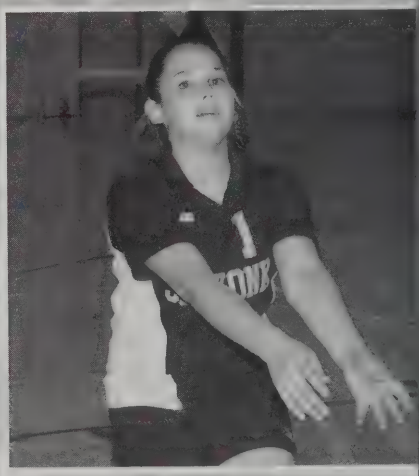
The Volleyball Team played with a lot of heart this season. They faced many of the state's top teams and still played extremely well, taking most teams to a deciding third game. Under the coaching of Becky Antunes, Donna Konuch and new coach Brad Morin, the team excelled. Despite the fact that there were no bleachers until the last game, the gym was nearly always packed with fans.

This year's team was led by captains Tracey Hayes and Lauren Foisy, along with seniors Hailey Sloane and Kelly Roy. Tracey Hayes and Chelsea Hall had some good spikes as outside hitters, and Lauren Foisy and Kayleigh Klegraefe made great blocks and kills as middle hitters. Kelly Roy and Keri Sousa had great sets up to the middle, outside and offhand hitters. Hailey Sloane and Melissa Jodat showed they were strong in the back row.

Next year's team will have some good plays from returning players, including Liz Holden, Sabrina Taylor, Caitlin Corry and Kara Carlson. With hard work and dedication next year's team will win against other strong teams. Good luck girls!







SCOREBOARD

NBV	2-1
Fairhaven	1-2
DR	0-2
Case	0-2
Bourne	0-2
Apponequet	0-2
Wareham	0-2
North Attelboro	0-2
ORR	0-2
NBV	0-2
Fairhaven	0-2
DR	1-2
Bishop Stang	0-2
Case	0-2
Bourne	0-2
Bishop Stang	0-2
Apponequet	0-2
Wareham	1-2
ORR	0-2
North Attleboro	0-2

THE LAST WORD

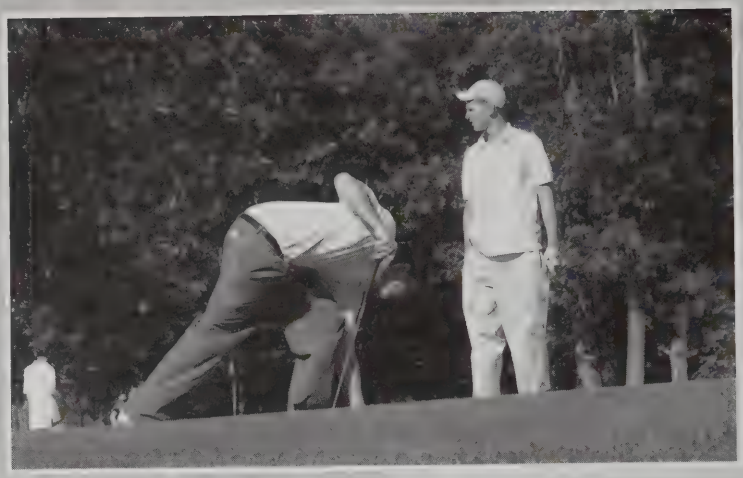
"Together fight,
together win!"
-Tracey Hayes
and Lauren Foisy

TEAM

Top: Coach Becky Antunes, Hailey Slone, Kayleigh Klegraefe, Kara Carlson, Linda Lopes, Caitlin Corry, Keri Sousa.
Middle: Liz Holden, Melissa Jodat, Sabrina Taylor, Kelly Roy, Chelsea Hall
Bottom: Lauren Foisy, Tracey Hayes

CAPTAINS

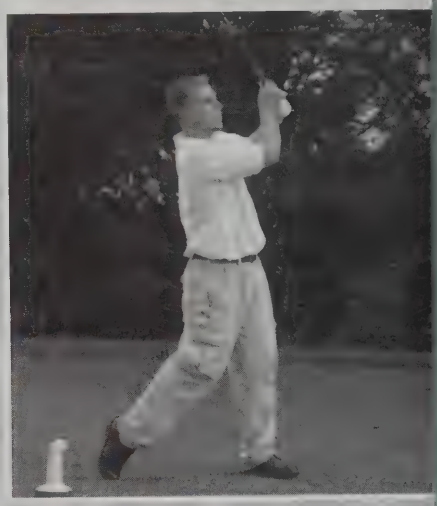
Tracey Hayes and Lauren Foisy

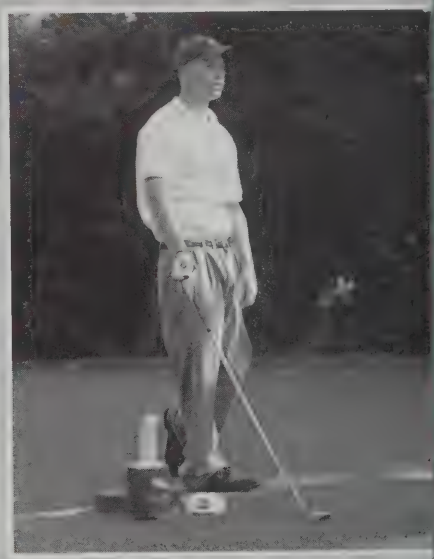


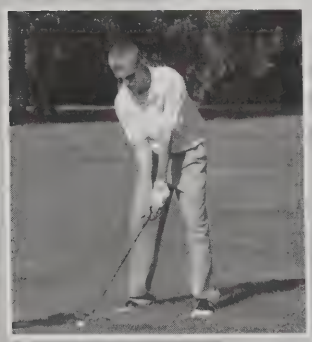
Golf

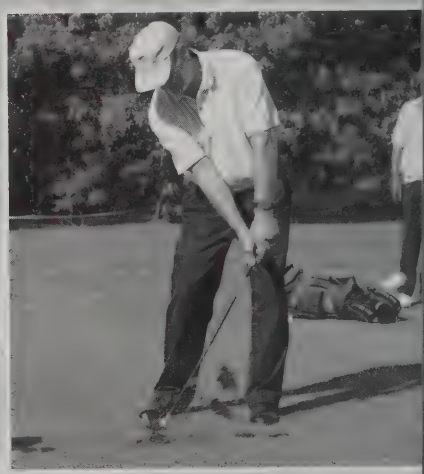
The Champs!

The Golf Team had another successful season under the coaching of Mr. Robert Kulaga. After capturing the South Coast Conference crown with an impressive 14-2 record, the team went on to finish third at the SCC Championship. Robert Sladen garnered second runner-up honors at the tournament. Seekonk went on to play at Foxborough Country Club in the Division Three State Pre-Qualifier. Although the scores weren't notable, the team still managed to move on to the State Finals with solid efforts from seniors Billy Carden, Anthony Grourke, Curtis Ruckel, Michael Kerr and Robert Sladen. At New Seabury Country Club, sophomore Brendan Galvin stepped up, playing well for Seekonk. Their season concluded there, finishing 10th in the state. Even with the loss of several strong seniors, the team looks forward to reclaiming their title next year.









SCOREBOARD

NBV	52½ -3½
Bourne	32½ -22½
DR	32-22
Wareham	34½ -19½
ORR	32½ -21½
Apponequet	29½ -24
Case	29½ -24½
Fairhaven	32-22
NBV	49½ -4½
Bourne	27½ -26½
DR	31½ -22½
Wareham	29½ -24½
ORR	30 -20
Apponequet	38½ -15½
Case	29 -25
Fairhaven	40 -14

SCC Match Place	3rd
Southern Sectionals Place	3rd
State Tournament Place	11th

THE LAST WORD

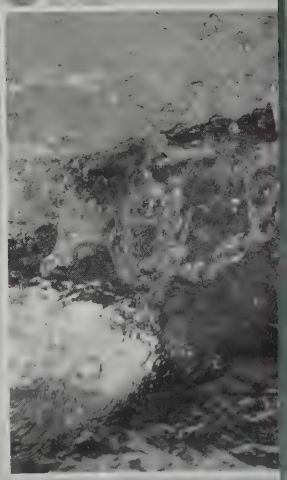
"Is that the round of your life?"
- Mr. Kulaga

TEAM

Top: James McNulty, Billy Carden, Mike Kerr, Curtis Ruckel, Anthony Grourke, Robert Sladen, Coach Kulaga
Bottom: Kory Chapman, Timothy Sherrerd, Pat Hayward, Matthew Botelho, Brian Galvin

COACH AND CAPTAIN

Coach Kulaga and Robert Sladen



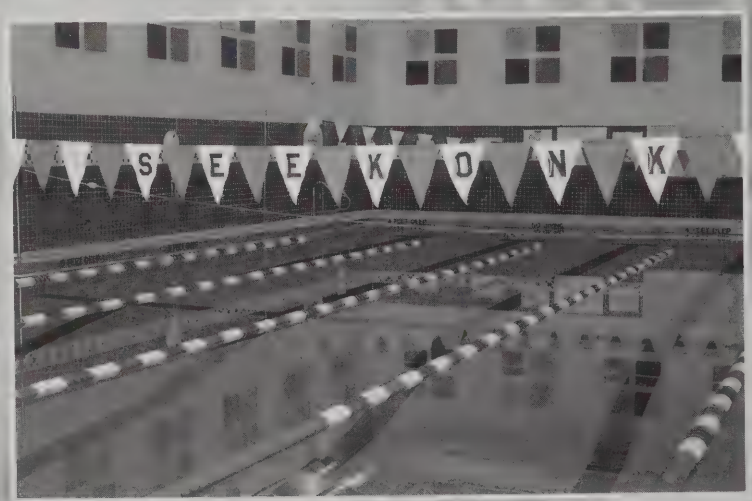
Swimming

Blowing Bubbles!!!

This year an expanded group of 29 talented swimmers snatched the South Coast Conference title. Five records were broken during the course of the season. Kara Ernst broke her own record in the 100 breaststroke with 1.09.08, and her own record in the 200 IM at 2.14.19. Caitlin Grant shattered her own record in the 100 backstroke at 1.01.01. The 200-medley relay team of Caitlin Grant, Kara Ernst, Samantha Dempty, and Meghan O'Connell swam a 1.54.56 to capture another record. A twenty-year-old record was finally broken in the 400 free relay by Samantha Demty, Lauren Smith, Kara Ernst and Caitlin Grant with 3.44.64.

The girls' swim team is known for their great accomplishments, intimidating practices and reflective sportsmanship. The team was led by Ray Grant, the *Boston Globe* coach of the year, and assistant coach Karen Roll, who was a new addition to the team. With their guidance and the team's great work ethic, the girls won South Sectionals, a meet that Seekonk hasn't won in twenty years. This year's champions ended their season with a third-place finish in the state of Massachusetts, another amazing accomplishment.

Leaving the team were seniors Josie Fiero, Adele Norton, Roslynn Desenna, and co-captains Meghan O'Connell and Lauren Smith. The Seekonk varsity swim team has had another spectacular season and will continue to grow stronger each year. Congratulations!



SCOREBOARD

SCC Relay Carnival	2nd place
Ursuline	107 – 77
Brockton	107 – 77
Canton	107 – 74
New Bedford	102 – 81
Attleborro	97 – 68
Bishop Stang	100 – 81
Notre Dame	97 – 87
Milford	116 – 70
Westwood	97 – 84
Apponequet	100 – 84
Bishop Feehan	84 – 86
Durfee	98 – 79
Stoughton	105 – 76
SCC Meet	1st place
South Sectional Championship	1st place
State Championship	3rd place

THE LAST WORD

"To be where you have never been before, you have to do what you have never done before." - favorite quote of Mr. Grant's from Lauren Smith & Meghan O'Connell

TEAM

Top: Coach Grant, Alicia DeCesare, Meghan Sanders, Roslynn DeSenna, Meghan O'Connell, Lauren Smith, Josie Fiero, Adele Norton.
Third: Kim Robin, Courtney Danielson, Julie Thayer, Samatha Demty, Lindsay Trahan, Caitlin Grant, Vanessa Karbowski, Rachel Gibbons
Second: Ashley Monroe, Jen Silva, Pam Cummings, Sarah Buttrick, Amanda Baron, Victoria Dalesio, Kara Ernst
Bottom: Liz Sladen, Kelly Sloane, Amanda Keegan, Mallory Demty, Jocelyn Danielson, Emily Gadbois

COACH & SENIORS

Coach Grant, Roslynn DeSenna, Meghan O'Connell, Lauren Smith, Josie Fiero, Adele Norton

SCOREBOARD

SCC Relays	6th place
Attleboro	83-65
Bishop Stang	82-57
Milford	74-60
Brockton	83-69
Bishop Feehan	79-62
Stoughton	90-70
Durfee	70-56
NBV	74-61
Apponequet	88-64
Westwood	82-64

SCC Meet	7th place
Sectionals	28th place
States	32nd place

SWIMMING

Small but Strong!

The Boys' Swim team proved that it's not the quantity, but the quality that really matters. With only six swimmers, the boys knew it would be difficult to win any dual meets.

With this in mind, they set their hopes on the Conference meet, where they could show their strength and dedication. Seekonk placed 7th with highlights from Senior captain Ed Sweeney and freshman Ray Grant. Both swimmers also continued on to the Sectional Meet placing 28th. From there Grant qaulitied for the State Meet which had not been done in three years.

With the loss of only one senior, the team looks ahead to larger numbers and another appearance at the State Meet next year.

THE LAST WORD

"It's been a tough season number wise, but with so many individual accomplishments, this year has been nothing short of a success."

-Eddy Sweeney

TEAM

Coach Grant, Erik Yando, Karl Yando, Matt Gancz, Eddy Sweeney, Stephen Kinnally, Ray Grant

CAPTAIN

Eddy Sweeney

GYMNASTICS

A New Sport for SHS

Seekonk High had a new winter sport this year: a gymnastics team. Seekonk teamed up with Case High School to form this talented combined team. The team consisted of nine girls this season; four were from Case and five from Seekonk. The team came in 3rd in the league, finishing with a record of 5-3. The girls had a really fun time and got a chance to compete with schools in Case's conference that they don't normally compete against. Hopefully, in the future Seekonk High School will have a team of its own.

THE LAST WORD

"Charlie." - Courtney Sylvia

TEAM

Top: Kimmy Kocak, Kara Machedo
Middle: Taylor Duhamel, Alicia Decesare, Kristen LaVoie, Coach Turner
Bottom: Brooke Antone, Ashley Monroe, Katy Burns, Courtney Sylvia

Kristen LaVoie, Taylor Duhamel, Brooke Antone, Courtney Sylvia, Ashley Monroe, Kara Machedo, Kimmy Kocak, Katy Burns

CHEERLEADING

It's All About ME!!!

This year the basketball cheerleaders started off the season with a new coach, Melissa Oliveira, and there were also two squads: the varsity squad and the competition team. Fifteen girls were on varsity, but only 11 made it to the competition team, which was coached by Michelle DeBrum.

Two coaches, two squads, and two routines could get a little tough, but the girls on competition team were willing to handle it. Even though practices went on throughout the winter, the competition season didn't start until March. So, although the basketball season was almost over, the competition team was still striving for regionals, states, and nationals.

The basketball cheerleading squad was led by senior captain Melanie Pereira and junior co-captains Krystle Szala and Ashley Dacanay. The team said good-bye to seniors Melanie Pereira, Holly Hunt, Peggy Chobanian, Ashley Slaiding, and Andrea Alaownis.

THE LAST WORD

"L !!!" -- Melanie

"Gilbert ... Mitchell?"
-- Krystle

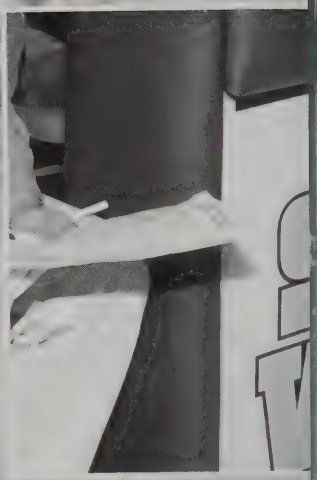
"Hey, Mamita!" -- Ashley

TEAM

Top: Heather Cleary, Ashley Slaiding, Meri Laurence, Holly Hunt, Peggy Chobanian, Kathleen Pedroso, Tiffany Pfeiffer, Jenn Barlow, Coach Missy Oliveira
Bottom: Shayna Bennett, Sarah Buttrick, Krysle Szala, Melanie Pereira, Ashley Dacanay, Andrea Alaownis, Katie Reis

CAPTAINS

Melanie Pereira, Krystle Szala, and Ashley Dacanay

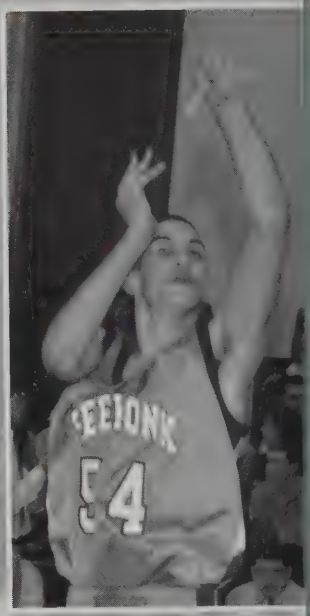


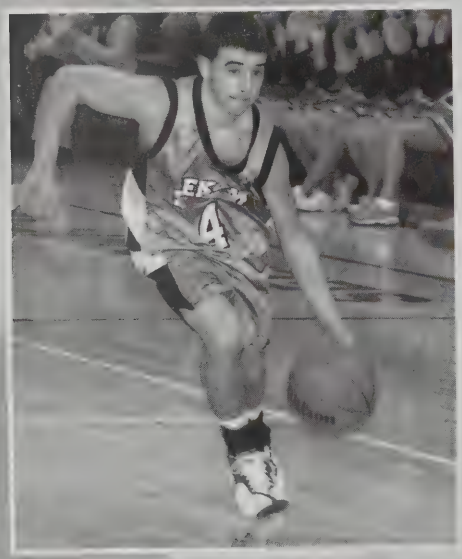
BASKETBALL

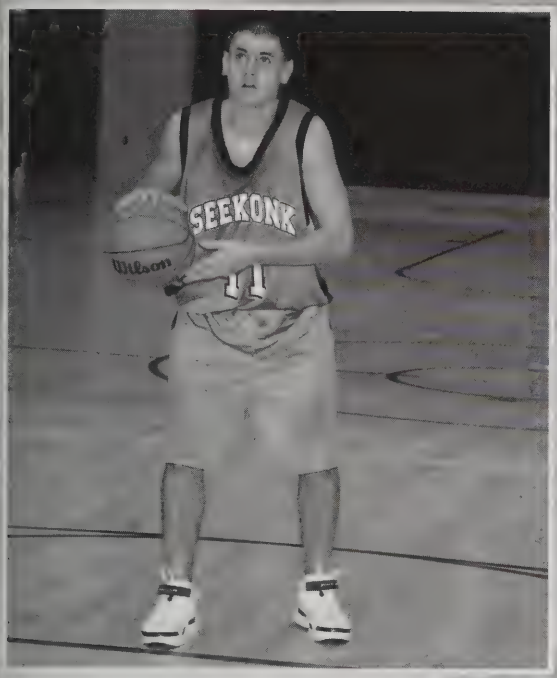
Welcome to the Big Dance...

Everything was brand new for the Seekonk Boys' Basketball team: a new gym, new coach, new uniforms, and a new attitude. The boys' dreams of making it to the big dance now seemed within reach. Seekonk took its first victory on opening night with a 52-50 win over Norton. The success continued throughout the season with the Warriors posting a 12-8 regular season record and their first appearance in the State Tournament since 1992.

This year's squad was lead by senior captains Ryan Seyboth and Andrew Charpentier. Other seniors included the dominating defender Adam Jennings, as well as Chris Snee, Curtis Ruckel, and Danny Gibbons. Next year's squad is posed for a return to the tournament with returning starters Andrew Periera, Dave Quinn, and Zach Easley. Other returning players include Tyler Percival, Matt Hendricks, Justin Gibbons, and Mike Perlman.







SCOREBOARD

Norton	52-50
Case	48-59
Wareham	48-57
NBV	58-36
Fairhaven	48-42
ORR	77-40
Apponequet	62-51
Martha's Vineyard	58-43
Bourne	50-74
DR	47-57
Case	42-38
Wareham	45-62
NBV	48-42
Martha's Vineyard	59-49
Fairhaven	56-60
ORR	63-48
Apponequet	46-47
Bourne	61-72
DR	53-57
Norton	57-50
State Tournament	58-60

THE LAST WORD

"This is the beginning of a new dynasty for Seekonk basketball."

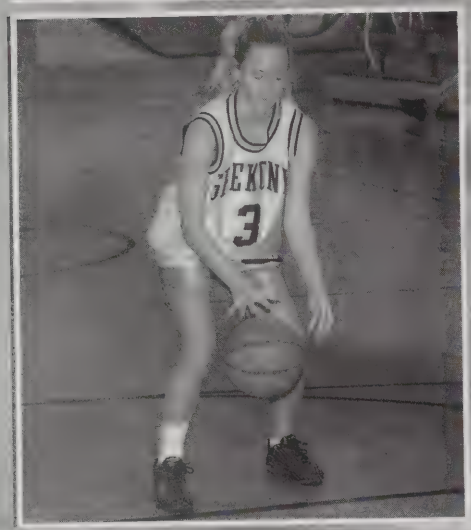
- Ryan Seyboth and Andrew Charpentier

TEAM

Top: Chris Snee, Danny Gibbons, Dave Quinn, Adam Jennings, Austin Silvia, Andrew Periera, Justin Gibbons, Coach Patch
Bottom: Curtis Ruckel, Zach Easley, Andrew Charpentier, Ryan Seyboth, Mike Perlman, Tyler Percival, Matt Hendricks

CAPTAINS

Andrew Charpentier, Coach Patch, Ryan Seyboth



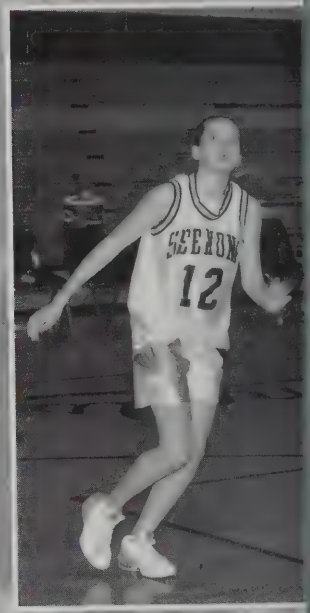
BASKETBALL

Team Keeps Bouncing Back

The Seekonk Lady Warriors had a strong season. Coached by Sal Pina, and with the leadership of senior tri-captains Lisa Mastropietro, Linda Lopes, and Ashley Nicholson, the girls pulled off several conference upsets. The Warriors managed to defeat rival Dighton-Rehoboth and blast the the Falcon's hopes of competing in the State Tournament. The victory over top seeded ORR was yet another memorable highlight of the team's season.

Lopes earned the Conference All-Star title, while Mastropietro was recognized as an Honorable Mention. Nicholson also appeared in the All-Star game as a three-point shooter.

With the loss of these three captains and senior Lauren Biladeau, the Lady Warriors will need strong performances from upcoming seniors Jen Cetenich, Sarah Castino, and Kayleigh Klegraefe, along with underclassmen support from Megan Seyboth and Cate Corry.



SCOREBOARD

Case	36-49
Wareham	52-67
NB Voke	47-42
Fairhaven	46-56
ORR	29-52
Apponequet	38-39
Marha Vinyard	27-56
Westport	48-36
Bourne	47-53
DR	54-66
Case	24-36
MV	45-59
NBV	59-53
Fairhaven	43-51
ORR	59-49
Apponequet	37-52
Bourne	67-52
Westport	48-39
DR	49-47

THE LAST WORD

"Success is not measured in accomplishments, but in the ability to overcome adversity."

-Anonymous

TEAM

Top: Megan Seyboth, Cate Corry, Sarah Castino, Kayleigh Klegraefe, Katya Kouptsova, Mary Gibbons, Coach Pina.
Bottom: Jennifer Cetenich, Ashley Nicholson, Lisa Mastropietro, Linda Lopes, Lauren Biladeau, Ashley Cordiero

SENIORS

Ashley Nicholson, Lisa Mastropietro, Linda Lopes, Lauren Biladeau

TRACK & FIELD

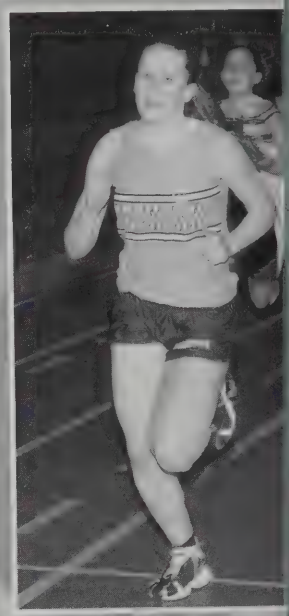
Success Came from Within!

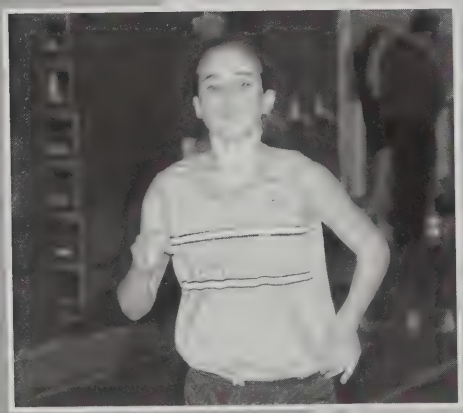
The Girls Indoor Track team was led by captains Kate Teixeira, Tracey Hayes, Jackie Totolo, Louisa Sham and Kara Manchester. Heading into the season, Coach Tracey knew that the team was going to be one of the stronger teams in the Conference, but he didn't realize just how strong the team could be.

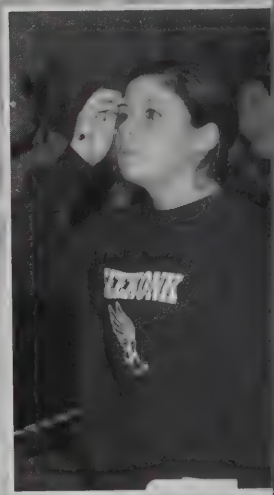
One of the main reasons that the team dominated this season was because of the outstanding, including Leigh Carden, Rachel Gregorek, and Kathy Roy. All were a great asset to the team's success, especially to the big defeat over rival, Dighton Rehoboth. Carden had an outstanding season, and was undefeated in the 2 mile, in which her personal best was 12.12.

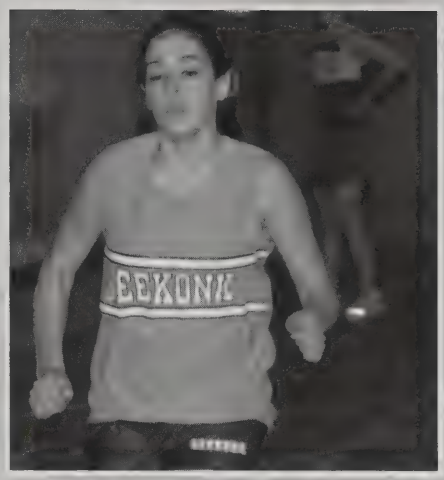
The girls had one more obstacle to overcome if they would go undefeated. Their last dual meet against the undefeated ORR Bull Dogs would determine their placement. Although the Conference title came down to the last event, Seekonk came out on top.

The team finished the season as the Undefeated Dual Meet Champions, as well as South Coast Conference Champions. Senior Captain Tracey Hayes had yet another outstanding season, again going undefeated in the 600 meters, and breaking the school record with a time of 1.45.8 at the State meet.









SCOREBOARD

DR	62-26
Case	72-12
Diaman	73-11
NBV	73-8
Bourne	62-12
Fairhaven	45-36
Wareham	55-26
Apponequet	65-15
ORR	64-41
Class Meet	6th place

THE LAST WORD

"It's been an awesome season, girls, and as captains we were happy to take you under our wings."

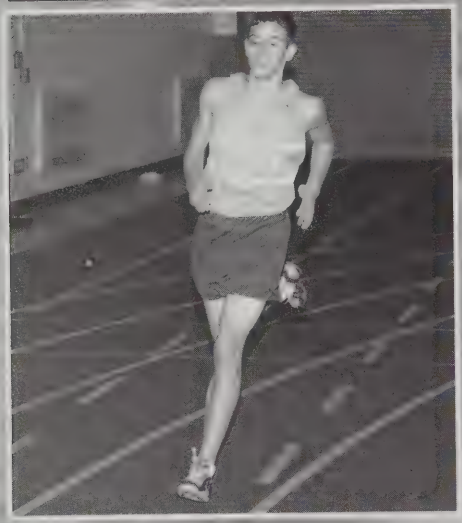
-Tex, Tracey, Jackie, Kara, and Louisa

TEAM

Top: Coach Tracey, Erinn Larkin, Louisa Sham, Kara Manchester, Kate Teixeira, Jackie Totolo, Tracey Hayes, Erin Holmes, Coach Mello, Coach Blinn
Second: Katie Snape, Ryane Watkins, Alli Karis, Kathy Roy, Katie McKenna, Kate Beattie, Steph George, Ashlee Irons, Rachel Gibbons, Angel Monterio
Third: Sarah Parente, Kelsey Debuc, Cailyn Velardo, Alessandra Grima, Alex Broomhead, Michelle Ciccio, Jess Teixeira, Courtney Danielson
Bottom: Caitlin Divver, Shana Lopez, Rachel Gregorek, Lauren Hall, Leigh Carden, Laura Kearney, Beth Daigle

CAPTAINS

Katie Teixeira, Tracey Hayes, Louisa Sham, Kara Manchester, and Jackie Totolo



TRACK & FIELD

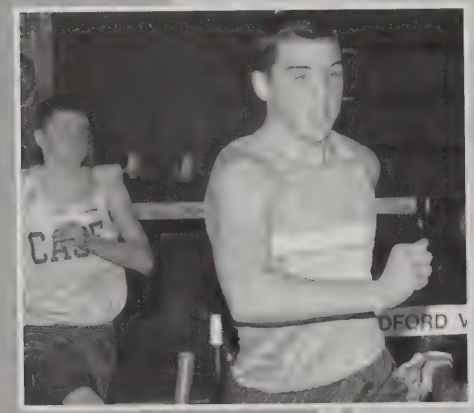
Hard Work Leads To Success

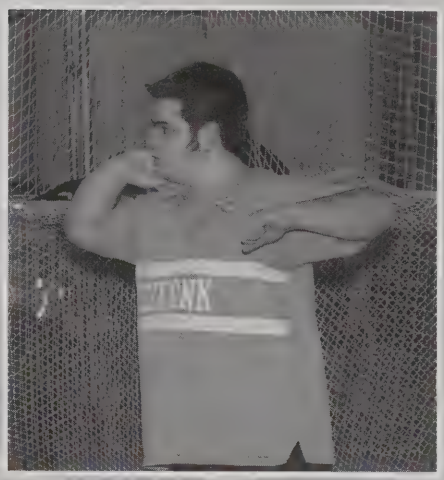
The Seekonk Boys' Indoor Track team had another very successful season, under the leadership of senior captains Luis Parente and Ryan McKinley. With a record of 8-1, the team finished second in the conference.

Several runners placed in the Conference Championship meet including seniors James Fox , Luis Parente, and Ryan McKinley, and underclassmen Matt Sanders and Brad Charpentier .

The team excelled in running events, with sophomore standouts Evan Foisy, Dan Sousa, Brad Charpentier and Danny Paradis. This 4x400 team always ran to its best ability and clinched the last winning points in numerous dual meets.The boysalso set the record at the Janiak Freshman/ Sophomore meet with an incredible time of 3:52.2, as well as placing fifth at the State meet.

Due to the loss of seven seniors, it will be essential for underclass to step it up in order to carry on Seekonk's winning tradition. This strong team looks ahead to another competative season next year.

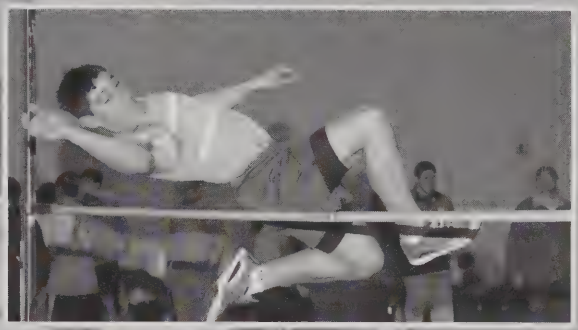




SCOREBOARD

NBV	57-24
Fairhaven	46-44
Bourne	12-66
Case	55-33
Diman	70-14
DR	46-42
Wareham	46-40
Apponequet	53-27
ORR	48-44

Class Meet place 10th



THE LAST WORD

"Great sportsmanship and teamwork comes from the hearts of those willing to push themselves to the limits, try their best, and never give up on themselves or others while competing in an event or cheering each other on from the side."
-Luis Parente
and Ryan McKinley

TEAM

Top: Coach Tracey, Coach Blinn, Coach Mello, Luis Parente, Ryan McKinley, Kevin Emmit, Pat Cleary, Kenny Mulligan, Mike Pimental, Justin DeBlois, Jesse Callaghan, Chris Mulligan, Kevin Swiechowicz, Phil Sullivan, Greg Pangborn, Shawn Lauffer
Middle: Peter Kirchman, Danny Sousa, Ray Chan, Tim Sherrerd, Jon McNulty, Dave LeBeau, Mark Mariano, Matt Langevin, Eric DeBlois, Corey Charron, Josh Sochin, EK James, Kevin Chan
Bottom: James Fox, Danny Paradis, Evan Foisy, Brad Charpentier, Sean Beattie, Jeff Seal, Taylor Horton, Steve Buckley, Myles Goulart, Tim Silverman

CAPTAINS

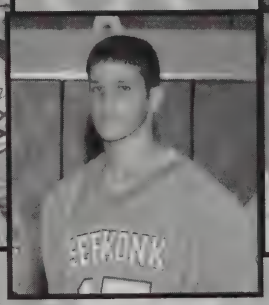
Ryan McKinley and Luis Parente

Senior Sports Superlatives

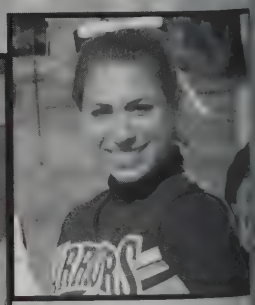
Don't measure yourself by what you have accomplished, but by what you should have accomplished with your ability.
—John Wooden

The yearbook staff asked Seekonk High coaches representing all sports to nominate a maximum of two seniors to Senior Sports Superlatives as representatives of their prospective sports. The seniors were not necessarily the best athletes on the team, but represented qualities such as dedication, determination, motivation, and leadership. The yearbook staff would like to recognize these individuals as outstanding senior athletes.

Andrea Alaownis
Football Cheerleading



Steve Bairos
Football



Peggy Chobanian
Football Cheerleading

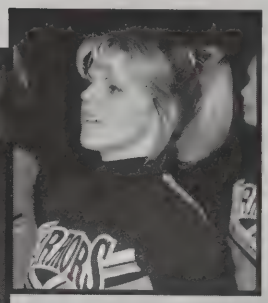
Michelle Cummings
Softball

Lauren Foisy
Volleyball

Danny Gibbons
Basketball

Erin Groves
Tennis

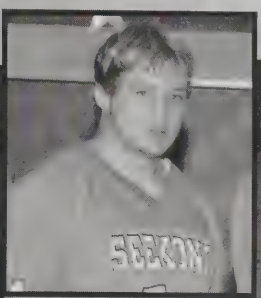
Tracey Hayes
Indoor Track

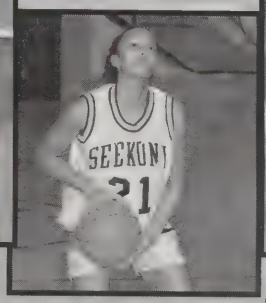

Holly Hunt
Basketball Cheerleading

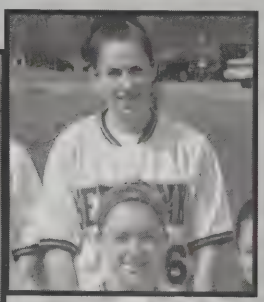
Georgina Kamaris
Soccer

Erinn Larkin
Cross Country

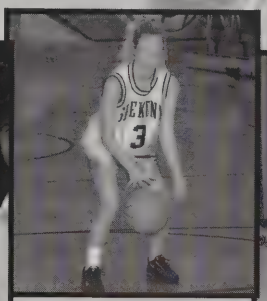
Kristen Lee
Soccer


Zach Linton
Football


Linda Lopes
Basketball


Lisa Mastropietro
Field Hockey & Softball

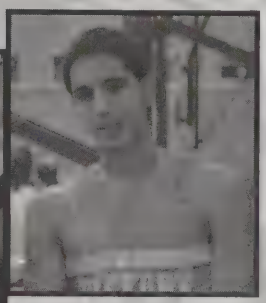
James McNulty
Tennis


Ashley Nicholson
Basketball

Adele Norton
Tennis

Meghan O'Connell
Swim

Simon Olean
Tennis


Luis Parente
Indoor Track

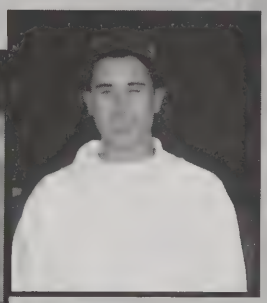
Melanie Pereira
asketball Cheerleading

Frank Pollock
Baseball

Curtis Ruckel
Baseball & Golf

Ryan Seyboth
Soccer & Basketball

Justin Sherlock
Soccer


Rob Sladen
Golf

Hailey Sloane
Volleyball

Lauren Smith
Swim

Phil Sullivan
Cross Country

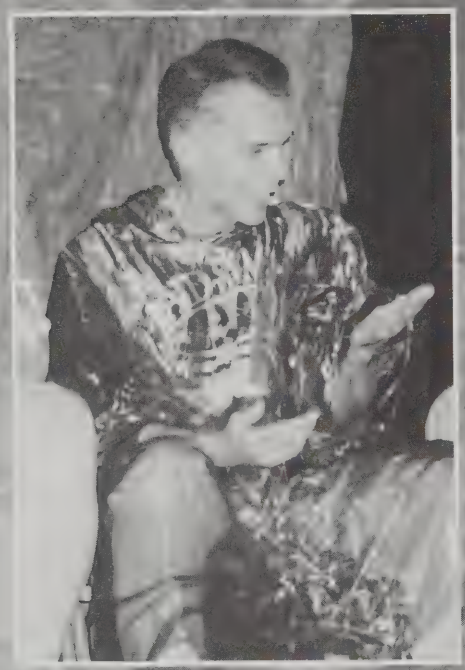
Eddy Sweeney
Swim

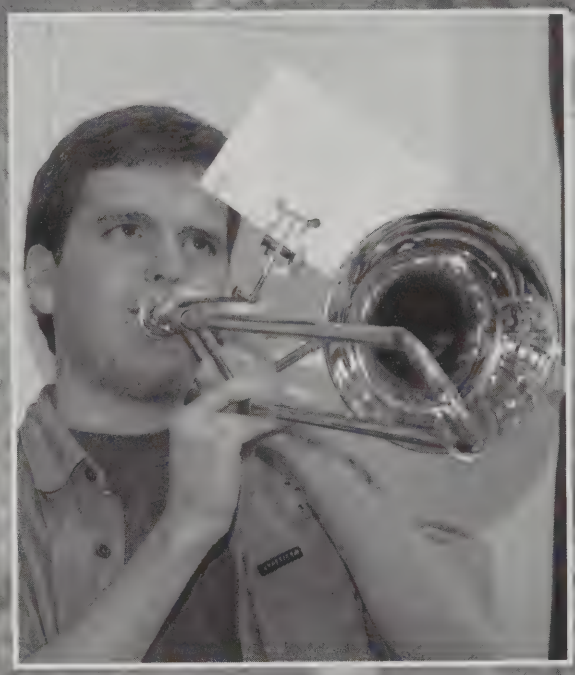
Kate Teixeira
Outdoor Track

Jackie Totolo
Field Hockey

Acti

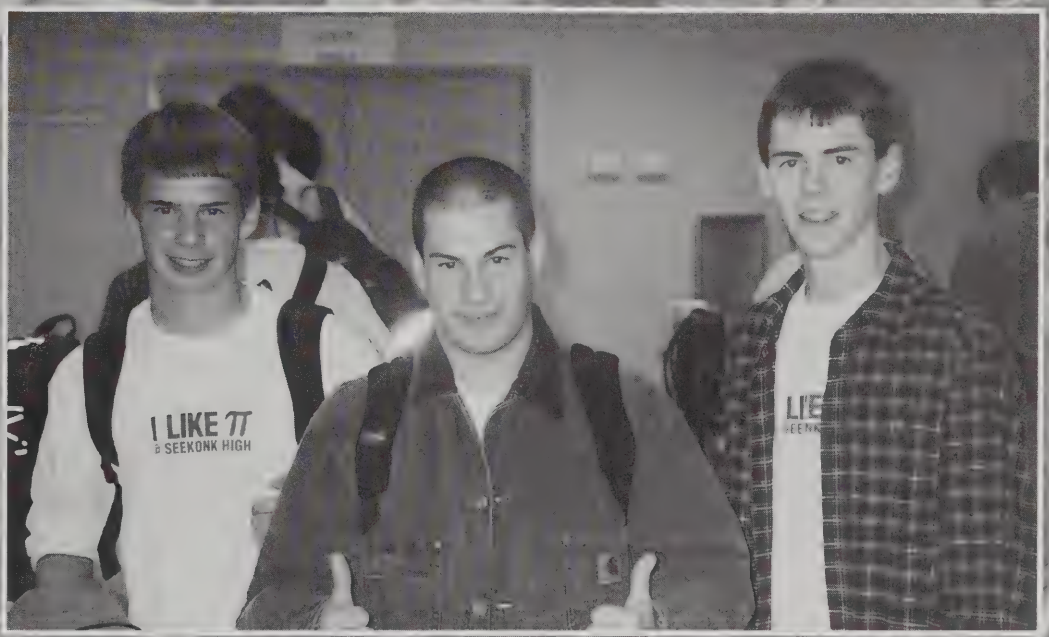
As far as titles go, there are few more obscure than the above. What exactly are the activities? Well, in addition to Spirit Week, Winter Ball, or various other school functions, "Activities" describes those groups of unsung heroes in our school: the artists, the actors, the musicians, the writers, the fundraisers, the ones who teach tolerance, the ones who broadcast our school's news. While you may not have found yourself

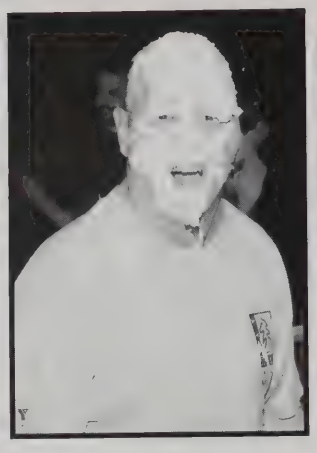




ities

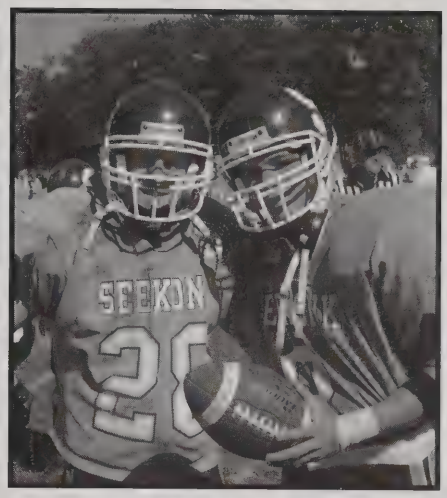
attending too many Math Team competitions or poetry "slam-offs," these activities still manage to thrive. And why is that? Because the activities aren't about bragging rights. They're simply about doing what you love (and perhaps having something to put on your college transcript). So if the title still remains unclear, just keep in mind that school wouldn't be the same without the activities, and neither would this yearbook! It would be 30 pages shorter.





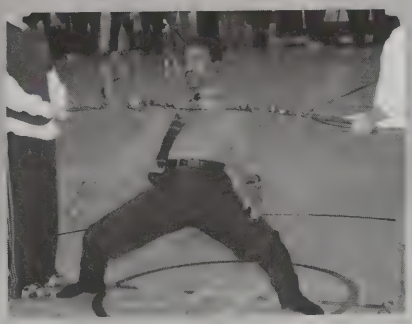
Homecoming

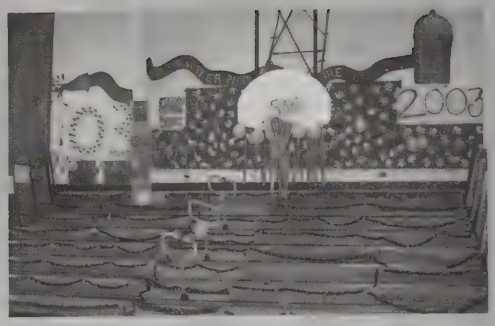
The Homecoming Pep Rally was different from any other. Due to construction, the gym had no bleachers and the rally was held in the auditorium. This obstacle didn't discourage spirit: teams showed enthusiasm, the cheerleaders performed, and Abby Scott and Steve Richardson were crowned senior King and Queen. Although our Warriors suffered defeat against New Bedford Voke, we celebrated with a half-time parade and a successful dance later that night.


SEEKON
20

2004

36

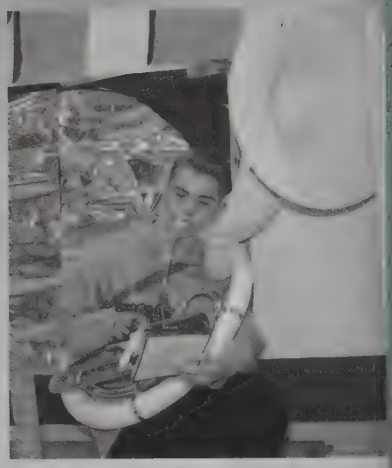


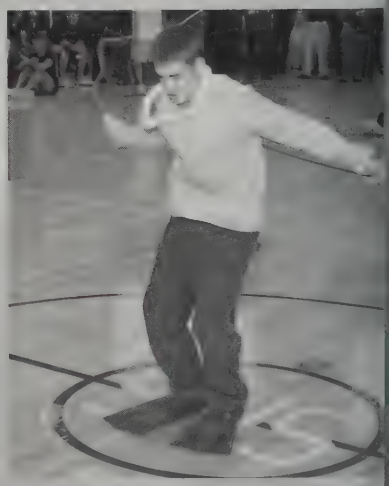


Spirit Week

This year's Spirit Week was filled with friendly competition and many surprises. The newly refinished gym was packed with students cheering for their teams and teachers, as the staff competed in a brand new teacher competition day. The seniors dominated the competition, with the freshmen narrowly beating the juniors for second place.

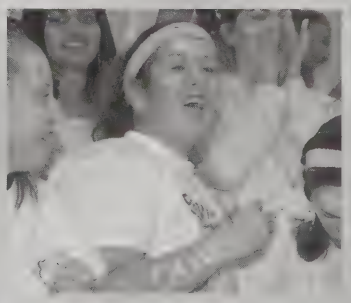
With fresh snow on the ground in the freezing cold air on Thanksgiving Day, the Seekonk Warriors gave it their all on the DR Falcon's home turf. Although the team lost the game, they had a lot of support from Seekonk fans of all ages. They were proud of the game they played, and it was a wonderful ending to a spirit-filled week.

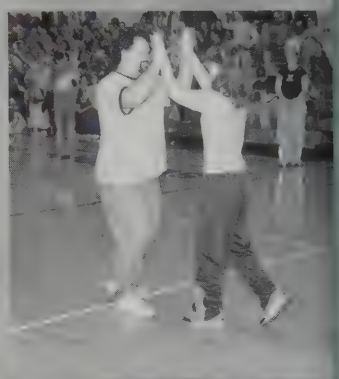




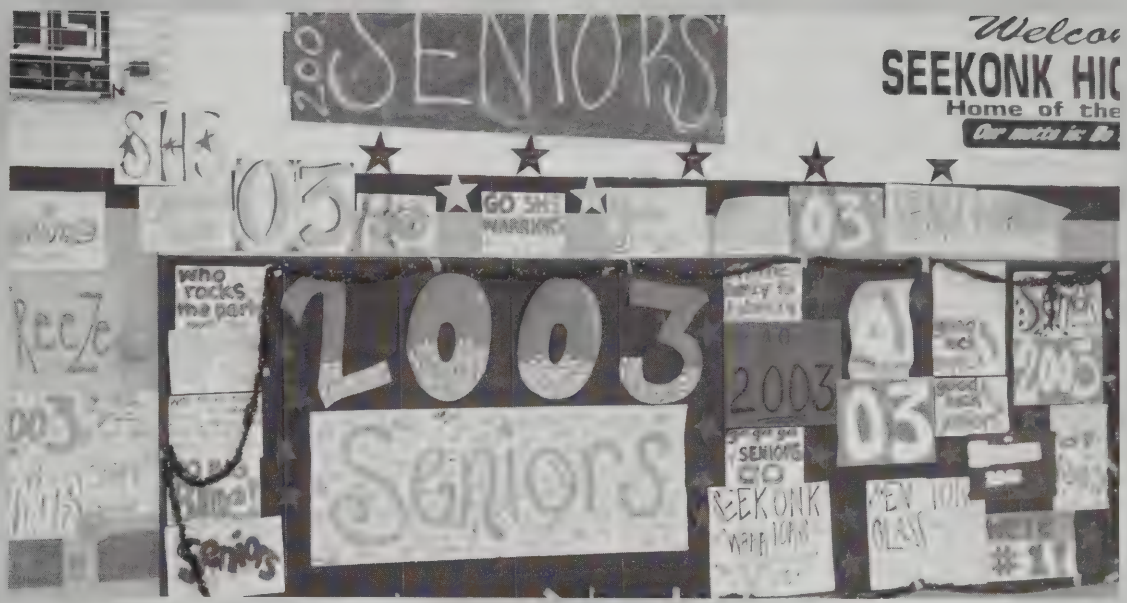
2004

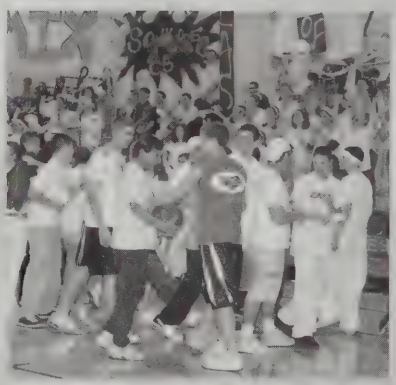
SENIO

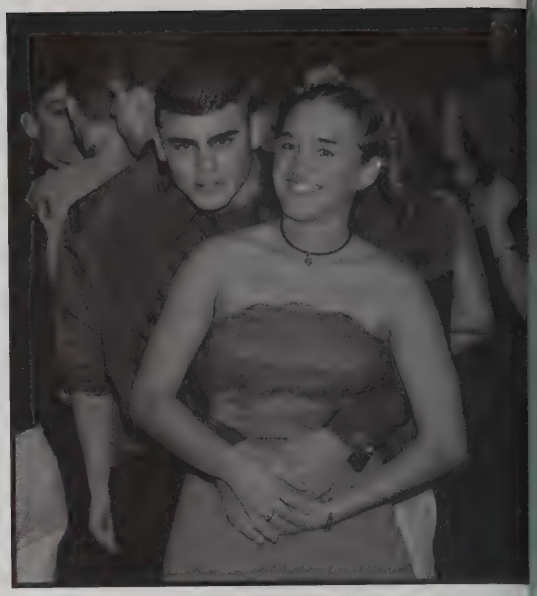




"Last year we were too hot to handle ...
This year we're too cold to hold."
-- Seniors 2003

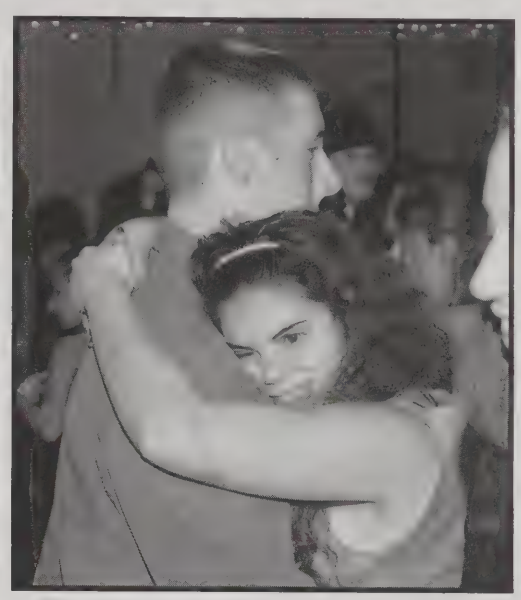


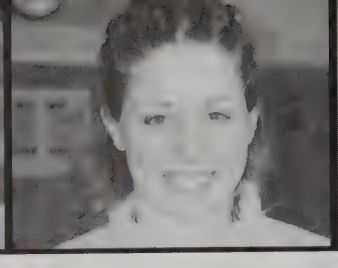
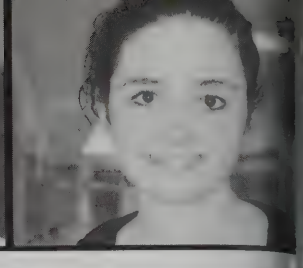
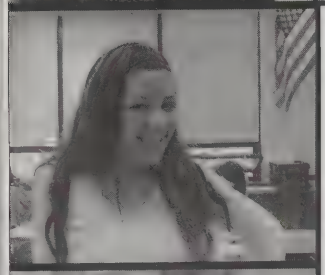
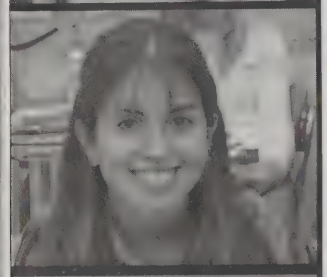




Winter Ball

January 25, 2003



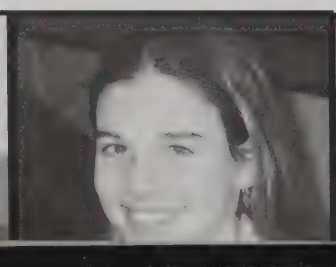
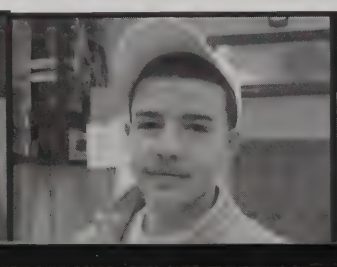
YEARBOOK

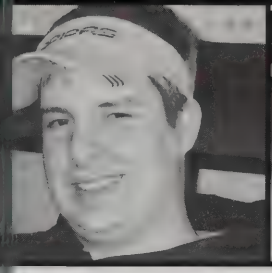
What is yearbook? To students, it is a book filled with high school memories to look at and laugh about in years to come. To the staff, it represents a year of writing copy, selecting digital photos and hoping the computers work, correcting typos, promoting sales to students who always wait until the last minute, and, yes, even sitting in the back of the publications classroom, where the only five guys in the class took refuge.

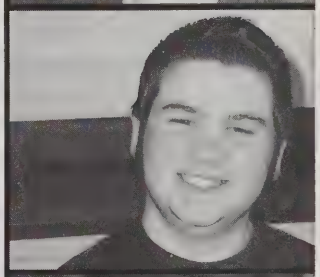
This yearbook was a challenge to produce, but it also was a pleasure to take part in. The feeling of accomplishment the staff gets from flipping through the 184 pages of this yearbook made the time and effort all worthwhile.

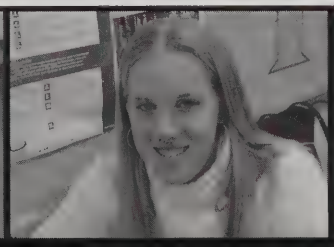
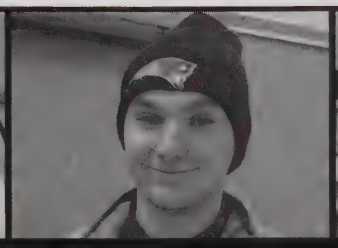
This year the staff was introduced to digital photography. They also decided to add more underclassmen pages to appeal to more students throughout the school, while still maintaining a focus on the senior class. With all that said, the staff hopes students will enjoy this product of their sweat, tears and laughter from the 2002-2003 school year. To next year's staff – we dare you to top this one!

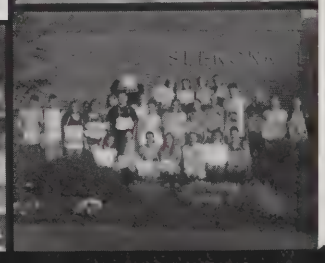
Editor in Chief: Kara Manchester
Chief Layout Editor: Jackie Totolo
Business Manager: Sarah Rubel
Sports Editors: Aja Bairos and Megan Daigle
Senior Editors: Laura Chianese and Erin Groves
Activities Editor: Cosima Cabral
Photo Editor: Melanie Pereira
Staff: Andrea Alaownis, Erika Barboza, Kristi Beaucage, Melissa Gravel, Tracey Hayes, Shannon Herd, Melissa Leandro, Nik Lima, Kristyn Lonszak, Kenny Mulligan, Jenn Murtha, Adele Norton, Meghan O'Brien, David Quinn, Kelly Roy, Ryan Seyboth, Justin Sherlock, Sara Sisson, Hailey Sloane, Lauren Smith, Krystle Szala, and Katelyn Teixeira
Advisor: Mrs. Julia Simpson







Concert Band & Jazz Band

"We are a gold medal band, and we owe it all to Mr. Malloy." – Ryan McKinley

Members: Kyle Amaral, Nicole Amaral, Erin Blackbird, James Borges, Brittany Botelho, Matthew Botelho, Ashley Cordeiro, Christina D'Amico, Marta daSilva, Keith Dion, Lori Duell, John Ferreira, Grace Fitzpatrick, Kristen Gridley, Drew Josefson, Gran Kellerman, Kyle Laprade, Kristen Lee, Valerie Marcil, Ryan McKinley, James McNulty, Edward Medeiros, Tina Menard, Nichole Mitchell, Greg Pangborn, Shana Pfeiffer, Nathan Pickering, Jessica Pilkington, Richard Renaud, Amanda Romano, Rachel Romano, Zachary Saleeba, Kevin Seccareccia, Taryn Smith, Shane Soper, Andrew Swallow, Ed Sweeney, Sarah Taylor, Cara Vavolotis, Stephanie Xavier, Erik Yando

The Seekonk High School Band is now 43 members strong and has improved immensely over the years. The band has made its presence known around nearly every corner of SHS. Whether at football games, Spirit Week, Johnson & Wales, or Christmas concerts, the band always puts on an excellent show.

The band's musicians are extremely dedicated and put a lot of heart and soul into their music. They practice during, before, and after school to prepare themselves for competitions and concerts. During school events they are constantly bringing students and faculty together.

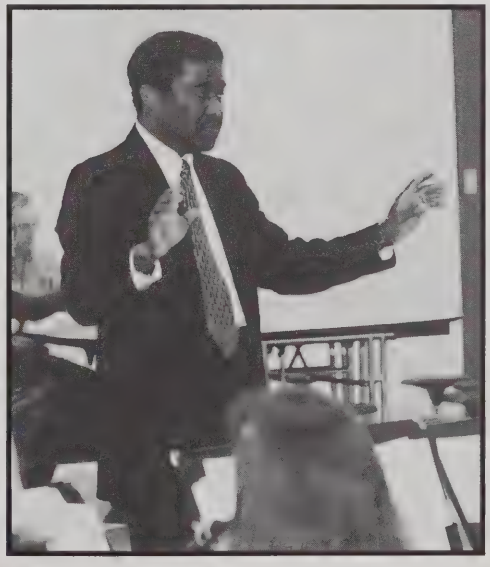
During April vacation of 2003, the band flew to Florida to perform in a band competition at Disney World. While there, the students met bands from around the country, and even had the opportunity to spend some quality time with Mickey Mouse. The band held many fundraisers to help pay for this once-in-a-lifetime event, including a raf for a huge TV and DVD, and a pasta supper that featur music by the Jazz Band.

The Seekonk High School Concert Band and Ja Band had many amazing opportunities this year, ea providing for the future growth of a spectacular mu department.

President- Kristen Lee
V. President- Jessica Pilkington
Activities Director- Erin Blackbird
Librarian- Katie Swallow

ck: Ryan McKinley, Andy Swallow, Taryn Smith, Matt Botelho, Ryan Dorsey, ch Saleeba, Grant Kellerman

ont: Erin Blackbird, Kristen Lee, John Ferreira, Lori Duell, Keith Dion, Rachel mano, Amy Hubbard, Jess Pilkington



Chorus & Chamber Singers

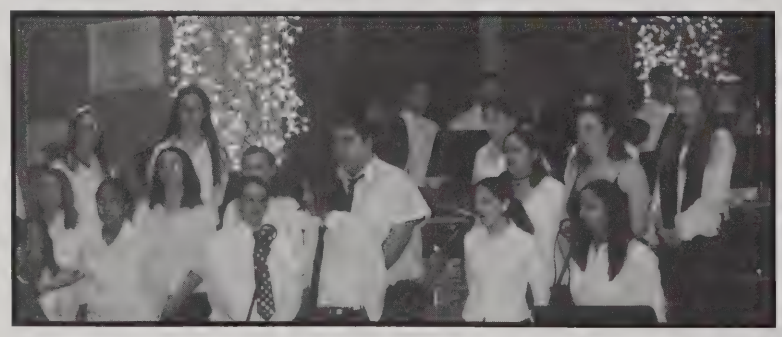
"We should sing songs that are in English." –Sara Provost

Back: Sara Provost, Meg Lamay, Heather Cleary, Marc Dallaire, James Drohan, Kimberly Robin **Front:** Tina Menard, Melissa Barboza, Lauren Tavares

This year's Concert Choir co sists of 12 members, while the Seekor High School Chamber Singers are 1 strong. This year they teamed up wi the SHS Band and performed song together at their annual Christmas Co cert.

The Chorus has traveled to mar places, showing their talents to differe groups of people in the community. The were a part of "Music on the Mall" whe they sang in the Swansea Mall, ar were able to enjoy a bit of shoppir afterwards. They also made many trip with the band to Johnson & Wales In where their performances were great appreciated.

Top: Rachel Romano, Ryane Watkins, Marta daSilva, Kelly McCabe, Ryan Vitacolonna, James Drohan
Second: Kristina Lopes, Heather Cleary, Jess Perkins, Erin Eaton, Stephanie Xavier
Third: Matt Dallaire, Tina Menard, Christine Banna, Krista Perry **Bottom:** Sara Provost, James Borges



Math Team

"Come for the cookies, stay for the math."

p: Tim Silverman, Dan McCardle, Nik Lima, Grant Kellerman, Kyle Laprade, stin DeBlois, Dr. Dupere
ddle: Kevin Seccareccia, Peter Kirchmann, Nick Lavoie, John Ferreira
ttom: Erinn Larkin, Karl Yando, Erik Yando, Chris Medberry

Captain: Ethan Marsh
Co-Captain: Justin DeBlois
Advisor: Dr. Phyllis Dupere

Math Team: It's the team that no one comes out to see compete. Nevertheless, the team had a very successful year, coming in seventh overall in the conference. The team was scheduled to compete a number of times, with the second meet held at Seekonk High.

The team was headed by senior Ethan Marsh and junior Justin DuBlois. The team's top scorer was junior Grant Kellerman. The team hoped to make the playoffs this year after just narrowly missing playoffs by one spot last year. They hoped to bring a coveted trophy home for the math team.

Science Club

"I can't wait to go rock climbing!" -Nik Lima

lvisors: Mrs. McBride and Mrs. envenue

It has been an amazing year for e Science Club with many activities anned. The club had a number of est speakers in the Brown Bag Lunch eries, which has proven to be a great dition to the science program. The ub took a trip to the IMAX Theater in ovidence to see a 3-D space movie urrated by none other than Tom uise. The club also sold a lot of ndy this year to raise funds for more os. If you are looking for a club where u can meet lots of people and have s of fun, come down to the science ng.

Top: Mrs. McBride, Peter Kirchmann, Ryan McKinley, Nik Lima, Kyle Laprade, Justin DeBlois, Heather Pinault, Mrs. Bienvenue
Second: Erinn Larkin, Tim Silverman, Rob Tavares, Dan McArdle, Jess Pilkington, Nick Laveau, John Ferreiria, David Valentine, Sabrina Taylor, Sarah Chaves, Caitlin Grant, Ethan Marsh
Third: Meghan O'Connell, Mallory Demty, Kevin Seccareccia, Travis Delange, Grant Kellerman, Derek O'Leary, Ed Sweeny, Lauren Foisy, Luis Parente, Laura Tavares, Ken Williams
Bottom: Rob Sladen, Ashley Nicholson, Phil Tavares, Karl Yando, Jaime Kaplan, Chris Medberry, Jenn Barlow, Nicole Terrien, Todd Parmentier, Kristen Lee.

Paper Cuts

"I'm glad that talented writers and artists have a place to publish." -- Mrs. Simpson

Lily Shield, Amanda Baron, Michelle Ciccio and Mary Gibbons are some of the Paper Cuts staff members.

Advisor: Ms. Kelly
Co-Editors: Rachel Auclair and Lily Shield

Paper Cuts is a literary magazine written, designed and produced by Seekonk High students. The publication gives students a chance to share their creative writing and artwork with others. Students in Ms. Kelly's creative writing class are selected as members of the editorial board to read and choose work submitted by students throughout the school. Staff members, with the help of Ms. Kelly, plan how to present each piece in the publication. The quality of the submissions points to the amazing talent of SHS students, and this magazine gives them a chance to shine. It takes a lot of hard work and dedication to complete each magazine, but the results are well worth it.

Newspaper

"What a great group of students on the paper this year! With 23 girls and one guy on the staff, the noise levels in room 529 could get pretty high." – Mrs. Brayer

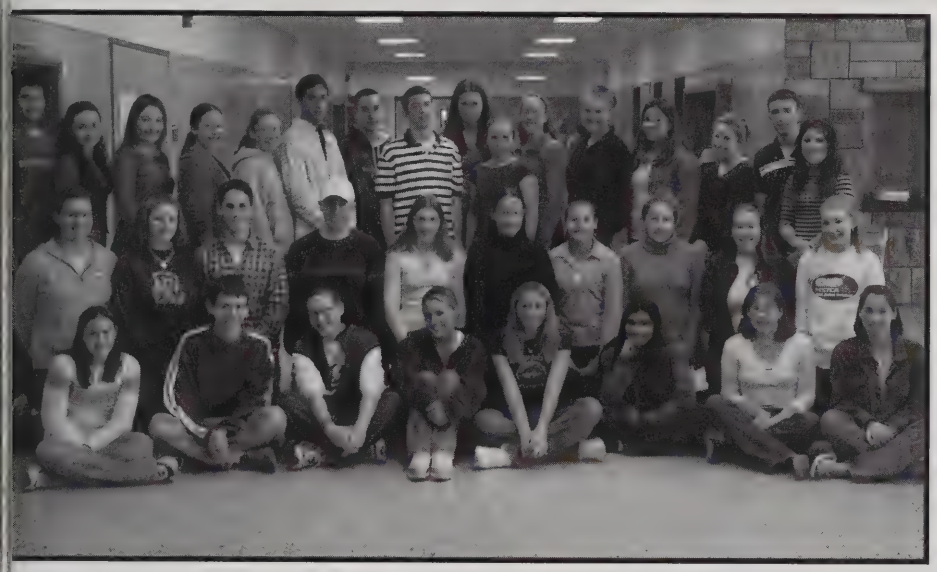
"Out with the old and in with the new," could be the theme of this year's newspaper class. With a new name and a new staff, the only thing that remains the same from last year is the advisor, Mrs. Brayer. *SNAP* (Seekonk News and People) features 24 enthusiastic writers led by two undeclassmen editors, Shayna Lopez and Jamie Chaves.

While *SNAP* continues to bring school-related articles, horoscopes, and sports highlights, the columnists also have spread out beyond the confines of SHS. For example, each month a *SNAP* writer submits a book review for the *"At the Library"* column of *The Seekonk Star*. Also working for the Star staff is Ashlee Irons, who writes a monthly sports column. Finally, Alex Broomhead writes a monthly column for the Greater Boston edition of *School Sports*, which focuses on Seekonk High athletes.

Top: Alexandra Broomhead, Ms. Brayer, Kate Beadie, Amey Blackburn, Katie McKenna, Jenna Drohan, Rachel Auclair, Kelsey Mitchell
Middle: Amanda Keegan, Amanda Baron, Jess Teixeira, Michelle Ciccio, Caryn Fitzpatrick, Shayna Lopez, Ashley Irons
Bottom: Kayla Cruz, Kelley Sloane, Jocelyn Danielson, Laura Ferguson, Stephanie Caron, Jamie Chaves

Key Club

"Our ultimate goal, which is to strengthen our community, can only be achieved by a group of people who want to see change. I believe we are that group of people."-- Eddy Sweeney



p : Christopher Medberry, Meghan O'Brien, Lauren Foisy, Sabrina Taylor, Tracey Hayes, Luis rente, Nick Lavoie, Billy Carden, Heather Pinault, Rachel Bennett, Erin Vecoli, Jennifer Rogers, tany Oliveira, Courtney DeLange, Michael Rijo, Christina Duarte
ddle: Amanda Baron, Amanda Keegan, Eddy Sweeney, Rob Sladen, Meghan O'Connell, Sarah aves, Laura Tavares, Lauren Bilodeau, Andrea Alaownis, Erinn Larkin
ttom: Kelley Sloane, Karl Yando, Seth Clark, Lauren Smith, Erin Groves, Bijal Patel, Lauren coli, Jennifer Barlow

Advisor: Miss Connors
President: Eddy Sweeney
Vice President: Lauren Foisy
Treasurer: Lauren Bilodeau
Secretary: Nancy Andrade
Class Representatives: Heather Pinault, Rachael Romano, and Lauren Vecoli

The Key Club is a volunteer organization whose members offer their time to help improve the community. Their activities include fundraising through selling raffle tickets and hosting a number of events in Seekonk. Along with the Key Club's annual Easter egg hunt and car show, the group gave books to kindergarten classes and read to them, sent Christmas gifts to Europe and Asia, sponsored a September 11 memorial, and organized a "Taste of the Town" event. The focus of the group is to encourage students to become active, life-long volunteers in their community.

LEO Club

"Go LEO Club!*!" -- Laura* Tavares

esident: Laura Tavares
ce President: Alexandra Broomhead
cretary: Ashlee Irons
easurer: Melissa Jodat
ard Members: Seth Clark, Jenna Drohan, tie Snape

Going into its third year, the LEO Club s proven itself to be a very active group. The ıb sponsors many events that help raise oney and support our community. This year ey once again donated and delivered many anksgiving food baskets and helped out at onthly clam boils in Rehoboth. The group so donates numerous toys each year at ristmas through the Toys for Tots program. eir biggest annual event is the G.E.N. Run/ alk-a-thon. The money raised at this event es towards the G.E.N. scholarship and helps bring the community together, one of the als of this organization.

Top : Chris Medberry, Nick Rondo, Rob Tavares, Nick Lavoie, Billy Carden, Heather Pinault, Jenn Rogers, Brittany Oliveira, Courtney DeLange, Josh Sochin, Michael Rijo, Nancy Andrade, Lauren Hall
Middle: Tracey Hayes, Meghan O'Brien, Kelley Sloane, Sabrina Taylor, Sarah Chaves, Laura Tavares, Ashley Irons, Melissa Jodat, Erinn Larkin, Christina Duarte
Bottom: Rob Sladen, Carl Yando, Seth Clark, Kim Delude, Amey Blackburn, Craig Johnson, Meaghan Sanders, Kayleigh Klegraefe

French Honor Society

"Nous aimons le gateau!" –Kelly Roy and Courtney Sylvia

Top: Heather Pinault, Mrs. Armour, Kelly Roy, Courtney Sylvia, Ashley Nicholson
Bottom: Kathryn Lesage, Kelsey Debuc, Nicole Terrien

Advisor: Mrs. Armour
President: Ashley Nicholson
Vice President: Kelly Roy
Secretary: Courtney Sylvia

The Seekonk High School French Hon Society is a very small, selective group. T be inducted into this organization, Frenc students must achieve an average of ninety. To be honest, not much was done this group; however, they attended th International Festival and learned how write French poetry. These students als read the classic by Voltaire, *Candide o l'Optisme,* and expanded the understanding of French culture.

Spanish Honor Society

"La vida es sueno, y los suenos, suenos son" –Pedro Calderon de la Barca

Advisor: Mr. Robert Hartley
President: Robert Sladen
Vice President: Nancy Andrade
Secretary: Kristen Lee
Treasurer: Bijal Patel

The students of La Sociedad Honorario Hispanica are 'caliente' this year. Maintaining an average of 90 or better in a least 2½ years of Spanish proves to be immaculate enough, but being the 'Masters of Espanol' is their real accomplishment. And with an advisor who has many years experience in the Spanish language, the Spanish Honor Society is sure to go far.

Top: Jessica Pilkington, Erin Blackbird, Billy Carden, Neil Gibeau, Rob Slade
Bottom: Kristen Lee, Caitlin Grant, Nancy Andrade, Bijal Patel, Nick Sotis, Ka Yando

National Honor Society

"Who made up those Honor Bowl questions?" -Kara Manchester

op: Erin Groves, Curtis Ruckel, Kate Teixeira, Ryan McKinley, Peter Kirchmann, Tim lverman, Luis Parente, Billy Carden, Jackie Totolo, Ed Sweeney
econd: Brittany Botelho, Dan McCardle, Kevin Seccareccia, Ethan Marsh, James Fox, ustin Sherlock, Ryan Shore, Rob Sladen, James McNulty
hird: Meg O'Brien, Kelly Roy, Meg O'Connell, Courtney Sylvia, Lori Duell, Heather Cleary, a Bairos, Adele Norton, Erin Blackbird, Lauren Vecoli, Rachel Romano, Katie Swallow
ottom: Tracey Hayes, Peggy Chobanian, Lauren Bilodeau, Andrea Alaownis, Kara anchester, Cosima Cabral, Ashley Nicholson, Lauren Smith, Bijal Patel, Jess Pilkington, risten Lee

Advisors: Mrs. Trisha Shea and Mrs. Janet Fitzgerald
President: Kara Manchester
Vice President: Andrea Alaownis
Secretary: Billy Carden
Treasurer: Kelly Roy

As you can see, The Seekonk High School chapter of the National Honor Society was quite large this year. To be inducted into this academic and service organization, students must maintain an 85 average by the end of their junior year. This year's group held a wreath sale for Christmas, and donated all of the money to charity. The members also were active in honor bowls throughout the school year. In fact, the first Honor Bowl of the season was held in the Seekonk High School library. This year's National Honor Society was very successful.

Executive Board

"Yeah, Mrs. Horton!" -Seth Clark

lvisor: Mrs. Linda Horton
airperson: Seth Clark

This year's Executive Board was ccessful in bringing the student body gether and organizing many new activities. e Executive Board implemented the lass of the Year" competition, in which asses competed all year in Homecoming, ent attendance, Spirit Week, and the ring Competitions to be the class with the ost school spirit. The Board also organized e Big Brother/Big Sister program to miliarize incoming freshmen with the hool and help them become comfortable a high school atmosphere. During Spirit eek, the Board organized many ndraisers, including the Spirit Shaker les, which benefited Special Olympics, d a can tab drive (which was extremely ccessful) for kidney dialysis patients.

Michele Lopes, Courtney Sylvia, Seth Clark, Kelly Roy, Erin Blackbird

GSA

"We teach acceptance, not just tolerance." – Rachel Auclair

Top: Meagan Maloney, Rachel Auclair, John Ferreira, Mrs. Noble, Mrs. Armour, James Borges, Christine Banna, Ryan Vitacolonna
Bottom: Ariel Miles, Lily Shield, James Ostendorf, Violet Gomes, Megan Walsh

Advisors: Mrs. Noble, Ms. Armour, ar Mrs. Nelson

The main goal of the Gay/Straig Alliance is to promote overall scho tolerance and to create a safe environme for all students at Seekonk High Scho The GSA spent most of the year going in freshmen and sophomore classes to tea students what the GSA was about. Th biggest misconception about the GSA that everyone involved is gay and the cl is a "dating service." The students work hard this year to dispel this myth.

The teachers and the administrati fully support the club and its goal Fortunately for the GSA, they also recei support outside of the school, with M Hurley as one of the club's supporters.

Trinity Ambassadors

"It's been so awesome meeting new people and improving our acting ability." -Caryn Fitzpatrick.

The Trinity Ambassador Program enables Seekonk High students who are interested in theater to attend several educational workshops led by actors and several plays at the nationally acclaimed Trinity Repertory Theater in Providence. Tryouts for this extraordinary club are extremely competitive, allowing only a few spots open each year; however, the opportunity is well worth all the work.

Some of the plays seen by the group this year were *Copenhagen, A Christmas Carol, Nickel and Dimed,* and *Annie.*

Top: James Borges, Sarah Rogers, Caryn Fitzpatrick
Bottom: Christine Banna

Slam Team

"Why didn't it last longer?" -Travis DeLange

op: Carl Abelson, Ashley Lantagne, Ryan Vitacolonna, Kyle Nadeau, Jon Cady, at Abrams
iddle: Travis DeLange, Megan Walsh, Katie Courtemache, James Borges, arah Rogers
ottom: Derek Durant, Nick Joannidi, Rachel Auclair, Lily Shield, Stephanie avier

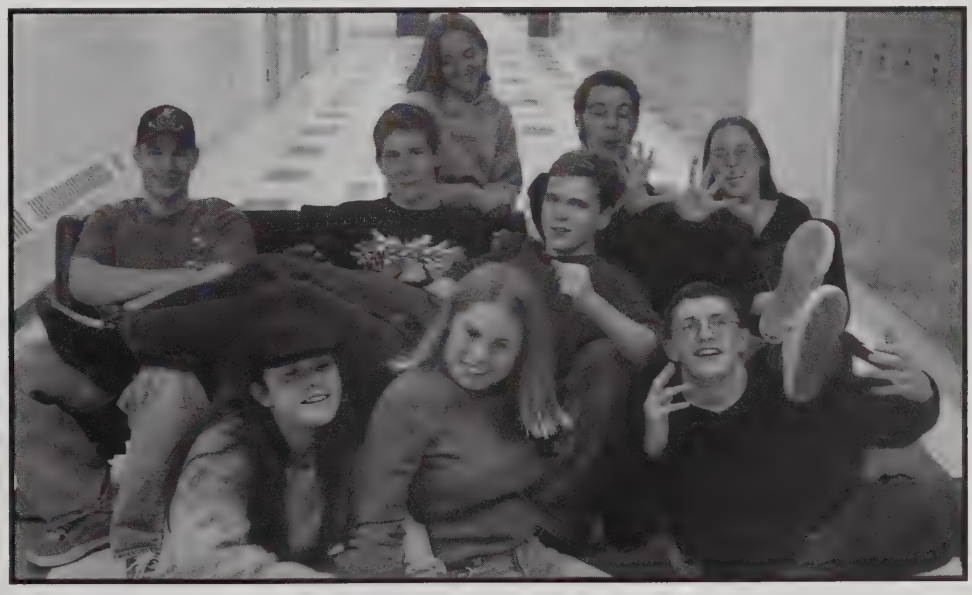
Even though this year's Seekonk Slam Team, AMP (Artists, Musicians, and Performers), did not do what it set out to do, the possibilities are high for next year. Led by AS220's Bernard Dolan, the club is hoping to learn more about slam poetry and how people of all different talents can come together to do very different and amazing types of performances, possibly even for competition with other high schools in the area.

By the way, Poetry Slams are contests in which poets perform their poems orally and are judged on their merits. In recent years, national contests have been held in which winners of regional contests have competed for national titles. SHS students got a chance to try out this new form of expression this year.

Hardcore Drama

"Oh my God! What the heck is going on?!" - comment from a random girl

Since the dawn of time, man has arned for Hardcore Drama. Finally, it has rived. Hardcore Drama is a club separate om any other club dealing with drama at HS. Hardcore Drama 's main difference om other drama groups is the fact that its embers write everything that is performed. so, Hardcore Drama videotapes its performances and does not perform on stage. uring its first year, the group considered elf quite successful. Yes, by the time ou've read this, it's likely that Hardcore rama has produced as many as 10,000 ms (give or take a few), beginning with eir first humble offerings of "Mario Sounds," litman," and "Hardcore: The Animated eries."



Top: Kevin Seccareccia, Derek O'Leary, Nicole Terrien, Andy Swallow, Katie Swallow
Bottom: Kelly McCabe, Jess Pilkington, Grant Kellerman, John Ferreira

S.A.D.D.

"Every 30 minutes someone dies from a drunk driver. Please don't drink and drive."
-Mothers Against Drunk Driving

Top: Kristina Lopes, Ed Sweeney, Heather Cleary, Andrea Alaownis, Meg O'Brien, Tracey Hayes
Middle: Luis Parente, Lauren Vecoli, Lauren Bilodeau, Lauren Foisy, Erin Groves, Bijal Patel
Bottom: Kristina Duarte, Danny Gibbons, Tracey O'Connor, Peggy Chobanian

Advisor: Mr. David Rubin
Co-Presidents: Andrea Alaownis an Heather Cleary
Executive Board: Meghan O'Brien an Edward Sweeney

Everyone knows that drinking an driving is an issue that needs to b addressed in high school. This group wa formed to create an awareness of th dangers of driving while under the influence Between March and graduation, Student Against Drunk Driving worked hard in orde to bring the school together with a numbe of assemblies and activities. They create SADD Week, which included Red Ribbo Day, Grim Reaper Day, and an emotiona assembly with guest speaker, Ted Gorhan Even though this group is new, it hopes t grab the attention from younger students t keep this group thriving.

Mock Trial

"At least they didn't put us in jail." -Mr. Callaghan

Advisors: Mr. Callaghan, Mrs. McAloon, Mrs. Brayer

The Mock Trial team is a group of students who compete with other schools in specially designed court cases. Each trial is two-hours long and is held in a courtroom before a judge. The teams alternate positions between being the plaintiff and the defense. The judge will award points to the teams, and the team with the most points at the end of the case wins. During the season each team has three trials. If a team wins all three trials, it is eligible to go to the playoffs. This year the Mock Trial team competed against Bishop Feehan High School, Mansfield High School, and Cardinal Spellman High School, and won one out of three competitions.

Top: Mr. Callaghan, Mrs. McAloon, Lily Shield, James Borges, John Ferreira, Mrs. Brayer
Bottom: Keri Sousa, Seth Clark, Christine Banna, James Ostendorf

STV News

"Finest quality ever!" – Mr. Crippen

op: Mr. Crippen, Ashlee Irons, Stephanie Caron, Nick Rondeau, Sarah Chaves, elissa Gravel
iddle: Kristyn Lonczak, Lindsey Trahan, Jessica Teixiera, Laura Rinderer, Diana mas, Meghan O'Brien
ottom: Jackie Totolo, Seth Clark, Zach Fournier, Abby Scott, Kate Teixeira

Advisor: Mr. Crippen

The STV News staff dealt with some technical difficulties this year, due to the fact that there were absolutely no the televisions on school grounds hooked up to receive the broadcast. As part of the on-going renovation project, old televisions had been taken out of the classrooms and had yet to be replaced.

The class worked hard to continue producing news programs that were aired on Channel 9, the local public access television station. Despite the technical difficulties, the group enjoyed capturing life at Seekonk High on tape.

Video Yearbook

"Video yearbook gives students another way to look back at their high school life." –Megan Daigle

dvisor: Mr. Crippen

This year the Video Yearbook class nade its debut at Seekonk High and produced a video yearbook of senior class nemories. A group of veteran media students, under the direction of Fred Crippen, vorked together throughout the year to hoot video and edit highlights of the school ear into the net result: a professional 60-ninute tribute to the Class of 2003.

The class of seniors divided the work inder the direction of video yearbook producer, Megan Daigle, who was in charge of he entire project. The class members were glad to have this opportunity to add another creative dimension to their high school nemories.

Top: Mr. Crippen, Megan Daigle, Sara Sisson, Tiana Leis, Jon Cady, Bryan Galvin, Linda Lopes
Bottom: William Carden, Cosima Cabral, Curtis Ruckel, Kassi Benson, Melanie Pereira, Laura Chianese

Student Forum

"How about that tutoring?" -Billy Carden

Top: Shayna Enos, Kelly Roy, Chris Martin, Sean McBride, Billy Carden, Michele Lopes, Matt Troia, Nick Deblois, Chris Marievelli
Middle: John Ferreira, Rachel Auclair, Lily Shield, Grace Fitzpatrick, Ashlee Irons, Courtney Baron
Bottom: Cory Ulrich, Seth Clark, Chelsea St.Hillaire, Leigh Carden, Kara Manchester

Advisors: Dr. Buchanan and Mr. Hurley
President: Billy Carden

The Superintendent's Student Forum is composed of middle school and high school students who were selected by their school principals to represent their class in monthly meetings with Dr. Buchanan and Mr. Hurley. This year's group of students was active in discussing new schedule revisions, the continuing renovation project, and many other pressing school issues.

The forum also began a new program tutoring elementary school children in their troubled subjects. The forum members enjoy discussing school issues, while reaching out and helping the Seekonk community.

Seekonk Writers Project

"It is a pleasure spending time with others who love experimenting with words as much as I do." – Mrs. Fitzgerald

Teachers/Writers: Mrs. Fitzgerald, Mrs. Simpson, Ms. Dunlap, Mrs. Krauss, Mr. Rubin, Ms. Kelly

The Seekonk Writer's Project is a group of students and teachers who share a love for writing. They meet twice a month at 7 Arrows Herb Farm in Seekonk to write and share their work with each other. The group traveled to New Jersey in September to take part in the Geraldine R. Dodge Poetry Festival in New Jersey and attended a Writer's Retreat on Cape Cod in March. The Seekonk Writer's Project gives the students and teachers an opportunity to express themselves and find their voice through writing. They always welcome new writers.

Top: Rachel Auclair, Nick Joannidi, Nicole Terrien, Ryan Vitacolonna
Bottom: Seth Clark, Amanda Goodheart, Lily Shield, Megan Walsh

Virtual High School

"High School beyond four walls!" -Mrs. Piquette

Top: Derek O'Leary, Shayna Enos, Nicole Fernandes, Courtney Moniz, Amanda Goodheart, John Beaulieu
Bottom: Karl Yando, James Drohan, Jaime Kaplan, Lily Shield, Kristina Duarte

Director: Mrs. Piquette

Virtual High School offers high school courses to students around the United States and the world via the Internet, and Seekonk High has been part of the program for three years. Seekonk High can currently enroll more than 40 students in any of the more than 150 NetCourses offered in theVirtual High School catalog. VHS courses range from advanced academic courses to technical and specialized courses to unique electives. VHS NetCourses are either a semester or a year in length. The courses are seminar-based where students interact, exchange information, and participate in group discussions with their classmates and their teacher.

Work Study

"Work study is where work, responsibility, and creativity join together." – Mr. Winsor

dvisor: Mr. Winsor

Work Study is an academic program ffered to seniors that provides an alterna-ve environment in which they can perform oth academic and work-related tasks, hile still in high school. In the classroom, tudents develop their resumes, discuss eir experiences with employment prac-ces and workplace issues, and are intro-uced to other topics related to the work orld. The work study curriculum requires em to be employed, which provides them ith real-life experiences to help them pre-are for graduation and their careers.

Top: Donald Monroe, Neil Correia, Brian Rebello, Nick Turgeon, Simon Olean
Middle: Justin Perry, Zach Robbins, Jay Demers
Bottom: George Ferreira, Mr. Winsor, Kevin DeMedeiros

Majorettes

"You can do anything you put your mind to." – Erin Blackbird

Top: Meghann Tullie, Katie Everett, Erin Blackbird
Bottom: Sarah Rapp

Advisor/Coach: Kim Gattoni

The Seekonk Majorette Team consists three competitive twirling teams that com pete with other schools throughout south eastern Massachusetts. Each team is base upon the individual twirling skills of eac team member. Last year, the girls had a incredible season. Though competition wa tough, the girls were able to bring hom championships with their routine to "Thrille by Michael Jackson.

The championship banner, hanging the gym, is a symbol of everything the tea worked so hard to accomplish these pa few years. This year the girls competed the highest level of twirling teams against a of their old rivals. Their musical selectio consisted of "It's Rainin' Men" by the Weath Girls and clips from the soundtrack, "Singi in the Rain."

This summer, two of the girls will b competing in the Junior Olympics in Detro Michigan.

Color Guard

"It takes to lose to win!" – Lauren Tavares

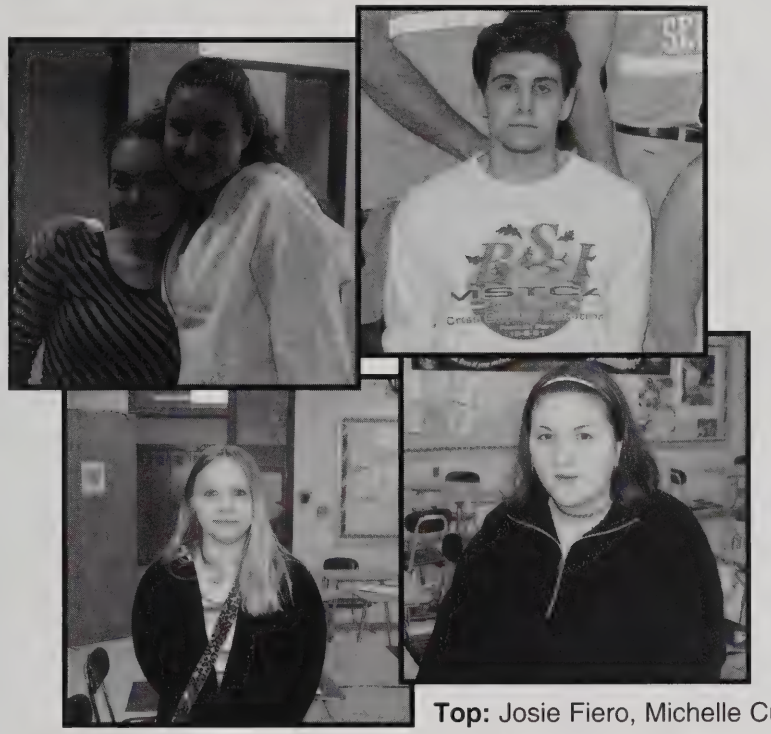
Advisors: Darlene Menard, Susan Menard, Linda Wrigley, and Russell Gaynor

This year, the Seekonk Color Guard consisted of seven girls, including junior captain, Alicia Sylvia. This year's highlights included a trip in April to Disney World to perform in an Epcot Parade. In addition, the girls performed at many competitions throughout New England and exhibitions, such as the Seekonk Memorial Day Parade, and the football season half-times. The girls hope for another great season and always welcomes new members.

Lauren Tavares and Alicia Sylvia

Dual Enrollment

"It was the best decision I ever made." – Victoria Paquin



The Dual Enrollment program offers seniors a chance to complete the requirements for their senior year of high school while taking college freshman courses at local state institutions at the same time. Students who choose this option can still take part in Seekonk High's sports teams and clubs and activities.

Five seniors opted for this program this year. They included: Josie Fiero, Michelle Cummings, and Philip Sullivan, who attended the University of Massachusetts/Dartmouth, and Patricia Metz and Victoria Paquin, who attended Bristol Community College.

All five students reported that the program offered them a wonderful opportunity to begin working on their college programs while still maintaining ties to the high school.

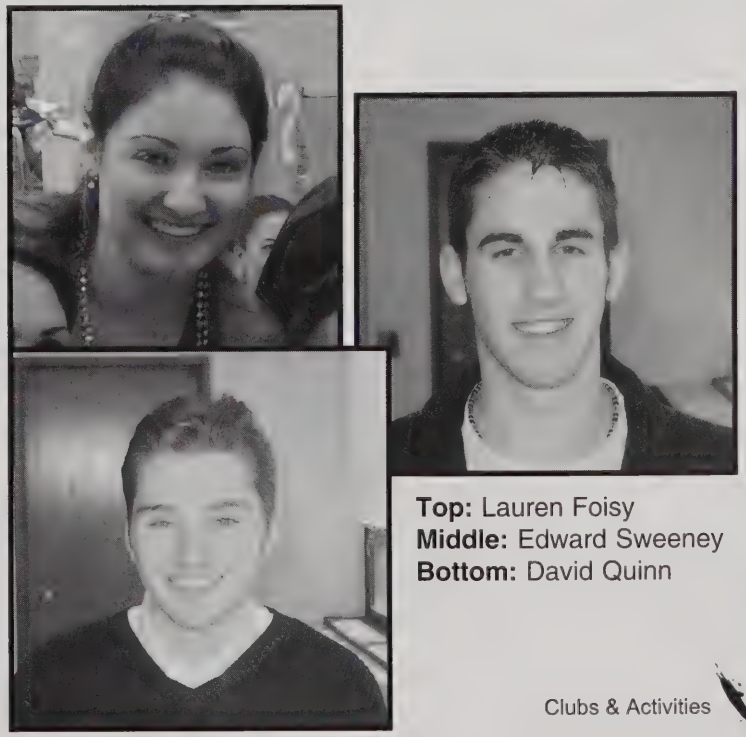
Top: Josie Fiero, Michelle Cummings and Phil Sullivan
Bottom: Patricia Metz and Victoria Paquin

School Council

"It's great working with members of the staff, student body, administration, and community in order to make Seekonk High a better place." – Dave Quinn

The School Council is a cross-section of all the types of people who make up the Seekonk High School community: students, parents, teachers, town residents, and school administrators. The group's purpose is to discuss issues that affect the school and the surrounding community and to make recommendations for school policies and regulations.

The three students on the council this year include seniors Lauren Foisy and Ed Sweeney and junior David Quinn. They commented that the council gives them a chance to represent the student voice at all stages of decision-making. This year's issues included changing the class schedule and the continuing process of renovating the high school.



Top: Lauren Foisy
Middle: Edward Sweeney
Bottom: David Quinn

Drama Club

"Drama Club... A lot of work, but we have so much fun!"

Bottom Row: Director Aimee Bouchard, Zach Fournier, Mike Lapre, David Valentine, Brian Rainey, Sara Provost, Kristen Lee, Sarah Rogers, Steve Charlonne, Nick Joannidi, Jess Pilkington, Derek O'Leary
Top Row: Katie Swallow, Arianne Solymanloo, Dan Kirkpatrick, James McNulty, Lucas Correia, James Borges, Lily Shield, Brittany Botelho, Ryane Watkins, Marta DaSilva, Amanda Goodheart, Craig Johnson, Nicole Terrien, Christine Banna

Advisor/Director: Amy Bouchard
Student Directors: Amanda Goodhea
Erin Blackbird, and Kelly McCabe

Most students can do without a lot drama in their lives, but Seekonk Dram Club members thrive on it. This year's clu is the largest it's been in years. The Dram club has been known for their awesom past year performances such as *The Wi* to this year's presentation of monologue and one-act plays called *Thandia Fere.*

Led by Director Aimee Buchard, SHS graduate, the club has been hard work after school, putting together ne performances. Some highlights from th year included, "Ferris Wheel," directed b Amanda Goodheart; "Sure Thing," directe by Kelly McCabe; and "Man Who Couldn Dance," directed by Erin Blackbir However, the most anticipated event th year was the club's production of *Guys an Dolls* in May.

This year's Drama Club is "mo structured" this year as compared to th last, said senior Kristen Lee, but it's not a work and no play. "I made a lot of friend in Drama my freshman year. I'm doing again as a senior and even now I'm s making tons of new friends."

So there you have it, whether you're the club to make friends or to practice yo craft as an actor, the Seekonk High Dram Club has it all!

Big Brothers Big Sisters

"The Big Brother/Big Sister program was a success this year. Everything ran smoothly...except for that lost teacher..." -Kelly Roy

Advisor: Mrs. Horton

When eighth graders from Seekonk Middle School visited in early February, they had lots of help learning about all the high school had to offer from a large group of freshmen, sophomores, and juniors. The high school students showed them around the school, promoted clubs and activities, and introduced them to high school sports teams. Mrs. Horton and several others worked hard to develop an organized program for more than 200 eighth graders and their teachers.

Students who were Big Brothers and Big Sisters to eighth graders: Nancy Andrade, Sarah Chaves, Kelsey Dubuc, Shayna Enos, Amanda Falls, Laura Ferguson, Nicole Fernandes, Rachel Gibbons, Melissa Jodat, Laura Tavares, Sabrina Taylor, Seth Clark, Keith Dion, Matt Groves, Matt Hendricks, Nick Lavoie, Chris Medberry, David Quinn, Neal Gibeau, Nick Sotis, Andy Swallow, Rob Tavares, Trevor Thurber, Kevin Carpenter, Karl Yando, Amanda Baron, Kassi Benson, Amey Blackburn, Michelle Ciccio, Ashley Cordeiro, Pamela Cummings, Marta daSilva, Bianca DeLuca, Emily Fox, Mary Gibbons, Laura Kearney, Sarah Parente, Lily Shield, Erin Vecoli, Brad Charpentier, Corey Charron, Kevin Chan, John Ferreira, Matt Gancz, Drew Josephson, James Ostendorf, Greg Pangborn, Dan Paradis, Mike Pimental, Nate Pickering, Tori Carrol, Elizabeth Hinton, Brittney Karns, Amanda Keegan, Sara Laprade, Ashley McKenzie, Liz Sladen, Chelsea St. Hilaire, Matt Botelho, Charles Chadsey, Brian Costa, RJ Gagne, Taylor Horton, Craig Kennedy, Matt Langevin, Mark Mariano, Ed Medeiros, Kyle Nicholson, Brian Rainey, Nick Rainho, Matt Viens, Erik Yando, Kate Beattie, Katie Fox, Ed Buonanno, Heather Cleary, Krystle Szala, Kristen Lee and Tayor Duhammel

Thank You!

To all the students, teachers, advisors, parents, and administrators who get involved with clubs and activities at Seekonk High School. Their efforts provide everyone at SHS with a chance to find themselves and to develop their passions. Some students' best memories of high school revolve around the clubs and activities they joined, the friends they made, and the experiences they had together.

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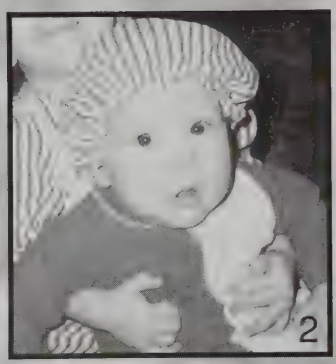
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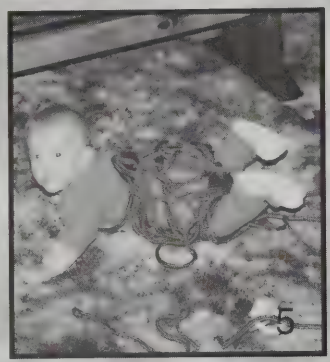
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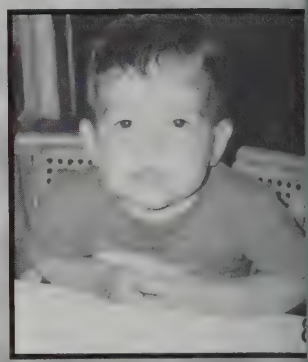
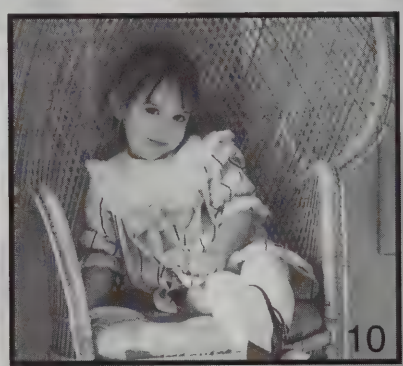


"Pooh, promise you won't forget about me, ever. Not even when I'm a hundred." Pooh thought for a little...

9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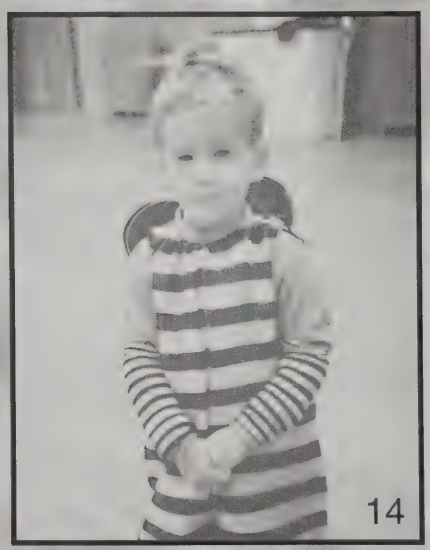
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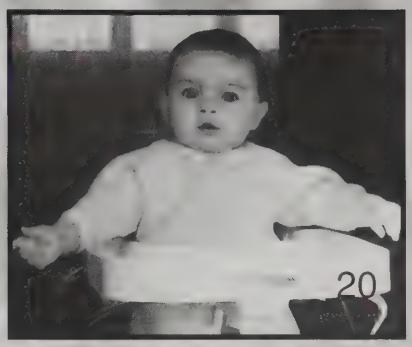

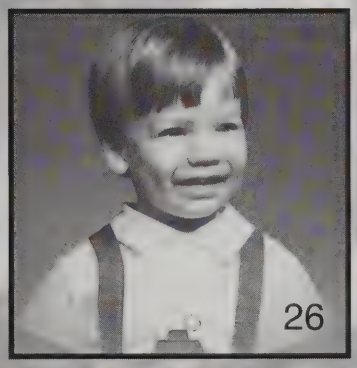

Class of 2003

1. Lisa Mastropietro
2. Danny Gibbons
3. Sara Sisson
4. Rachel Romano
5. Kyle Amaral
6. Simon Olean
7. Rob Sladen
8. Ryan Seyboth
9. Jennifer Murtha
10. Courtney Sylvia
11. Richard Renaud
12. Andrea Alaownis
13. Hailey Sloane
14. Zachary Robbins
15. Tracey Hayes
16. Scott Robbins
17. Bijal Patel
18. Laura Chianese
19. Kara Manchester
20. George Ferreira
21. Eddy Sweeney
22. Kristi Beaucage
23. Joy Stafford
24. Kevin deMedieros
25. Lauren Foisy
26. James McNulty
27. Sarah Rubel
28. Nicole Duarte
29. Georgina and Elpitha Kamaris
30. Erika Barboza
31. Amanda Whitelaw
32. Chad Travers
33. Adele Norton

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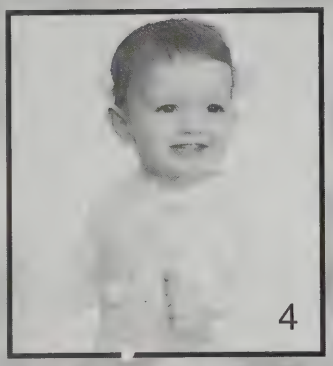
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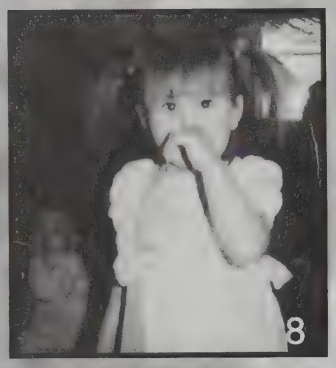
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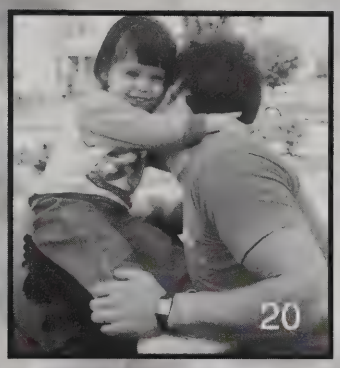
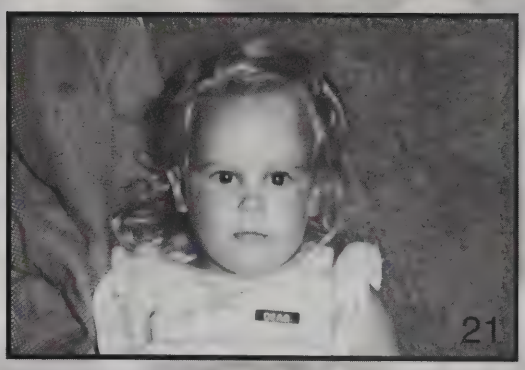
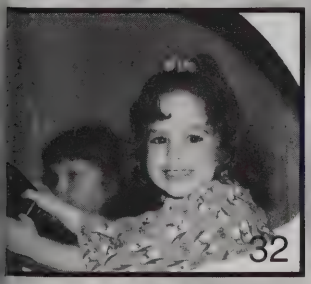




...“How old shall I be then?” “Ninety-nine.” Pooh nodded.
“I promise,” he said. -- Christopher Robin & Pooh Bear



1. Andrew Charpentier
2. Tara Craven
3. Holly Hunt
4. Meghan O'Brien
5. Kristyn Lonczak
6. Sara Provost
7. Aja Bairos
8. Katelyn Texeira
9. Luis Parente
10. Lauren Smith
11. Justin Sherlock
12. Kristina Lopes
13. Ashley Slaiding
14. Meghan O'Connell
15. Erin Blackbird
16. Kelly Roy
17. Jackie Totolo
18. Tiana Leis
19. Erin Groves
20. Melanie Pereira
21. Abby Scott
22. Melissa Gravel
23. Kelsey Mitchell
24. Chris Snee
25. Derek Durant
26. Cosima Cabral
27. Megan Daigle
28. Ashley Nicholson
29. Kristen Lee
30. Lauren Vecoli
31. Peggy Chobanian
32. Lori Duell
33. Lauren Bilodeau

Congratulations Class of 2003

from the

Parent Advisory Committee

Dear Class of 2003:

Congratulations on your high school graduation. Although I have spent only one year with you as your principal, I have been impressed since the beginning. You are a class of leaders. You have left a mark on Seekonk High School that cannot be erased.

At your class meeting on the first day of school, I challenged you to be a class that makes a difference. You have lived up to and surpassed that challenge. Throughout all your endeavors I have been impressed with your work ethic, intelligence, sense of humor, and most importantly, your caring and considerate nature.

As you leave Seekonk High School I know that you will continue to make us very proud. **You will encounter many more difficult challenges in the years ahead, but if you always focus on being good people, you will tackle any issues that come your way.**

In the years ahead, you will have many opportunities to improve yourselves and others around you. I encourage you to take advantage of these opportunities. Go out and use your skills to make a mark on the world. You are a credit to the Seekonk school district, your families, and the community in which you live. I am honored to have been a part of your lives.

Thank you for everything you have given me as a new principal, and congratulations as you begin a new stage in your life. I wish you all the best!

Best wishes,

Miss Patricia Connors

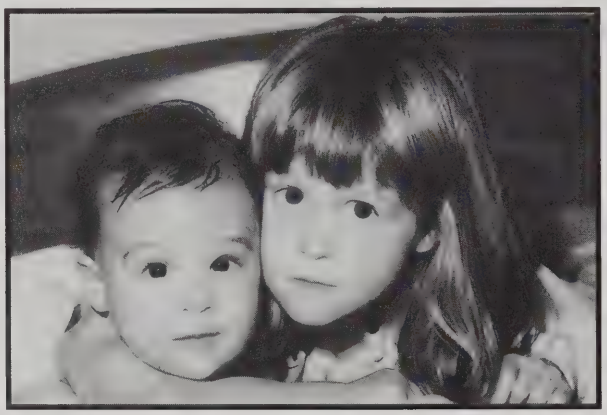
Principal

Kelly,

You are such a beautiful, intelligent, and caring person. We are very proud of all your achievements and of the lovely young woman you have become.

Embrace the world with open arms and may your dreams become a reality. Your future success awaits you ...

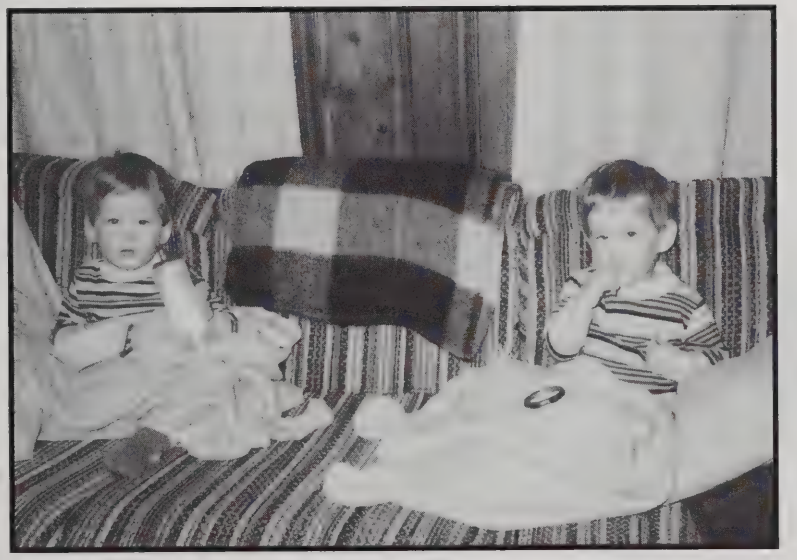
With all our love,
Mom and Dad



Kelly,

You are a special person and my best friend. You are the person I look up to and want to be. You have been a great friend and the best sister. I wish you the best the world has to offer. Thank you for always looking out for me, Kel. I love you with all my heart.

XoXoX
Kathy



Dear Abby,
Scott
and Zach,

We are so proud of you and everything you have accomplished so far.
You all have our love and hope for continued success in life.
We love you,
XOXOXO

Mom & Dad

Cosima,

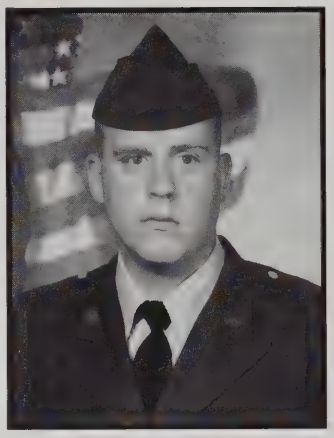
The day you were born we learned what true Love & Happiness was. You have always been such a wonderful, loving, caring daughter who always puts others before yourself. We wish you greatness in everything you strive for in life. Don't ever let anything change the great person that you are.

All our love,
Mom & Dad

Phil,

Congratulations. We are proud of you.

Love,
Mom, Randi
& Kerri



Congratulations Jimmy!

Keep up the good work.
We love you.

Mom, Dad, Katie
& Emily

We Are So Proud

So, So Proud of You

Nick,

May your future bring you as much joy as you have always brought to us. "Keep that smile."

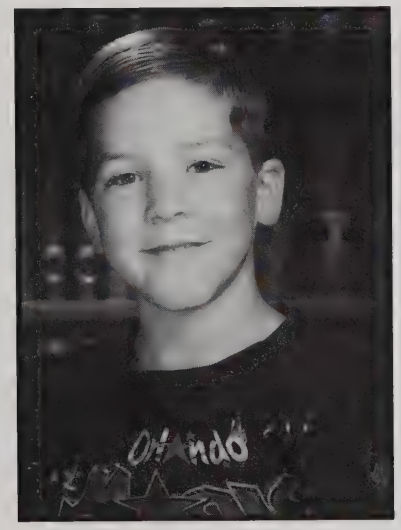
With all our love,
Mom, Dad & Brian

Jamie,

We're so proud of you!
Congratulations. You are such a special person, and you have shown it many times. May all your dreams come true for you. Always stay true to yourself.
You are so beautiful!
With all our love,
Mom, Dad, Eric & Boomer

Laura,

For all you are, and all that you will be, we wish you success, good health, happiness and love. We are very proud of you.
Loving you always,
Mom, Dad and Brian



Danny,
We are so very proud of you. Stay true to yourself and always keep that smile ready!
Love, Mom

LAUREN,

WE BELIEVE IN --
YOUR INTEGRITY,
YOUR PERSISTENCE,
YOUR ATTEMPT TO DO IT ALL ...
AND DO IT WELL.
WE BELIEVE IN --
YOUR MANY TALENTS,
YOUR ARTISTRY,
YOUR MODESTY,
YOUR DETERMINATION TO DO IT YOUR WAY.
WE BELIEVE IN --
YOUR WILLINGNESS TO SERVE,
YOUR KINDNESS TOWARD OTHERS,
YOUR WISDOM AND STRENGTH.

LAUREN,

WE BELIEVE IN YOU!
MAY ALL YOUR DREAMS COME TRUE!

LOVE,
MOM, DAD
& EVAN

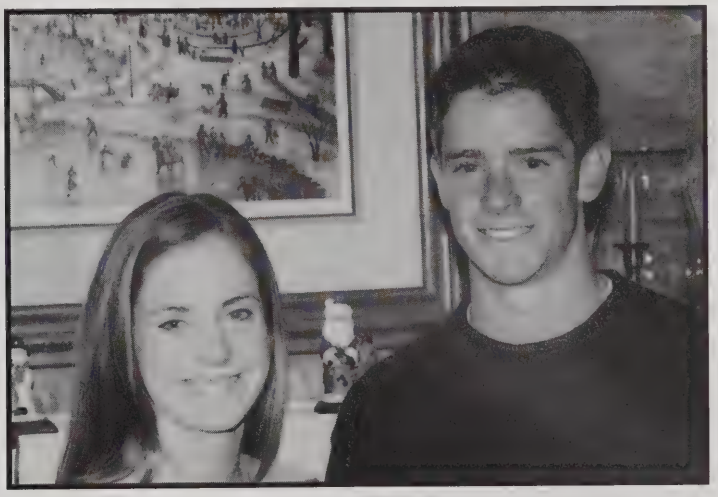
Kara,

Since the day you were born you have been a joy in our lives. We are so proud of the person you have become. Always remember we love you with all our hearts and will always be there for you. We wish you peace, happiness, and success as you continue your journey.

God bless you and keep you in His care.

Love,

Mom and Dad



Kara,

Congratulations on your accomplishments. Cherish your experiences and memories. Good luck with the path you choose to follow. The best is yet to be.

I love you!

Corey

"Never be afraid or hesitant to step off the accepted path and head in your own direction if your heart tells you it's the right way for you. Always believe you will ultimately succeed. You are meant to be whatever you dream of becoming."

-- Edmund O'Neill

Congratulations,
Aja-Babe!
We love you,
Mom, Ben, and Eli

Josie,

The choice to do dual enrollment at UMass Dartmouth... miss your senior year... your friends was not an easy one, I know.
You have a dream and you have stayed focused. That takes a lot of courage, determination, and a sense of humor. You've got all that and much more!!
We love you.
Mom, Caleb, Seth, Gram, Your Aunts, Uncles, Cousins

Kyle,

It began 13 years ago, in kindergarten. Such a big event, and so difficult for Dad and I to let you go.

Now comes the last day, yet the first for you. We love you and are so blessed to have a loving, kind and funny kid. And, of course, we are proud. Good luck.

Love,
Mom, Dad & Danielle

Ryan,

From the day you were born, you have been a great source of happiness and joy. On your next journey we hope you will accomplish all you have worked for. We are very proud of the young man you have become, and we wish you every success life holds for you.

Love always,
Mom & Dad

Neil,

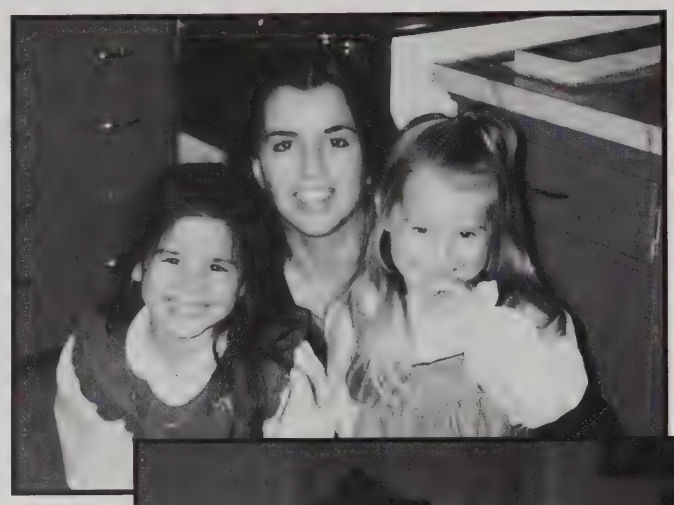
Thank you for all the love, laughter, and fun that you have brought to us. We are very proud of you! You are a great son, so responsible and full of life.

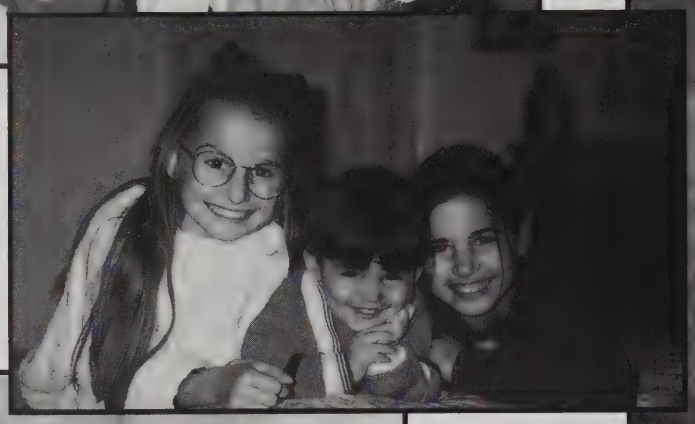
We love you very much!
Mom and Dad

Andrea,

We are so proud of the wonderful, sensitive young woman you have become. May your future bring you as much happiness as you have brought in to our lives. God bless you.

Love,
Mom, Dad, and Steve



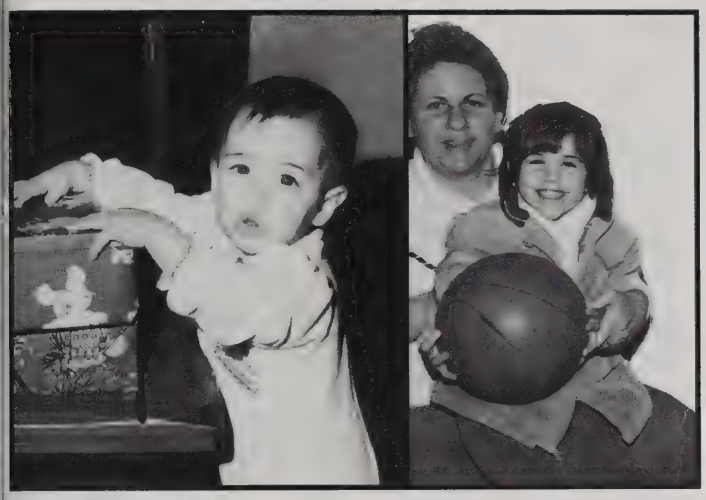


Tiana,

I am so proud of what you have accomplished. I look at you and see a beautiful young woman who has so much to offer and look forward to in life. Enjoy life to its fullest. Be kind to people and be happy with yourself. I'm so proud of who you are.

I love you,

Mom



Lisa,

You have grown into a beautiful, intelligent, athletic young woman. We are so proud of you. We wish only the best for you. Always follow your heart and may all your dreams come true.
We love you!
Dad, Joe & Kristen

"Foo Foo Poo Pee Do," You're the greatest! Love, Mom

Shannon,

You have truly blessed our lives. We've watched you grow from a precious little baby into a loving sister, a wonderful daughter and a caring, intelligent young woman, beautiful inside and out. We wish you all the success and happiness our "little princess" deserves.
Love,
Mom, Dad, Paige & Brooke

Congratulations, Erin!

We're so very proud of you. Your accomplishments so far can only be surpassed by your ambitions for the future. The sky is the limit for a person with your ability and desire. Stay focused. Follow your dreams.
We're with you all the way.
Love, Mom, Dad, Kristen & Casey

CONGRATULATIONS, DONALD!
The best of LUCK to you!
May this be just the start of all your HOPES and DREAMS come true!
We love you,
Dad, Mom, Ashley & Kyle

Katie,

As you continue to write the wonderful story of your life, we can hardly wait to see what happens next. We are so proud of the lovely person you are, and we pray always for your happiness as you pursue your dreams.
Love always,
Mom and Dad

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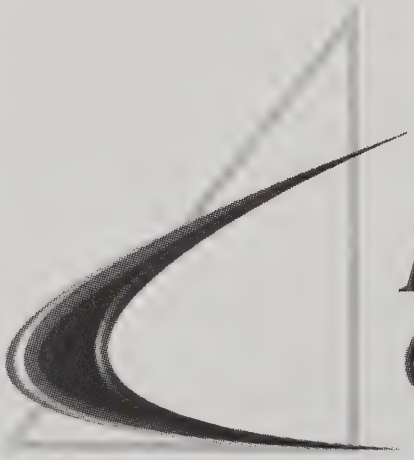

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Congratulations, Kristi!

From Big Bird to Barbie Dolls, and New Kids on the Block to N'Sync. A loveable, happy little girl to an intelligent, beautiful young woman. You can achieve anything you want to. Reach for the sky and know we will support whatever you want to do. Just remember, Kristi, to us you will forever be our little girl.
We love you very much,
Mom & Dad

Kristi,

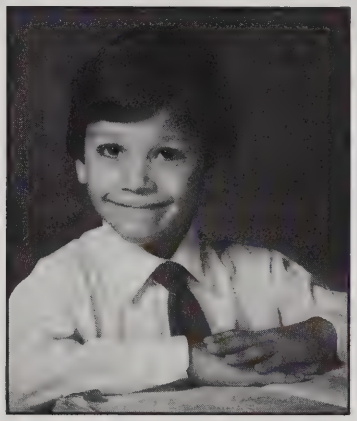
Thanks for being a big sister we can be proud of. Only one question ... as you grow and move out into the world ...
who gets your room?
We love you,
Tommy & Chris

Meghan,
Our baby has finally grown into a wonderful young lady. We are very proud of all you have accomplished. What you set your heart upon will surely be yours. Believe in yourself. You can do it.
Love,
Mom, Dad, Erica,
and Matt

"I say follow your bliss and don't be afraid, and doors will open where you didn't know they were going to be."
- Joseph Campbell

Congratulations,
James!
With love and all
our best wishes,
Your Family

To our daughter
Sarah,
If you have the choice
to sit it out or dance,
we hope you dance.
Love you sweetheart,
Mom and Dad



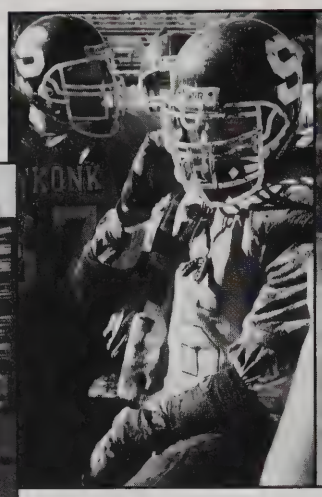
Stephen,
We are very proud of you and all you have accomplished. You are a very beautiful person. We love you so and wish you the best.
Love,
Mom, Dad, Michael,
and Tiffany

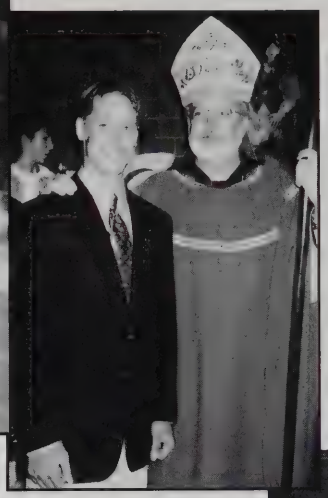
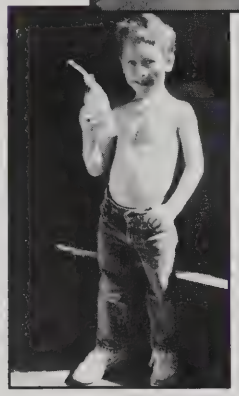
"Dreaming even when you were little."

Katie T.,
Dad and Mom are very proud of who you have become: a beautiful, intelligent, and strong young lady. You have made parenting an awesome part of our lives. We salute you … for always being who you are. Stay cool, focused and follow your dreams, and remember to enjoy the ride along the way.
We are so very PROUD of you.
We love you … SMO-BO

Patty,
God was good
to us when He
gave us you.
We are proud
of you!
Your family

CONGRATULATIONS,
MICHAEL!
WE ARE VERY PROUD
OF YOU.
WE LOVE YOU AND
WISH YOU LUCK IN
THE FUTURE.
LOVE,
MOM, DAD,
AND VANESSA



Dear Ryan,

Over the years we tried to teach you love, honor, courage, morality, and compassion. Along the way, we've learned quite a few things from you. Always, we felt great pride in calling you son!
Congratulations on your accomplishments!
Love,
Mom, Dad, and Emily

RACHEL,

YOU HAVE ALWAYS BEEN OUR PRECIOUS PEARL
SINCE WE WATCHED YOU GROW FROM A LITTLE GIRL!
WE ARE SO VERY PROUD OF YOU
KEEP YOUR FAITH IN WHATEVER YOU DO.
MAY LOVE, HAPPINESS, AND SUCCESS FOLLOW YOU.
ALWAYS BE HONEST AND TRUE
WE WILL ALWAYS BE HERE FOR YOU!
LOVING YOU ALWAYS,
MOM, DAD,
CHRIS AND AMANDA

Congratulations Lori,

I wish you happiness and success. Hold on to your memories at SHS,because one day you'll realize they were the best days of your life. Trust me.
Good Luck!
Love, Dad

Tracey,

Your love for children began as a little girl. Best of luck as you pursue your dreams. We are very proud of who you are, what you have accomplished, and where you are going.
Love,
Mom, Dad, and Kelly

Sara,

From pre-school through 12th grade, you have always made us so proud of you. We wish you much happiness and success in college.

Love,

Mom, Dad, and Haley

Me Me,
You are the greatest thing that ever happened to us. There is nothing we would rather see than your smile, and nothing we would rather hear than your laughter. Wherever you go you always have a place called home to return to and someone who loves and believes in you. We are so proud that you are our child.
We Love You,
Mom and Dad

Through her eyes she could surely see things we can't see. Keep dreaming 'cause dreams make light. We're proud of you, Megan.

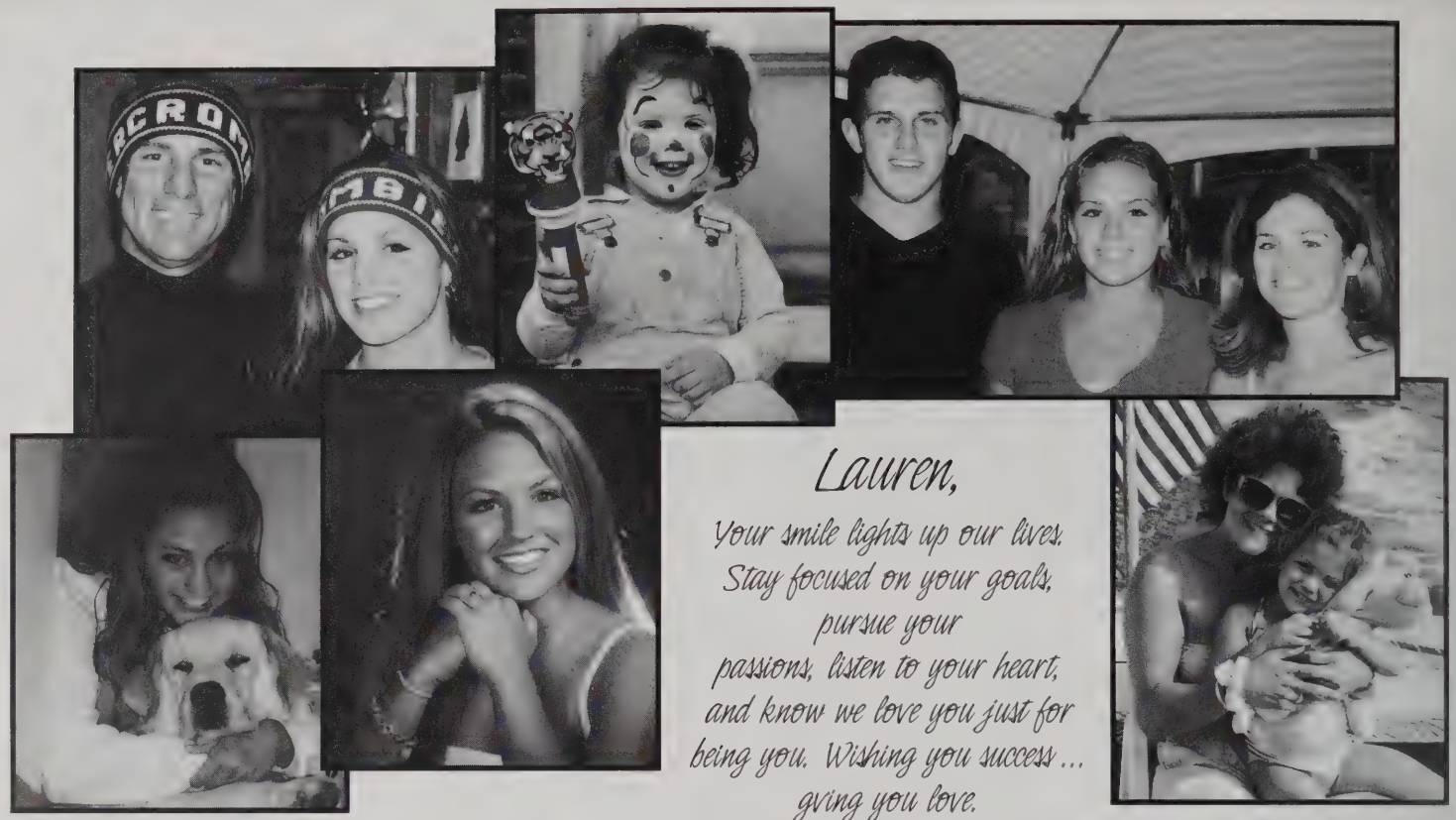
Mom, Dad, Courtney, Christen, Bethany, Carrie, & Molly

Congratulations, Meghan!

We love you and are very proud of all your accomplishments. We wish you continued success as your future unfolds. May you follow your dreams knowing that we are always here to support you.

Love,

Mom & Dad



Lauren,

Your smile lights up our lives. Stay focused on your goals, pursue your passions, listen to your heart, and know we love you just for being you. Wishing you success ... giving you love.

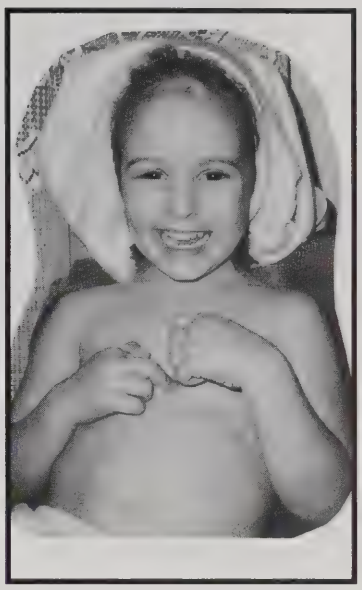
Dad, Mom, Emily & Howell J.

"The past is gone and the future has not yet come. If we are too preoccupied with the past or too fearful of the future, we cannot give to the present the attention it deserves, and the present is the only time we can bring about change."

-Rev. Phillip Smith, Providence College

Love you,
Jack!

Mom, Dad, & Lindsay



Kristyn,

We can't express how much we love you and how proud we are of you. You have brought so much joy and love into our lives. We pray you continue to follow after God and He will give you the desires of your heart. You are precious!

All our love always,
Mom & Dad

Kristyn,

You make every day brighter, and without you in my life things just wouldn't be the way God wanted them to be. Congratulations! I know your future will be bright and I'll be right there by your side. Kristyn, I love you so much and I wouldn't have life any other way. You are the most wonderful person any boyfriend could have asked for.

Love always, Brian

Dear Kristyn,

Time passes so quickly. As you enter a new phase of your life, remember that we will always be there for you with listening ears and open arms.

There are many difficult lessons taught on an academic level, but sometimes the most significant ones are those that cause us to call out to God every day. You have overcome the hurdles that have followed your path. Know that God has a plan for you. Follow your dreams! Be grateful each day, be kind, compassionate, and forgiving. Always be true to yourself. You did it!

We are so proud of you. You are a joy in our lives. May you continue to put a song in everyone's heart.

Love you,
Nana & Grandpa

HAILEY,

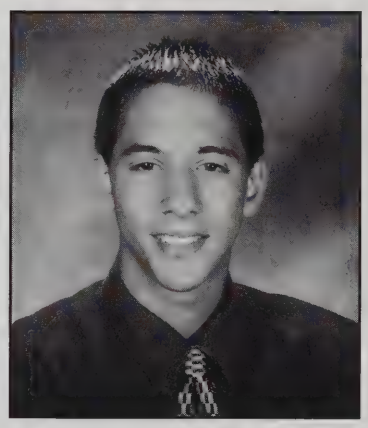
ALWAYS BELIEVE IN THE MAGIC OF LIFE AND GREET EACH DAY WITH A SMILE IN YOUR HEART. WE LOVE YOU SO MUCH AND ARE VERY PROUD OF YOU.

LOVE,
MOM AND DAD, KELLY AND KATIE

Kelso,

I love you more than life itself. Congratulations and Good Luck!

Love,
Andrew



Congratulations, Luis!

We are very proud of you. We wish you the best of luck in the next phase of your life.
Love,
Mom, Dad, Ricardo, and Sarah

Mel,

You have always been very special to us. From a little girl to a young woman, you have made us proud. Listen to your heart. Live your dreams.
Love always,
Mom, Dad, and Chris

Congratulations, Jenn!

May you have happiness and success in everything you do. We're very proud of you!
Love,
Mom, Dad, Kelli, and Nana